This Week @ Your Library

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Nov 14-20, 2020



828.465.8664







www.catawbacountync.gov/library

Online 828.465.8665

Lemon Sugar Scrub Jar Kit DIY

November 1-30

Lower humidity may dry out our skin, so this month, we've got you covered for skin care with a DIY kit using natural ingredients found in most households. To participate, send an email to share@catawbacountync.gov, including your name and the library location where you'd like to pick up your kit.

LIVE Zumba with Honey & Jossiah Mondays at 6 pm

This fun dance and movement class is appropriate for every skill and ability level and open to anyone 14+ (parental signature required for teens under 18). Classes are held outdoors in the lower parking lot of the Newton Library, weather permitting.

Virtual Zumba with Honey & Jossiah

Thursdays at 5:30 pm This online class is appropriate for every skill and ability level and has the added convenience of being done from your own home! Use this Zoom link (https://zoom.us/j/189229946) or locate it at www.facebook.com/ ZumbaWithHmongSibs/.

Virtual STRONG Fitness with Honey & **Jossiah**

Saturdays at 9 am This high-intensity interval training class gets you in shape using your body weight, muscle conditioning, and cardio and plyometric

training moves. Every squat, lunge, and burpee is driven by original music. You'll burn calories while toning arms, legs, abs, and glutes! Use this Zoom link (https://zoom.us/j/723012922) or locate it at www.facebook.com/ ZumbaWithHmongSibs/.

Virtual ESL Classes

Monday, November 16 from 5:30-6:30 pm (beginners) and 6:30-7:30 pm (intermediate)

ESL classes are terrific resources for people whose native language is not English. Through online instruction and conversation, participants will gain confidence and skills in speaking, reading, and comprehension. To check availability and learn more, call 828.465.8665.

Virtual Disney Trivia Night

Tuesday, November 17 at 6 pm Be our guest! For this trivia night, the theme is all things Disney! We're inviting teams to join us and ask that you register before November 15 by sending an email to share@catawbacountync.gov with the subject line *Disney Trivia*. We'll send a Zoom link out the day before the program. (For the best experience we recommend connecting two devices, a laptop and phone/tablet. To prepare you can install the Kahoot app, but it's

First Chapter Tuesdays

not required to participate.)

Tuesday, November 17 at 6:30 pm Teens, meet your next favorite book at our virtual book club! We'll be reading the first chapter of *One of Us is Lying* by Karen M. McManus. This Young Adult mystery is smart, twisted, and unpredictable; it's like "Pretty Little" Liars meets the Breakfast Club." A must-read thriller that will leave you wondering what happens when five people go to detention, but one of them never makes it out alive. Register at https://tinvurl.com/FCTOneOfUs.

Friends of the Sherrills Ford-Terrell **Library Meeting**

Tuesday, November 17 at 6:30 pm Help the library fulfill its mission by planning and participating in efforts to raise funds and increase access to high-quality programming and materials. New members are invited to join at any time. Please email sherrillsfordfol@gmail.com for the Zoom link.

Live Preschool Storytime via Zoom

Thursday, November 19 at 10 am Gather the kids and join us for a live, interactive preschool storytime! This family-friendly virtual event will include singing, reading, finger plays, and lots of your favorite activities! Please register at https://tinyurl.com/ CatawbaThursdayStorytime. You'll receive the registration confirmation and Zoom link in your email.

Hearts & Minds OLBC

Thursday, November 19 at 5:30 pm This OnLine BookClub has a focus on health and wellness. We'll meet on Zoom to discuss Mary Pipher's Women Rowing North: Navigating Life's

Currents and Flourishing as We Age. Make yourself a cup of tea or coffee and settle in with the rest of us to talk about Pipher's ideas about how to make the most of women's resilience and wisdom. Send an email to share@ catawbacountync.gov to receive the Zoom invitation.

Origami Leaf Mobile via Zoom

Friday, November 20 at 4 pm Join us as we learn to make an

origami leaf mobile to celebrate the season's falling leaves. Pick up your materials at the branch of your choice and join us on Zoom



for step-by-step directions. Register at https://tinyurl.com/fallmobile.

Community 828,465,8665

Downtown Newton's Literacy Walk

November 1-December 31
This self-directed, progressive book walk invites you to engage with the

kids as you make your way around Courthouse Square. Start your journey at Two Pink Magnolias (211 N College Ave) and travel through town reading a special



Christmas book! Enjoy the local businesses as you explore each page of the story. A different book will be highlighted each month. For details, go to www.downtownnewton.org/downtownevents.

Downtown Newton's Christmas Crawl *November 6-14*

This is the *last weekend* for the nine-day, open-house event that gives people the opportunity to see what well-known businesses are offering during the holiday season. Shops, restaurants, salons, bars, and more will be showing off their merchandise, and there may be complimentary gifts! Stop by the library and let us know you're doing the Christmas Crawl to claim your own swag.

SUFFRAGE Exhibit: Hickory Museum of Art

October 31-January 24, 2021 Stop by the Coe Gallery to view a new exhibit celebrating the 100th

anniversary of the ratification of the 19th Amendment. Six regional artists will display artwork that responds to themes associated with the women's suffrage movement,



and a special series of panels created by CVCC graphic design students will trace the movement's milestones. Also featured is an installation called *The Feminist To Do List* by fiber artist Susan Lenz. Its 42 vintage quilt blocks have been stitched with civic-minded call-to-action phrases. The exhibit was created with the Historical Association of Catawba County, the Catawba County Library System, the League of Women Voters, and the United Arts Council of Catawba County.



PROGRAM REGISTRATION

By scanning this QR Code with the camera app of your smartphone, you'll open an Internet browser and will be directed to our online events calendar. Then, simply click on any program name to find a link that will allow you to register online!