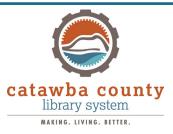
Library Connections

MARCH 2020



828.465.8664







www.catawbacountync.gov/library



I COUNT YOU COUNT WE ALL COUNT

IN THE 2020 UNITED STATES CENSUS

his month, **beginning March 12**, households all over the United States will begin to see an official US Census Bureau postcard in their mailbox detailing how to respond to the 2020 Census online, by phone, or by mail. Established by the US Constitution, the Census Bureau is required to



conduct a count of every person in the United States every 10 vears. Evervone must be counted, no matter their age, residence status, or location. This year, for the first time, the Census Bureau will

accept responses online through a quick and secure process that should take less time to complete than it takes to finish a cup of coffee.

Our country's responses to the census determine how more than \$675 billion dollars in federal funding will be distributed to communities for health care, education, and more. That's why it is so important to count everyone who lives in your home on your 2020 Census form – including babies and young children, who are often missed in the census. Not counting



them cuts back on support for **COUNT ALL** programs like children's health insurance, hospitals, child care, food assistance, schools, and early childhood development. It is critical to count all the babies and children

in your home, even if they aren't related to you or are only staying with you temporarily.

It's essential that all Catawbans respond to shape the future of our communities. During the last census in 2010, more than 20% of Catawba County citizens (about 32,000 people) were not counted. This means that our community missed out on 21% of federal funding that we should have received. The goal for this census is for everyone in Catawba County to be counted.

No matter how you respond, your personal information is confidential, protected by federal law, and can never be used to identify you. The Census Bureau will combine your responses with information from other households or businesses to produce statistics, which never identify your

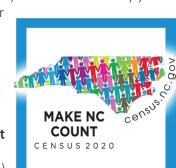
household, any person in your household, or a business. The information compiled cannot be shared with law enforcement, the courts, immigration, your property manager, or anyone else in your lifetime. In fact, **it cannot** be released publicly for 72

years (not until the year 2092). The penalty for unlawful

disclosure is a fine of up to \$250,000 or imprisonment of up to 5 years, or both.

At upcoming library presentations, we invite all community members to learn more about the 2020 Census. During these educational sessions we will review and get comfortable with sample census questionnaires, discover how census data is used, learn why a complete count is so important to our community, and find out how each individual's personal data is kept safe and confidential. We will also alert people to ways they can recognize and avoid scams related to the census.

The 2020 Census is your chance to make sure that our community counts, so let's COUNT CATAWBA!



LIBRARY CONNECTIONS **MARCH 2020**

MAIN IN NEWTON

828.465.8665

Children / Teens / Families Tiny to Two: Ready to Learn Storytime

Mondays at 10 am

A sweet, 20-minute storytime featuring rhymes, bounces, sensory play, and singing. Playtime follows. Ideal for newborns to age 2, but all are welcome.

Preschool: Ready to Learn Storytime

Wednesdays and Thursdays at 10 am Songs, sensory play, crafts, and stories designed to prepare your preschooler to learn. Ideal for children 3-5, but all are welcome.

Beginning Drawing
Saturday, March 7 at 11 am
Children 8 and up are invited to a drawing class led by a local art teacher as we celebrate Will Eisner Week. Eisner was an American cartoonist and writer and is generally considered to have invented the graphic novel.

Everybody COUNTS! 2020 Census Monday, March 9 at 5:30 pm

Presented in Spanish

Learn all about the 2020 Census by reviewing a sample census questionnaire, understanding why the census is so important, learning how Census data is used, and hearing how personal data is kept safe and how people can avoid census scams.

PAWS to Read

Tuesdays, March 10 and 24 at 4:30 pm Children are invited to read to a therapy dog. Call for an appointment with Russ or Charlie.

Tech Take-Apart

Saturday, March 14 at 11 am Ever wondered what the inside of a computer, keyboard, or other technological device looks like? Here's your chance to find out! Recommended for students in grades 3 to 6, but all school-age children are welcome.

Suffrage Book Discussion

Monday, March 16 at 5:30 pm
What is women's suffrage? We'll learn more about it as we read a book together and discuss the Suffrage Movement.

St. Patrick's Day Science, Story & Craft
Tuesday, March 17 at 4:30 pm
Celebrate St. Patrick's Day as we conduct a
science experiment (or two), hear a story, and
make a craft. Each family will receive a free book.

Ireland

Tuesday, March 31 at 4 pm Learn more about The Emerald Isle as we take a visual tour through the beautiful country via a virtual reality expedition and then sample traditional Irish cuisine. Yum!

Adults / Career / Tech

Zumba

Mondays at 6 pm Kick off your week with this dance/movement activity that's too much fun to call exercise. Appropriate for every skill and ability level and open to ages 14+ (parental signature required for teens under 18). **Note:** On March 2, we'll meet in the Fellowship Hall of First United Methodist (300 N Main Ave, Newton). Please use the Ashe Ave entrance.

English as a Second Language Classes

Mondays at 6:30 pm (conversation/ intermediate) and Tuesdays at 5:30 pm (beginner)

ESL classes are terrific resources for people whose native language is not English. Through instruction and conversation, participants will gain confidence and skills in speaking, reading, and comprehension. Registration required.

Friends of the Catawba County Library Meeting Monday, March 9 at 11 am

Help the library fulfill its mission by planning and participating in efforts to raise funds and increase access. Meets each second Monday.

WorkLife Wednesday: Resumé Tune-up Wednesday, March 11 from 10 am-2 pm Need to créate a resumé from scratch or update one you already have? Book a 30-minute, individual session by calling 828.465.8665.

Thursday, March 12, all day Fulfill your constitutional obligation to complete the census on the first day! We'll have dedicated census computer stations set up so you can GTD and cross this off your list.

EDUCATED Community Read Series



In cooperation with CVCC's community-wide read of Tara Westover's acclaimed memoir, Educated, the Library is presenting communityfocused programs to inform members and help them make use of available resources.

Educated Keynote Address

Thursday, March 12 at 11 am at CVCC's West Wing Commons, followed by a 6 pm address at the Newton Library

Dr. Katie Rosanbalm, senior resarch scientist for the Duke/Sanford Center for Child and Family Policy, will address adverse childhood experiences (ACEs) and what it means to be trauma-informed.

Resilience Screening & Panel Discussion Friday, March 13 at 5:30 pm at CVCC's East Wing Auditorium

A film screening of Resilience: The Biology of Stress & the Science of Hope will be followed by a discussion led by a panel of experts.

Let's Get Educated: ACEs and Resilience Saturday, March 14 from 8 am-1 pm at CVCC's

West Wing Commons

Discover how children and adults cope with the aftermath of traumatic experiences through the professional work and research of counselor and pastor Bryan Hatcher, assistant city manager for San Antonio Dr. Colleen Bridger, and clinical social worker Ennis Baker.

Educated... A Book Discussion

Friday, March 20 at noon
Join us for this closing discussion of Tara
Westover's Educated, and share your thoughts
about the meaning and value of education as vou understand it.

Meditation Group

Friday, March 13 at 11 am

Meditation is the intentional practice of cultivating mindfulness. It's been shown to reduce stress, lessen anxiety, lengthen attention span, increase imagination and creativity, reduce chronic pain, and increase patience. This is a chance to experience meditation and learn a new tip or trick each month.

Community Garden Workday

Saturday, March 14 and Tuesday, March 24 from 9 am-12 noon Join us as we mulch, weed, plant, repair, prune, build, amend, and take care of all the

wonderful things that need to be done in the library's garden. Call 828.465.8665 to sign up.

Southern Pens Book Club

Saturday, March 14 at 10 am This month's read is Inheriting Edith by Zoe Fishman. April's selection will be The Southern Lady Code: Essays by Helen Ellis.

Black History Discussion Group Tuesday, March 17 at 4 pm We're gathering regularly to discuss various topics of interest about black history. This month, we'll be talking about Black History and the Arts, including shining a spotlight on Belmont, NC, resident and African-American artist Juan Logan. Bring your curiosity and your understanding – all are welcome. Light refreshments will be served.

Piece of Cake Book Club

Wednesday, March 18 at 10 am Want to read eleven great books per year?
PoCBC meets each third Wednesday at Whisk &
Barrel in downtown Newton. March's selection is *Pachinko* by Min Jin Lee. April's pick is Started Early, Took My Dog by Kate Atkinson.

Digital Book Club

Join our digital book club meeting to discuss this quarter's selection, In the Country of Women: A Memoir by Susan Straight. This book club is customized for folks who read with the Overdrive and/or Hoopla apps. Share your thoughts on the Catawba County Library Digital Book Club Goodreads group [www.goodreads.com/group/show/883104-digital-book-club]. We'll also announce our second quarter selection at this 'meeting' quarter selection at this 'meeting.'

Suffrage Centennial Craft Day Saturday, March 21 at 11 am Try your hand at creating a replica picket sign to be carried in a historic reenactment of the early 20th-century suffrage movement. We're basing our designs on historic photos, and the activity is sure to kindle your appreciation for our Constitutional protections and the people who made them possible for us.

Hearts & Minds Book Club

Thursday, March 26 at 5:30 pm This new quarterly book club focuses on helping people to be healthier physically, mentally, spiritually, and socially. Topics will include nutrition, exercise, relationships, positive habits, and community wellness. Our first selection is Well: What We Need to Talk About When We Talk About Health by Sandro Galea. This short work challenges us to take a broad view of health and urges us to look at the structural components of wellness that we usually ignore.

Everybody COUNTS! 2020 Census

Thursday, March 26 at 6:30 pm Learn all about the 2020 Census by reviewing a sample census questionnaire, understanding why the census is so important, learning how census data is used, and hearing how personal data is kept safe and how people can avoid census scams.

Upcoming! Tai Chi for Joint Health & Balance – New Six-Week Course

Wednesdays at 11 am starting April 1 This medically-based program is taught in blocks of slow movements chosen specifically to promote joint health and better balance. It strengthens key supportive muscles, steadily increasing stability and function. It's suitable for all fitness levels and can be done seated in a chair or standing. Registration required.

> **CLAREMONT** 828.466.6817

Adults / Career / Tech

Everybody COUNTS! 2020 Census

Wednesday, March 11 at 5 pm
Learn all about the 2020 Census by reviewing a sample census questionnaire, understanding why the census is so important, learning how census data is used, and hearing how personal data is kent safe and how people can avoid data is kept safe and how people can avoid census scams.

LIBRARY CONNECTIONS MARCH 2020

Educated...About Essential Oils Thursday, March 12 at 2 pm In this introductory class, we'll discuss the 10 most frequently used oils, learn how to use them safely and effectively, and discover what to use them for. We'll finish the class by putting

together a free make-and-take spray featuring a blend of oils. Presentation by Juanita Setzer and Pat Benfield. Registration required.

Books Between Friends Book Club Tuesday, March 24 at 6 pm We'll be discussing The Giver of Stars by Jojo Moyes at this month's gathering. The book club meets in alternating months.

CONOVER 828.466.5108

Children / Teens / Families
Tiny to Two: Ready to Learn Storytime Wednesdays at 10 am

A sweet, 20-minute storytime featuring rhymes, bounces, sensory play, and singing. Playtime follows. Ideal for newborns to age 2, buť all are welcome.

Homework Helpers

Thursdays from 4-6 pm Could your child benefit from extra help with reading or school work? Set up a weekly, 30-minute appointment by calling 828.466.5108.

Preschool: Ready to Learn Storytime

Fridays at 10 am

Songs, sensory play, crafts, and stories designed to prepare your preschooler to learn. Ideal for children 3-5, but all are welcome.

PAWS to Read with Chester

Tuesdays, March 3 and 17 from 4:30-5:30 pm Elementary-aged children are invited to read to Chester, our therapy dog. Children who read aloud to therapy animals on a regular basis demonstrate improvement in their reading skills! Call the branch to reserve a 15-minute appointment with Chester.

Game Day Saturday

Saturday, March 7 at 11 am Are board games, murder mysteries, charades, and puzzles your thing? Come meet new people and try a new game, or bring your own to share. Games for all ages!

Pi(e) Recipe Swap and STEAM Games

Saturday, March 14 at 11 am Celebrate International Pi Day (the math symbol that represents the circumference of a circle) by swapping your favorite pie recipe with others while we enjoy STEAM games, including Makey Makeys, Code and Go Mouse, a hula-hoop contest, and more! Recommended for all ages.

Storytime Celebration: Women's Right to Vote

This special storytime will highlight the 100th anniversary of women's right to vote! Join us for songs, sensory play, crafts, and stories designed to prepare your preschooler to learn. This event will take the place of our weekly storytime.

Yoga for All Ages

This monthly class is great for beginners, families, and advanced students! Please bring your own mat or towel.

Adults / Career / Tech Everybody COUNTS! 2020 Census

Tuesday, March 3 at 6:30 pm Learn all about the 2020 Census by reviewing a sample census questionnaire, understanding why the census is so important, learning how census data is used, and hearing how personal data is kept safe and how people can avoid census scams.

Craftsman Collaborative: Embroidery

Tuesday, March 10 at 6 pm Share a love of crafting, art, ideas, and talent in the Craftsman Collaborative series. Each month, new artisans will talk about their passions and hobbies. In March, we'll learn the basic techniques of embroidery. Registration required.

Catawba Valley Writers Club Tuesday, March 17 at 6 pm Join us for our monthly meeting as fellow writers discuss, evaluate, and share their works. If you enjoy writing fiction, poetry, or creative non-fiction — or just take delight in putting words on paper — this group is for you. Expect friendly fellowship and conversation!

Houseplant Talk & Swap

Tuesday, March 31 at 6 pm Join us for a presentation about how to choose and care for houseplants and learn about the benefits they provide. Bring your pest-free houseplants for trade, potted or bare root. Don't worry if you don't have any houseplants to trade - all are welcome!

MAIDEN 828.428.2712

Children / Teens / Families Preschool: Ready to Learn Storytime Thursdays at 10 am Songs, sensory play, crafts, and stories designed to prepare your preschooler to learn. Ideal for children 3-5, but all are welcome.

Family Movie Night: Frozen II Friday, March 6 at 5 pm Together with Anna, Kristoff, Olaf, and Sven, Elsa faces a dangerous but remarkable journey into the unknown—to the enchanted forests and dark seas beyond Arendelle, in search of truths about the past.

We'll provide popcorn and a beverage. Feel free to bring other snacks and comfy cushions. Rated PG.

STEAM: Elephant Toothpaste

Saturday, March 21 at 11 am In this fun experiment, yeast acts as a catalyst when mixed with the other ingredients to rapidly expand the mixture into what looks like foaming, colorful toothpaste. We'll also be teaching participants about yeast by providing homemade soft pretzels. Designed for ages 6-13, but all are welcome.

Adults / Career / Tech

Balance Basics

Thursdays at 2 pm This class addresses the need for stronger muscles, increased flexibility, and a solid core to reduce the risk of falls. Improve your posture and balance, and take charge of your independence!

Hoopla and Libby
Tuesday, March 3 from 5-7 pm
Libby and Hoopla are free, user-friendly ways
to find thousands of ebooks, audiobooks,
movies, and music CDs. Drop in to learn how
to get the apps, sign in, and download a book
or movie. Bring your own tablet or phone
to set up your gateway to the world of free
digital content!

Everybody COUNTS! 2020 Census

Tuesday, March 10 from 6-8 pm Learn all about the 2020 Census by reviewing a sample census questionnaire, understanding why the census is so important, learning how census data is used, and hearing how personal data is kept safe and how people can avoid census scams.

Suffragette Sashes

Tuesday, March 17 at 5:30 pm Join us to make replicas of the iconic Votes for Women sashes worn by early suffragettes as we celebrate the 100th anniversary of the adoption of the 19th Amendment to the US Constitution. All materials provided.

Cypress Resumé

Wednesday, March 25 from 3-5 pm Do you need a new resumé or an update to your existing one? Learn how to create a professional resumé in three easy steps using software from NCLIVE. Book your 30-minute, individual session by calling 828.428.2712.

SHERRILLS FORD-TERRELL 828.466.6827

Children / Teens / Families Preschool: Ready to Learn Storytime

Wednesdays and Thursdays at 10 am Songs, sensory play, crafts, and stories designed to prepare your preschooler to learn. Ideal for children 3-5, but all are welcome.

Tiny to Two: Ready to Learn Storytime Fridays at 10 am

A sweet, 20-minute storytime featuring rhymes, bounces, sensory play, and singing. Playtime follows. Ideal for newborns to age 2, buť all are welcome.

STEAM Explorers: Code with Dash

Wednesday, March 11 at 4 pm Kids 7-13 are invited to learn about science concepts through hands-on experience. Join us this month as we put our coding skills to the test and program Dash the Robot to complete its way through a maze.

Pre-K STEAM: Tinker Time

Monday, March 30 at 4 pm Children 3-6 are invited for guided play and learning in our construction zone. Kids can show off building skills, play pretend with construction toys, and enhance fine motor

Adults / Career / Tech Mystery Mavens Book Club Tuesday, March 3 at 6:30 pm Join us for a lively discussion of Death of a Rainmaker by Laurie Loewenstein. April's discussion will focus on Black Rabbit Hall by Eve Chase.

Everybody COUNTS! 2020 Census

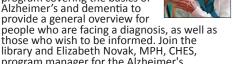
Monday, March 16 at 6:30 pm Learn all about the 2020 Census by reviewing a sample census questionnaire, understanding why the census is so important, learning how census data is used, and hearing how personal data is kept safe and how people can avoid census scams.

Catawba Lands Conservancy

Tuesday, March 17 at 6:30 pm This informational program will focus on the recent land acquisitions by the Catawba Lands Conservancy for the Carolina Thread Trail Learn more about the public programs offered and how you can get involved. Sponsored by the Friends of the Sherrills Ford-Terrell Library.

Understanding Alzheimer's and Dementia

Tuesday, March 24 at 12:30 pm The Alzheimer's Association has created an education program covering the basics of Alzheimer's and dementia to provide a general overview for



program manager for the Alzheimer's Association-Western Carolina Chapter, as we explore these resources. Bring your lunch!

LIBRARY CONNECTIONS **MARCH 2020**

SOUTHWEST 828.466.6818

Children / Teens / Families

Preschool: Ready to Learn Storytime Wednesdays at 10 am and Thursdays at 11 am Songs, sensory play, crafts, and stories designed to prepare your preschooler to learn. Ideal for children 3-5, but all are welcome.

Dr. Seuss STEAM Party *Monday, March 2 at 4 pm*

School-aged children are invited for Dr. Seussthemed activities and party fun. Children will be creating art, practicing their creative writing skills, and more!

Monday Movie: The Lorax Tuesday, March 22 at 5 pm As a follow-up to our celebration of Dr. Seuss's birthday on March 2, we'll enjoy watching The Lorax as a fun cap to our Dr. Seuss-themed events earlier in the month. Rated PG.



Adults / Career / Tech

Chair Yoga

Thursdays at 9:30 am This is a great class for people who prefer not to get up and down from the floor. The poses are modified so that they can also be performed while you're seated in a chair. Enjoy the benefits of yoga while adjusting the regimen for your convenience and comfort!

Mountain View Book Buzz

Tuesday, March 10 at 6 pm Join us this month for a lively discussion of To the Lions by Holly Watt. April's read will be A Higher Call by Adam Makos.

Thursday Theater: Harriet

Inursday Theater: Harriet
Tuesday, March 12 at 3 pm
Teens can enjoy this 2019 movie (adults are welcome too!), which dramatizes Harriet
Tubman's extraordinary escape from slavery ad her transformation into one of America's greatest heroes. Her courage and tenacity helped free degrees of slaves. Pated PG 12 helped free dozens of slaves. Rated PG-13.

De-Cluttering & Spring Cleaning
Monday, March 16 at 6 pm
Join Tami Fox for a motivating program full of
tips and tricks to help declutter your home just in time for an annual bout of spring cleaning!

Catawba Songwriters

Tuesday, March 17 at 6 pm Adults and teens are invited to share their musical talents while learning from one another. Bring a finished song or one that's in progress to share with the group.



Career Development: Online Job Applications Wednesday, March 18 at 4 pm Online applications are a common practice when you're applying for jobs these days. This class will show you how to get started and offer tips about information and online tools

Everybody COUNTS! 2020 Census

you'll need to complete an application.

Monday, March 23 at 6 pm Presented in Spanish and English Learn all about the 2020 Census by reviewing a sample census questionnaire, understanding

why the census is so important, learning how census data is used, and hearing how personal data is kept safe and how people can avoid census



ST. STEPHENS 828.466.6821

Children / Teens / Families PAWS to Read with Sherman

Mondays from 4-6 pm Elementary-aged children are invited to read to Sherman, our therapy dog. Children who read aloud to therapy animals on a regular basis demonstrate improvement in their reading skills! Call the branch to reserve a 20-minute appointment with Sherman!

Preschool: Bilingual Ready to Learn Storytime Tuesday evenings at 6 pm

Presented in Spanish and English Songs, sensory play, crafts, and stories

designed to prepare your preschooler to learn. Ideal for children 3-5, but all are welcome.

Preschool: Ready to Learn Storytime *Wednesdays & Thursdays at 10 am*

Songs, sensory play, crafts, and stories designed to prepare your preschooler to learn. Ideal for children 3-5, but all are welcome.

Crafternoon: Plant a Flower Day

Thursday, March 19 at 4 pm This month, we're getting ready for spring! Join us as we make a newspaper pot and plant a seed for the season.

Family STEAM: Take-Apart Tech

Saturday, March 21 at 2 pm Have you ever wondered what the inside of a keyboard looks like? Do you want to see how microchips are connected to form a circuit? Join us as we use basic tools to take apart a variety of equipment and see what's behind the scenes.

Teen Program: World Poetry Day *Saturday, March 21 at 4 pm*Join us as we celebrate World Poetry Day. Bring your favorite poem to add to our poetry wall, and paint your favorite poem on canvas to take home or share. Grades 6+.

Take a Walk in the Park Day @ St. Stephens Park

Monday, March 30 at 4 pm National Take a Walk in The Park Day is observed annually on March 30. Join us at St. Stephens Park's Literacy Trail. We'll read the stations together and then have a scavenger hunt to celebrate the fun-filled day!

Adults / Career / Tech English as a Second Language Classes

Saturdays at 9 am

Through instruction and conversation, participants will gain confidence and skills in speaking, reading, and comprehension. For details, call the library at 828.466.6821 or Centro Latino at 828.330.0477.

Just Walk Series...continued

Wednesdays, March 4, 11, 18, 25 at 4 pm Exercise is a vital part of a full and healthy life. Join us as we continue following along with the Leslie Sansone: Just Walk! DVD, a fun and energetic video that promotes exercise with a few simple steps.

Gentle Morning Yoga
Saturdays, March 7 and 21 at 11:30 am
Gentle yoga is a slower-paced practice suitable for all people, including those with injuries, physical limitations, and/or chronic health conditions. Props may be used to help align and support the body. Please bring a yoga mat or thick towel for floor work. Open to ages 14+ (parental signature required for teens under

Adult Coloring Club: Spring Time

Saturday, March 7 at 2 pm Color your stress away! We'll provide the coloring sheets, markers, and crayons - you bring the creativity!

St. Stephens Book Club for Adults

Monday, March 9 at 6:30 pm Our book club gives you the freedom to read what you like while guiding you gently with a new topic each month. March's theme is a book made into a movie. You decide the title and come prepared to share the story.

Drop-In Tech

Wednesday, March 11 at 10 am
Are you having trouble with your smart phone, tablet, or laptop? Bring in your device and receive a 1-on-1 help session.

Meet

Libbu

Meet Libby
Thursday, March 12 at 4 pm
Learn about Libby (and Overdrive),
a free app that lets you download
1000s of ebooks and e-audiobooks.

Use your library card to search for content to download. Bring your own device for instant access.

Resumé Tune-up

Monday, March 16 from 5-7 pm
Whether you need to create a resumé from scratch or update the one you already have, book your 30-minute, individual session by calling 828-466-6821.

Email Basics

Wednesday, March 25 at 10 am
Participants will get a hands-on opportunity to
discover how to use email. Learn how to set up an account, send a message, save files, and open or add attachments.

Everybody COUNTS! 2020 Census Monday, March 30 at 6:30 pm Presented in Spanish and English Learn all about the 2020 Census by reviewing a sample census questionnaire, understanding why the census is so important, learning how census data is used, and hearing how personal data is kept safe and how people can avoid census scams.

LIBRARY TO GO

Catawba Library to Go Stop Thursdays, March 5 and 19 from 10 am-6 pm at Redeemer Lutheran Church (200 S Main St, Catawba)

Join us in Catawba to check out items, get help with computer and device questions, and much more. We'll also have storytime at 10:45 am for children of all ages. We look forward to seeing you there!

SYSTEMWIDE

Census 2020

The framers of the US Constitution chose population as the basis for sharing political power, not wealth and not land. Getting an accurate count of the county's population affects our taxes, congressional representation, and funding for hospitals, schools, and roads. Interested in taking a more active role? Visit www.2020census.gov/jobs to find out about part-time or full-time temporary positions in

