This Week @ Your Library

connectexploregrow

Nov 21-27, 2020



catawba county

library system

828.465.8664







www.catawbacountync.gov/library

Online 828.465.8665

Lemon Sugar Scrub Jar Kit DIY

November 1-30
Lower humidity may dry out our skin, so this month, we've got you covered for skin care with a DIY kit using natural ingredients found in most households. To participate, send an email to share@catawbacountync.gov, including your name and the library location where you'd like to pick up your kit.

LIVE Zumba with Honey & Jossiah Mondays at 6 pm

This fun dance and movement class is appropriate for every skill and ability level and open to anyone 14+ (parental signature required for teens under 18). Classes are held outdoors in the lower parking lot of the

Virtual STRONG Fitness with Honey & Jossiah

Newton Library, weather permitting.

Saturdays at 9 am
This high-intensity interval training class gets you in shape using your body weight, muscle conditioning, and cardio and plyometric training moves. Every squat, lunge, and burpee is driven by original music. You'll burn calories while toning arms, legs, abs, and glutes! Use this Zoom link (https://zoom.us/j/723012922) or locate it at www.facebook.com/ZumbaWithHmongSibs/.

Virtual ESL Classes

Monday, November 23 from 5:30-6:30 pm (beginners) and 6:30-7:30 pm (intermediate)

ESL classes are terrific resources for people whose native language is not English. Through online instruction and conversation, participants will gain confidence and skills in speaking, reading, and comprehension. To check availability and learn more, call 828.465.8665.

Tech Talk Tuesday

Tuesday, November 24 at 2 pm
Join us on the last Tuesday of each
month to discuss technology-related
questions submitted by
you! If you'd like a librarian
to answer a technology
question or you're interested
in learning more about technology
topics, submit your questions to
share@catawbacountync.gov
by the
Tuesday prior to our Tech Talk and
include the subject line "Tech Talk."
Please register at the same email
address. We'll send a Zoom link out
the day before the program.

Community 828.465.8665

Downtown Newton's Literacy Walk *November 1-December 31*

This self-directed, progressive book walk invites you to engage with the kids as you make your way around Courthouse Square. Start your journey at Two Pink Magnolias (211 N



College Ave) and travel through town reading a special Christmas book! Enjoy the local businesses as you explore each page of the story. A different book will be highlighted each month. For details, go to www.downtownnewton.org/downtownevents.

SUFFRAGE Exhibit: Hickory Museum of Art

October 31-January 24, 2021

Stop by the Coe Gallery to view a new exhibit celebrating the 100th anniversary of the ratification of the 19th Amendment. Six regional artists will display artwork that responds to themes



associated with the women's suffrage movement, and a special series of panels created by CVCC graphic design students will trace the movement's milestones. Also featured is an installation called *The Feminist To Do List* by fiber artist Susan Lenz. Its 42 vintage quilt blocks have been stitched with civic-minded call-to-action phrases. The exhibit was created with the Historical Association of Catawba County, the Catawba County Library System, the League of Women Voters, and the United Arts Council of Catawba County.



PROGRAM REGISTRATION

By scanning this QR Code with the camera app of your smartphone, you'll open an Internet browser and will be directed to our online events calendar. Then, simply click on any program name to find a link that will allow you to register online!

THANKSGIVING HOLIDAY

All library branches will close at 5 pm Wednesday, November 25 and remain closed Thursday, November 26 and Friday, November 27. We hope you have a safe, relaxing holiday!