

This Week @ Your Library

Dec 5-11, 2020

- connect
- explore
- grow



catawba county
library system

828.465.8664



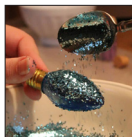
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Festive Light Bulb Upcycling DIY

Throughout December

Want to try a fun and easy upcycling craft? Now you can turn your burned-out light bulbs – smaller bulbs work best, ideally nightlight-sized [C7] or



small, vintage candle-type [C9, C11, or CA5] – into festive, easy holiday decorations! When you register for this craft, you supply the bulb, and the kit will have everything else. To participate, send an email with the subject line 'Light Bulb DIY' to share@catawbacountync.gov, including your name and the library location where you'd like to pick up your kit.

2020 Memories

Throughout December

The past year has been dramatically different than any other in our memories. We've all been literally living through history that has yet to be written. The library would like to play a part in preserving your experiences of this time for posterity. We present for you two options – do either or both:



• Haiku 2020

Translate your experience of the past year and the pandemic into the form of a haiku poem (a total of 17 syllables, divided into three lines, respectively, with five,

seven, and five syllables). Poems will be displayed in a gallery on Facebook and in an exhibit in the Newton Library. Submit your poem electronically or in person, with a signed waiver.

• Your 2020 Story

Share your memories long-form by letting the library create a private, one-on-one Zoom recording of your recollections to be preserved in our Local History collection. We'll get you started by asking a few questions: 1) What is your most striking memory from this past year? 2) How was your life different this year? 3) Did you have to cope with aloneness? 4) If you were to give some advice to your children/grandchildren/the future, based on what you learned this year, what would it be?

The waiver is located on the 'Arts @ the Library' page of our website. Send poems, waivers, and requests for a recording session to share@catawbacountync.gov or turn in poems to any library location. The Facebook gallery and Newton exhibit will be presented in January.

Virtual STRONG Fitness with Honey & Jossiah

Saturday, December 5 at 9 am

This high-intensity interval training class gets you in shape using your body weight, muscle conditioning, and cardio and plyometric training moves. Every squat, lunge, and burpee is driven by original music. You'll burn calories while toning arms, legs, abs, and glutes! Use this Zoom link (<https://zoom.us/j/723012922>) or locate it at www.facebook.com/ZumbaWithHmongSibs/. Meets every Saturday.

LIVE Zumba with Honey & Jossiah

Monday, December 7 at 6 pm

This fun dance and movement class is appropriate for every skill and ability level and open to anyone 14+ (parental

signature required for teens under 18). Classes are held outdoors in the lower parking lot of the Newton Library, weather permitting. Meets every Monday.

El Camino Hacia La Universidad

Monday, December 7 at 6 pm

En este taller nos enfocaremos en la planificación para ir a la universidad.

Los temas incluyen:

exploración de carreras, tipos de universidades y requisitos de ingreso, y tendremos tiempo de platicar con los participantes sobre dudas sobre la preparación para ir a la universidad. Para más información y obtener el enlace contacte a Soraya en splace@catawbacountync.gov. Programa presentado en español.



Live Preschool Storytime via Zoom

Thursday, December 10 at 10 am

Gather the kids and join us for a live, interactive preschool storytime! This family-friendly virtual event will include singing, reading, finger plays, and lots of your favorite activities! Please register at <https://tinyurl.com/CatawbaThursdayStorytime>. You'll receive the registration confirmation and Zoom link in your email.

LIVE Walking Meditation

Thursday, December 10 at 12 noon

Mindfulness has been proven to bestow a variety of health benefits on its practitioners, but 'sitting with the breath' doesn't come naturally to everyone. If you've wanted to cultivate mindfulness but had little success at sitting still and doing



nothing for even two minutes, join us for this short walking meditation around the library in Newton, weather permitting. We'll start and finish in the back parking lot. Make-up date: Monday, December 14 at 12 noon.

Make a Toy for a Raptor*Thursday, December 10 at 4 pm*

Help us make enrichment projects for the birds at the Carolina Raptor Center! Their volunteer coordinator will show us how to put together a paper chain, paper flower, and puzzle tube. Families are welcome to work together! We'll provide the supplies at your local branch. Sign up at www.tinyurl.com/raptorgift.

**Virtual Zumba with Honey & Jossiah***Thursday, December 10 at 5:30 pm*

This online class is appropriate for every skill and ability level and has the added convenience of being done from your own home! Use this Zoom link (<https://zoom.us/j/189229946>) or locate it at www.facebook.com/ZumbaWithHmongSibs/. Meets every Thursday.

Light Bulb Upcycling Demo*Friday, December 11 at 4 pm*

If you picked up a Festive Light Bulb DIY Kit or just want to see a demo to make your own, join us for this Zoom session as we demonstrate how to turn an old, burned-out bulb into a delightful holiday decoration. To register, send your name to share@catawbacountync.gov with the subject line, 'Light Bulb DIY.'

Upcoming! Hearts & Minds OLBC*Thursday, February 18 at 5:30 pm*

This OnLine BookClub has a focus on health and wellness. We'll meet on Zoom to discuss Stephanie Butland's *The Curious Heart of Alisa Rae*. Make yourself a cup of tea or coffee and settle in with the rest of us to talk about this novel and its themes of life, loss, love, and living. Send an email to share@catawbacountync.gov to receive the Zoom invitation.

associated with the women's suffrage movement, and a special series of panels created by CVCC graphic design students will trace the movement's milestones. Also featured is an installation called *The Feminist To Do List* by fiber artist Susan Lenz. Its 42 vintage quilt blocks have been stitched with civic-minded call-to-action phrases. The exhibit was created with the Historical Association of Catawba County, the Catawba County Library System, the League of Women Voters, and the United Arts Council of Catawba County.

**PROGRAM REGISTRATION**

By scanning this QR Code with the camera app of your smartphone, you'll open an Internet browser and will be directed to our online events calendar. Then, simply click on any program name to find a link that will allow you to register online!

PROJECT KITS FOR PICK-UP

These kits are available for pick-up at any library branch.

- **Raptor Toys**
December 1-10
- **Wooden Ornament Share**
December 1-12
- **First Flight: Family STEAM**
December 1-17
- **Festive Light Bulb Upcycling DIY**
December 1-30

Community

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SUFFRAGE Exhibit: Hickory Museum of Art*October 31-January 24, 2021*

Stop by the Coe

Gallery to view a new exhibit celebrating the 100th anniversary of the ratification of the 19th Amendment. Six regional artists will display artwork that responds to themes

