# This Week @ Your Library



Mar 27-Apr 2, 2021



828.465.8664







www.catawbacountync.gov/library

### Library Programs 828.465.8665

### **Contribute to Our Seed Library** *Ongoing*

We're building a seed library, where the community can exchange seeds for free! We'll accept viable seeds at

all locations during their standard business hours, and heirlooms are especially welcome. Please package and label



any donations you drop off. Seeds may also be borrowed from the Main Library in Newton. They're subject to availability and cannot be reserved.

Center & Venture: Tai Chi & Hike Saturday, March 27 from 9:30-11 am at Bakers Mountain Park (6680 Bakers *Mountain Rd, Hickory)* Certified personal trainer and tai chi instructor Dr. George Place will lead us in finding inner peace and outer adventure as we gather at county parks for 30 minutes of tai chi, followed by an hour's hike. These events tick all the well-being boxes: activity, calm, and nature, in the company of friends. Suitable for all fitness levels. Registration (and waiver) required at <a href="https://tinyurl.com/ccls-required">https://tinyurl.com/ccls-</a> CenterVenture-reg.

The Suffrage Movement & the Quest for Voting Rights in the US Monday, March 29 at 6 pm Historians Dr. Richard Eller of CVCC and Mandy Reavis of the Historical Association of Catawba County will help us learn about the women's suffrage movement in the context of the overall quest for voting rights in the United States. Register to receive the Zoom link at <a href="https://tinyurl.com/ccls-Voting-reg">https://tinyurl.com/ccls-Voting-reg</a>.

LIVE Zumba with Honey & Jossiah Monday, March 29 at 6 pm

This fun dance workout takes place in the lower parking lot of the Newton Library. It's appropriate for every skill and ability level and open to anyone 14+ (parental signature required for teens under 18). In the event of rain, join the virtual session with this Zoom link: https://us02web.zoom.us/j/871 20563944?pwd=S09kaEVkd0dydm1 VYW14WnVUZG9sUT09. Then enter the meeting ID: **871 2056 3944** and follow it with the passcode: **Dance**. [Please note that this word is casesensitive. Enter it exactly as shown.] You can also visit www.facebook.com/ ZumbaWithHmongSibs/.

Employment Workshop: Reentry Tuesday, March 30 at 10 am
Thanks to a partnership with NCWorks Catawba, we're offering a virtual workshop about reentry. Do you need help with employment due to road blocks from a criminal record? Receive helpful information and assistance. To participate, register at https://tinyurl.

com/catawbajobs. A Zoom link will be

**Tech Talk Tuesday** 

Tuesday, March 30 at 2 pm
Join us on the last Tuesday of each
month to discuss
technology

sent to you before the workshop.

questions submitted by you! If you'd like a librarian to answer

a tech question or you're interested in learning more about tech topics, register and submit your questions at <a href="https://tinyurl.com/cclstechtalk">https://tinyurl.com/cclstechtalk</a> prior to our Tech Talk. We'll send a Zoom link out the day before the program.

#### **ESL Class – Intermediate**

Tuesday, March 30 at 6 pm Practice speaking English with us on Tuesday evenings! We'll spend the first 20 minutes or so on grammar

and usage topics and then start our conversations. If you'd like to register for



class or get more information about the weekly series that runs through May 2021, please call the Newton library at 828.465.8664.

## Teen Recipes: Microwave Eggless Chocolate Mug Cake

Wednesday, March 31 at 5:30 pm April Vigardt from the NC Cooperative Extension is sharing easy microwave recipes in 30-minute Zoom sessions. On March 31, we'll wrap up the four-part series by making chocolate mug cake. To register and get a list of ingredients to have on hand, visit <a href="https://tinyurl.com/CatCoMicrowave">https://tinyurl.com/CatCoMicrowave</a>.

#### **LIVE Library to Go in Catawba**

Thursday, April 1 from 10 am-2 pm
The Library to Go will be visiting the
Town of Catawba on the 1st and 3rd
Thursdays of each month at Redeemer
Lutheran Church (200 South Main St).
To ensure safety, we're asking visitors
to make their stops brief, to sanitize
their hands as they come in, and to
wear a mask while in the building.
We'll be taking temperatures at the
door and will have extra masks and
hand sanitizer for everyone to use.

**Live Preschool Storytime via Zoom** 

Thursday, April 1 at 10 am
Gather the kids and join us for a
live, interactive preschool storytime!
This family-friendly virtual event will
include singing, reading, finger plays,
and lots of your favorite activities!
Please register at <a href="https://tinyurl.com/CatawbaThursdayStorytime">https://tinyurl.com/CatawbaThursdayStorytime</a>. You'll
receive the registration confirmation
and Zoom link in your email.

### **Community**

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#### Virtual Tai Chi

Wednesday, March 31 at 12 noon Our lunchtime tai chi class is led by Cooperative Extension director Dr.

George Place. The virtual session is designed to help people relax in their homes or



offices during a quick half-hour. It also helps promote balance and alleviate the effects of arthritis. To get the Zoom code, check <a href="https://www.facebook.com/catawbacountylibrarysystem">www.facebook.com/catawbacountylibrarysystem</a> the day of the class.

#### **Community Navigators**

Available through late April: Wednesdays 5:30-8 pm (by appt), Thursdays and Fridays 9 am-6 pm (except 12-1 pm), Saturdays 1-6 pm (by appt)

Do you need help identifying community resources or applying for government assistance? If you could benefit from expert guidance to tap

into programs that promote better quality of life for you and your family, the Main Library at



Newton has Master of Social Work students available to help. If you're not quite sure what you need, they can also listen and troubleshoot with you! To set up an appointment, call 828.465.8664.

# **Upcoming** 828.465.8665

### Hickory Ballet Storytime: Vivaldi's Four Seasons

Saturday, April 17 at 11 am at Southside Park (1775 Southwest Blvd, Newton)

Celebrate the transition to spring by joining the Hickory Ballet & Performing Arts' Youth Company for

a performance of Antonio Vivaldi's Four Seasons in an outdoor, socially-distanced, interactive



storytime. The program by student dancers is open to all ages and to families. The Library to Go will also be set up if you'd like to check out books, talk about programs, and more!

#### **Hearts & Minds OLBC**

Thursday, May 20 at 5:30 pm
This OnLine BookClub has a focus on health and wellness. We'll meet on Zoom to discuss Robert Kolker's Hidden Valley Road: Inside the Mind of an American Family. Make yourself a cup of tea or coffee and settle in with the rest of us to talk about this riveting true story of one family's unforgettable legacy of suffering, love, and hope. Register to receive the Zoom link at <a href="https://tinyurl.com/ccls-HeartMind-reg">https://tinyurl.com/ccls-HeartMind-reg</a>.

# Drop-In Help

#### **Homework Helpers**

Ongoing

The Catawba County Youth Council is partnering with the library to offer 20-minute time slots for homework

and reading assistance. Elementary and middle schoolaged students may drop in on



a first-come, first-served basis. Just check in at the circulation desk for guidance when you arrive. Parents must remain in the library during each session.

#### Participating branches include:

- Newton: Mon & Wed 4-6 pm
- Sherrills Ford-Terrell: Mon 4-6 pm
- Conover: Sat 10 am-12 noon



#### PROGRAM REGISTRATION

By scanning this QR Code with the camera app of your smartphone, you'll open an Internet browser and will be directed to our online events calendar. Then, simply click on any program name to find a link that will allow you to register online!