

Library Connections

FEBRUARY 2020



catawba county
library system

MAKING. LIVING. BETTER.

828.465.8664



www.catawbacountync.gov/library

- connect
- explore
- grow

CELEBRATING 100 YEARS

OF WOMEN'S RIGHT TO VOTE IN AMERICA

On August 18, 1920, following decades of public advocacy, struggles, and setbacks, women were ultimately successful in securing the right to vote. The 19th Amendment to the United States Constitution removed gender as a basis for prohibiting US citizens from appearing at the ballot box, and on November 20, more than 8 million women cast their votes in elections for the first time.

One hundred years later, the library is marking this milestone by sharing the rich history of past efforts and exploring concepts of equal rights, fairness, and democracy.

A cornerstone of the celebration will be eight history panels highlighting prominent dates and figures in the women's suffrage movement. Students from CVCC have been working with history professor Richard Eller and the Historical Association of Catawba County to research national and local history related to women's suffrage, and a team of graphics arts students has laid out the information on eight panels that will lift history out of textbooks and connect it to our local communities. The panels will travel to public schools, libraries, and civic buildings starting in February, before they arrive at the Hickory Museum of Art in August.

The county's six-month celebration to honor women's suffrage will begin on **Saturday, February 15** with a **100th Anniversary Suffragette Tea** at the historic **Lyerly House in Hickory**. Visitors can enjoy an anniversary cake and a traditional tea while making period picket signs, campaign buttons, and sashes at craft stations. Participants will be invited to show off their crafts in two reenactments of early suffrage marches.

Residents are encouraged to participate in the two historical reenactments by dressing in white (as the original suffragists did) and in early 20th-century period costume if they wish.

The first reenactment takes place at the **1924 Courthouse in downtown Newton on Saturday, April 4**. It will also feature a screening of a 2004 Hollywood film that dramatizes 1910s suffrage issues.

A second historical reenactment will begin at the downtown Hickory Farmers Market and march to the **SALT Block on Saturday, August 22**, commemorating the date of the amendment's ratification. This event will coincide with the grand opening of an art exhibit at the Hickory Museum of Art focused on suffrage.

Local libraries will offer a wealth of programs to enhance the anniversary celebration. Residents can expect something for all ages, including storytimes, craft sessions, book discussions, voting exercises, history presentations, and film screenings. Special programs will also look at how the national women's suffrage movement impacted Catawba County, as well as African-Americans' efforts to secure the right to vote.

The celebration and programs related to the 100th anniversary of women's suffrage are being coordinated by the League of Women Voters (who also celebrate their 100th anniversary in 2020), Patrick Beaver Library, Catawba County Library, the Hickory Museum of Art, the Historical Association of Catawba County, and Catawba Valley Community College. Support has also been provided by grants from the United Arts Council of Catawba County.



MAIN IN NEWTON

828.465.8665

Children / Teens / Families

Tiny to Two: Ready to Learn Storytime

Mondays at 10 am
A sweet, 20-minute storytime featuring rhymes, bounces, sensory play, and singing. Playtime follows. Ideal for newborns to age 2, but all are welcome.

Preschool: Ready to Learn Storytime

Wednesdays and Thursdays at 10 am
Songs, sensory play, crafts, and stories designed to prepare your preschooler to learn. Ideal for children 3-5, but all are welcome.

Family Film: Abominable

Friday, February 7 at 4 pm
A teen and her friends must outwit evil villains in order to take a lost Yeti home in this animated family comedy. Rated PG.

Ice Cream in A Bag

Saturday, February 8 at 10 am
In honor of Ice Cream for Breakfast Day, teens can learn to make their own vanilla ice cream in a bag. Recommended for ages 12+. Please bring a towel along. Registration required.

Soup for the Soul

Monday, February 10 at 5:30 pm
Presented in English and Spanish
Soup warms the soul, is easy on your food budget, and makes good use of leftovers from the refrigerator. Although the process can be complicated or simple, we'll be sure to create soups your family will enjoy.

Valentine Crafternoon

Tuesday, February 11 from 4-6 pm
Drop in and make Valentine's Day-themed crafts to give to your friends and family.

Paws to Read

Tuesdays, February 11 and 25 at 4:30 pm
Children are invited to read to a therapy dog. Call for an appointment with Russ or Charlie.

Teen Treat Yo' Self

Friday, February 14 at 4 pm
For Valentine's Day, we'll enjoy awesome self-care activities like journaling, meditation, snack-making, and more.

Backyard Birds

Monday, February 17 at 4 pm
Presented in English and Spanish
Families, join state park ranger Jaimie Cameron for a fun program about the many birds you might see in your backyard and how you can care for them during the winter months.

For the Birds

Monday, February 24 at 5 pm
Make a bird feeder and decorate a bird house to hang in your backyard.

Adults / Career / Tech

Zumba

Mondays at 6 pm
Kick off your week with this dance/movement activity that's too much fun to call exercise. Appropriate for every skill and ability level and open to ages 14+ (parental signature required for teens under 18). **Note:** On February 10, 17 and 24, we'll meet in the Fellowship Hall of First United Methodist (300 N Main Ave, Newton). Please use the Ashe Ave entrance.

English as a Second Language Classes

Mondays at 6:30 pm (conversation/intermediate) and Tuesdays at 5:30 pm (beginner)
ESL classes are terrific resources for people whose native language is not English. Through instruction and conversation, participants will gain confidence and skills in speaking, reading, and comprehension. Registration required.

WorkLife Wednesday: Resumé Tune-up

Wednesday, February 5 from 10 am-2 pm
Need to create a resumé from scratch or update one you already have? Book a 30-minute, individual session by calling 828.465.8665.

Hand-Made Valentines

Friday, February 7 at 3:30 pm
Let your sweetheart know how you feel with a hand-made valentine. We'll have all the supplies available and a template to follow so your efforts can woo your true love.

Community Garden Workday

Saturday, February 8 and Tuesday, February 18 from 9 am-12 noon
Join us as we mulch, weed, plant, repair, prune, build, amend, and take care of all the wonderful things that need to be done in the library's garden. Call 828.465.8665 to sign up.

Southern Pens Book Club

Saturday, February 8 at 10 am
This month's read is *Where the Crawdads Sing* by Delia Owens. March's selection will be *Inheriting Edith* by Zoe Fishman.

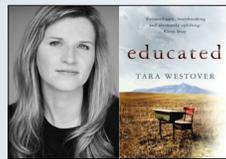
Gift Basket Tips and Tricks

Saturday, February 8 at 2 pm
Learn all the secrets of local avid gift basket creator Liz Moose. She'll demonstrate her technique while preparing a Valentine's Day gift basket. One lucky attendee will win a drawing to take it home.

Friends of the Catawba County Library Meeting

Monday, February 10 at 11 am
Help the library fulfill its mission by planning and participating in efforts to raise funds and increase access. Meets each second Monday.

EDUCATED Community Read Series



In cooperation with CVCC's community-wide read of Tara Westover's acclaimed memoir, *Educated*, the Library is presenting community-focused programs to inform members and help them make use of available resources.

Educated...A Performance Reading

Wednesday, February 12 at noon at CVCC's East Wing Auditorium and Wednesday, February 19 at 10 am at The Green Room Community Theatre in Newton
CVCC's play production class presents a reader's theater-style performance of selected passages from the book. Students will bring to life certain stories that Westover shares, offering oral interpretations of a text not originally intended to be read aloud.

Intellectual Courage: What It Takes to Be Educated

Wednesday, February 19 at noon at CVCC's East Wing Auditorium
Amy Bechtol will explore the transformation necessary for Westover to become educated through the lenses of clinical, social, and educational psychology. She'll weave in stories from her own experiences growing up in a strict religious environment in rural West Tennessee. Expect to do some soul-searching!

Meditation Group

Friday, February 14 at 11 am
Meditation – the practice of intentionally cultivating mindfulness – has been shown to reduce stress, lessen anxiety, lengthen attention span, increase imagination and creativity, reduce chronic pain, and increase patience. Enjoy the chance to experience meditation and learn some tips to help you cultivate mindfulness well into 2020.

Silent Book Club

Friday, February 14 at noon
SBC is a space for introverts to socialize, choose their level of social interaction, meet new friends, and read in companionable silence. Bring your lunch and make some headway in your to-be-read pile!

Suffragette Tea

Saturday, February 15 from 1 pm-4 pm
Join us at the historic Lyerly House (310 N Center St, Hickory) to celebrate the 100th anniversary of the 19th Amendment and of the League of Women Voters. Enjoy live music, tea and cake, and suffrage-themed craft projects.



Black History Discussion Group

Tuesday, February 18 at 4 pm
We're gathering regularly to discuss various topics of interest about black history. This month, we'll be talking about Black History and Education (1835-2020). Bring your curiosity and your understanding – all are welcome. Light refreshments will be served.

Piece of Cake Book Club

Wednesday, February 19 at 10 am
Want to read eleven great books per year? PoCBC meets each third Wednesday at Whisk & Barrel in downtown Newton. February's pick is *Guests on Earth* by Lee Smith. March's selection is *Pachinko* by Min Jin Lee.

Tai Chi for Memory: New Six-Week Course

Wednesdays, February 19-March 25 at 11 am
This medically-based program, taught in blocks of slow movements chosen specifically to promote brain health, also promotes better balance, mind-body awareness, stress reduction, and improved memory recall. Suitable for all fitness levels; can be done seated in a chair or standing. Registration required.

What You Need to Know About the Census

Saturday, February 22 at 3 pm
Everyone living in the United States is required by the US Constitution to be counted so that officials can map out federal, state, and school districts and apportion funding for schools, hospitals, and roads. The Census Bureau is also required to handle your information safely and securely. Find out what is required and also what no Census employee will ever ask you.



Upcoming! Hearts & Minds Book Club

Thursday, March 26 at 5:30 pm
This new quarterly book club focuses on helping people be healthier physically, mentally, spiritually, and socially. Topics will include nutrition, exercise, relationships, positive habits, and community wellness. Our first quarter selection is *Well: What We Need to Talk About When We Talk About Health* by Sandro Galea. The short work challenges us to take a broader view of health than ever before and urges us to look at structural components of wellness that we usually ignore. Following our March 26 discussion, we'll announce our next selection.

CLAREMONT

828.466.6817

Adults / Career / Tech

Cypress Resumé

Thursday, February 13 at 3 pm
Do you need a new resumé or an update to your existing one? Using Cypress Resumé, participants will learn how to create a professional resumé in three easy steps using software from NC LIVE.



Benefit! The Working Title Farm Radio Hour

Thursday, February 20 at 6 pm

Hosted by country music star Radney Foster, this musical and literary variety show takes place on an imagined porch in the Blue Ridge Mountains and features special guests, authors, and recurring characters. An evening of funny, heart-tugging entertainment in the spirit of *A Prairie Home Companion* and *The Grand Ole Opry*. The show will be held at the Family Life Center of St. Mark's Lutheran Church (3216 W Main Street, Claremont). Tickets include dinner and the show and are available for \$15 each at the Claremont Branch. Event proceeds benefit the Claremont Friends of the Library.

Upcoming! Books Between Friends Book Club
Tuesday, March 24 at 6 pm
Join us in March, when we'll be discussing *The Giver of Stars* by Jojo Moyes. The book club meets in alternating months.

CONOVER
828.466.5108

Children / Teens / Families**Tiny to Two: Ready to Learn Storytime**

Wednesdays at 10 am

A sweet, 20-minute storytime featuring rhymes, bounces, sensory play, and singing. Playtime follows. Ideal for newborns to age 2, but all are welcome.

Preschool: Ready to Learn Storytime

Fridays at 10 am

Songs, sensory play, crafts, and stories designed to prepare your preschooler to learn. Ideal for children 3-5, but all are welcome.

Game Day Saturday

Saturday, February 1 at 11 am

Are board games, murder mysteries, charades, and puzzles your thing? Come meet new people and try a new game or bring your own to share. Games for all ages!

Paws to Read with Chester

Tuesday, February 4 and Tuesday February 18 from 4:30-5:30 pm

Elementary-aged children are invited to read to Chester, the library's therapy dog. Reading aloud to an animal on a regular basis demonstrates improvement in many kids' reading skills! Animals provide a safe, non-judgmental presence for struggling readers. Call the branch to schedule a 15-minute slot.

**DIY Message in a Bottle Necklace**

Friday, February 7 at 4 pm

Create a sweet keepsake for yourself or for someone you love with this unique DIY message-in-a-bottle necklace.

Craftsman Collaborative: Backyard Birding

Tuesday, February 11 at 6 pm

Share a love of crafting, art, ideas, and talent in the Craftsman Collaborative series. Each month, we feature a new artisan to talk about his or her passions. In February, Jean McAnulty, Catawba County Extension Master Gardener volunteer, will share her love of birds. School-aged children and adults are welcome to hear about bird identification in anticipation of The Great Backyard Bird Count that happens February 14-17. The bird-counting exercise helps provide a real-time snapshot of bird populations.

Yoga for All Ages

Saturday, February 15 at 11 am

This monthly class is great for beginners, families, and advanced students! Please bring your own mat or towel.

DIY Mini Looms

Friday, February 21 at 4 pm

Learn basic weaving in a mini project and take your turn at adding to the Conover branch's large-scale loom this month!

Adults / Career / Tech**Murder Mystery Party: The Roaring '20s**

Saturday, February 8 at 11 am

Enjoy a fun, Gatsby-esque whodunit game at the library. Ring in the new year with murder and try to discover the murderer – before it's too late! Open to adults only. Registration required.

Catawba Valley Writers Club

Tuesday, February 18 at 6 pm

Join us for our monthly meeting as fellow writers discuss, evaluate, and share their works. If you enjoy writing fiction, poetry, or creative non-fiction – or just take delight in putting words on paper – this group is for you. Expect friendly fellowship and conversation!

Understanding Alzheimer's and Dementia

Friday, February 21 at 2 pm

The Alzheimer's Association has created an education program covering the basics of Alzheimer's and dementia to provide a general overview for people who are facing a diagnosis, as well as those who wish to be informed. Join the library and Elizabeth Novak, MPH, CHES, program manager for the Alzheimer's Association-Western Carolina Chapter, as we explore these resources.

MAIDEN
828.428.2712

Children / Teens / Families**Preschool: Ready to Learn Storytime**

Thursdays at 10 am

Songs, sensory play, crafts, and stories designed to prepare your preschooler to learn. Ideal for children 3-5, but all are welcome.

Valentine's Day STEAM Challenges

Wednesday, February 12 from 4-5:30 pm

Kids are invited to drop in for hands-on fun at our stations, where they'll build bridges with Valentine Day's cards; make bows and arrows with straws, cotton, and rubber bands; create valentine art with interesting materials; and more! For ages 5-12, but all are welcome.

Educated...About Homeschooling

Friday, February 21 at 4 pm

Why homeschool? This discussion will share the pros and cons of homeschooling. We'll discuss how to get started, how to choose the curriculum, and how to prepare for high school dual enrollment.

Storytime Ballet: Cinderella

Saturday, February 29 at 11:30 am

Join Hickory Ballet and Performing Arts for an interactive experience that shows how stories – including this fairy tale about a young girl who rises above her humble circumstances – are told through dance. An activity tied to the ballet will follow. Open to all ages and families.

Adults / Career / Tech**Balance Basics**

Thursdays at 2 pm (no class Feb. 20)

This class addresses the need for stronger muscles, increased flexibility, and a solid core to reduce the risk of falls. Improve your posture and balance, and take charge of your independence!

Resumé and Career Help

Wednesday, February 5 from 1-3 pm

Do you need one-on-one assistance navigating online job applications, writing a cover letter, or editing your resumé? Let us help! Registration required.

SHERRILLS FORD-TERRELL
828.466.6827

Children / Teens / Families**Preschool: Ready to Learn Storytime**

Wednesdays and Thursdays at 10 am

Songs, sensory play, crafts, and stories designed to prepare your preschooler to learn. Ideal for children 3-5, but all are welcome.

Tiny to Two: Ready to Learn Storytime

Fridays at 10 am

A sweet, 20-minute storytime featuring rhymes, bounces, sensory play, and singing. Playtime follows. Ideal for newborns to age 2, but all are welcome.

Candy Sushi

Wednesday, February 5 at 4 pm

We'll provide all the ingredients for you to make (and eat!) your own sushi-inspired candy creations. Ages 10 and up. Registration required.

Storytime Ballet: Cinderella

Saturday, February 29 at 10 am

Join Hickory Ballet and Performing Arts for an interactive experience that shows how stories – including this fairy tale about a young girl who rises above her humble circumstances – are told through dance. An activity tied to the ballet will follow. Open to all ages and families.

Adults / Career / Tech**Educated...About Herbs**

Saturday, February 1 at 10 am

Educated author Tara Westover grew up in a home that relied exclusively on herbal remedies for health and medical needs. This workshop led by Tim Yarborough, wellness director of Vital Plan, will provide a hands-on opportunity to explore the many culinary and therapeutic aspects of natural herbs.

Mystery Mavens Book Club

Tuesday, February 4 at 6:30 pm

Join us for lively discussion of *Snow Falling on Cedars* by David Guterson. March's discussion will focus on *Death of a Rainmaker* by Laurie Lowenstein.

SOUTHWEST
828.466.6818

Children / Teens / Families**Preschool: Ready to Learn Storytime**

Wednesdays at 10 am and Thursdays at 11 am

Songs, sensory play, crafts, and stories designed to prepare your preschooler to learn. Ideal for children 3-5, but all are welcome.

STEAM: Construction Zone

Fridays from 4-5 pm

Elementary-aged children are encouraged to have a fun time exploring our engineering and building sets, sponsored by the Local Government Federal Credit Union.

Stone Soup at the Library

Monday, February 3 at 5:30 pm

Children will enjoy the classic European folktale about traveling strangers who are hungry for soup! Following the story, we'll work together to create a pot of soup in honor of National Soup Day (February 4).

Celebrating Heroes: Harriet Tubman

Monday, February 17 at 5:30 pm

School-age kids will have the chance to learn about the life of Harriet Tubman, who escaped slavery and helped lead other slaves to freedom via the Underground Railroad. The STEAM program will feature a lesson and plenty of hands-on activities.



Adults / Career / Tech

Tech Tuesdays @ 2

Tuesdays at 2 pm

Join us for basic technology instructions tailored to each weekly theme. Registration required.

- February 4 – Explore Wireless Printing
- February 11 – Facebook for Beginners
- February 18 – Meet Libby & Hoopla
- February 25 – Job Searching (NC Works and more)

A Scoop of Soup

Tuesday, February 4 from noon-2 pm

Join us for National Soup Day and enjoy a scoop of stone soup (minus the stone!) that we'll provide. Patrons are encouraged to bring their favorite soup recipe to share with others.

Harriet

Thursday, February 6 at 3 pm

This movie dramatizes the extraordinary tale of Harriet Tubman's escape from slavery and her transformation into one of America's greatest heroes. Her courage and tenacity helped free hundreds of slaves. PG-13.

Mountain View Book Buzz

Tuesday, February 11 at 6 pm

Join us this month for a discussion of *Nickel Boys* by Colson Whitehead. March's read will be *To the Lions* by Holly Watt.

Catawba Songwriters

Tuesday, February 18 at 6 pm

Adults and teens are invited to share their musical talents while learning from one another. Bring a finished song or one that's in progress to share with the group.

ST. STEPHENS
828.466.6821

Children / Teens / Families

Preschool: Ready to Learn Storytime

Wednesdays & Thursdays at 10 am; Tuesday evenings at 6 pm

Songs, sensory play, crafts, and stories designed to prepare your preschooler to learn. Ideal for children 3-5, but all are welcome.

Teen Valentine's Day Event

Monday, February 10 at 5 pm

Get ready for Valentine's Day by making a card for someone special, playing fun games, and enjoying light refreshments.

Family STEAM: Make a Light Bulb

Saturday, February 15 at 11 am

Join us as we celebrate Lewis Howard Latimer, an African-American inventor who patented a new method for making carbon filaments, allowing light bulbs to burn for hours instead of minutes. We'll make a light bulb using various household elements. Registration required.

Crafternoon: Make a Card for Random Acts of Kindness Day

Thursday, February 20 at 4 pm

Join us as we make cards to give others as we celebrate Random Acts of Kindness Day. All materials will be provided.

Family Movie: Abominable

Friday, February 28 at 4 pm

Travel with Yi and her friends to the highest point on earth as they help a lost Yeti return to his home on Mt. Everest. We'll provide popcorn and a beverage. Rated PG.

Storytime Ballet: Cinderella

Saturday, February 29 at 1 pm

Join Hickory Ballet and Performing Arts for an interactive experience that shows how stories – including this fairy tale about a young girl who rises above her humble circumstances – are told through dance. An activity tied to the ballet will follow. Open to all ages and families.

Adults / Career / Tech

English as a Second Language Classes

Saturdays at 9 am

Through instruction and conversation, participants will gain confidence and skills in speaking, reading, and comprehension. For details, call the library at 828.466.6821 or Centro Latino at 828.330.0477.

New Year, New Start...Continued

Wednesdays at 4 pm

Exercise is a vital part of a full and healthy life. Join us as we continue with the *Leslie Sansone: Just Walk!* DVD. It's a fun, energetic way to boost heart rate by walking to song hits and radio remixes together.

Educated...About Herbs

Saturday, February 1 at 2 pm

Educated author Tara Westover grew up in a home that relied exclusively on herbal remedies for health and medical needs. This experiential workshop will provide a hands-on opportunity to explore the many culinary and therapeutic aspects of natural herbs and is led by Tim Yarborough, wellness director of Vital Pan. Registration required.

Adult Coloring Club: Random Acts of Kindness

Saturday, February 8 at 2 pm

Color your stress away! We'll provide the coloring sheets, markers, and crayons – you bring the creativity!



St. Stephens Book Club for Adults

Monday, February 10 at 6:30 pm

Our book club gives you the freedom to read what you like while guiding you gently with a new theme each month. February's pick is "a classic," like Agatha Christie, Shakespeare, Jane Austen, or Alexander Dumas. You decide the title and come prepared to share the story.

Cypress Resumé

Wednesday, February 12 at 10 am

Join us for a guided lesson on how to access and use Cypress Resumé, an online resumé builder that lets you create professional, high-quality resumés in three quick, simple steps.

Computer Basics: Using the Internet to Find Information

Wednesday, February 19 at 10 am

Learn how to use a Web browser to access the internet and how to use Google to find useful information online.

LIBRARY TO GO

Catawba Library to Go Stop

Thursdays, February 6 and 20 from 10 am-6 pm at Redeemer Lutheran Church (200 S Main St, Catawba)

Join us in Catawba to check out items, get help with computer and device questions, and much more. We'll also have storytime at 10:45 am for children of all ages. We look forward to seeing you there!

SYSTEMWIDE

Upcoming! Digital Book Club

Thursday, March 19 at noon

Our digital book club, customized for folks who read with the Overdrive and/or Hoopla apps, 'meets' at Club Goodreads [<https://www.goodreads.com/group/show/883104-digital-book-club>]. Our first quarter pick for 2020 is *In the Country of Women: A Memoir* by Susan Straight. We'll have a closing discussion online on March 19 and announce our next quarterly selection at that time.

Census 2020

The framers of the US Constitution chose population as the basis for sharing political power, not wealth and not land. Getting an accurate count of the county's population affects our taxes, congressional representation, and funding for hospitals, schools, and roads. Interested in taking a more active role? Visit www.2020census.gov/jobs to find out about part-time or full-time temporary positions in our area.

UPCOMING ELECTIONS

Catawba County Early Voting

One-stop early voting for the March 3 primary begins on Thursday, February 13 at 8 am and ends Saturday, February 29 at 3 pm.

Residents of Catawba County may vote early at any of the following locations:

- **Newton Main Library**
115 West C St, Newton
- **Highland Recreation Center**
1451 8th St Dr NE, Hickory
- **Southwest Library (Mountain View)**
2944 S Hwy 127, Hickory
- **Conover Station**
403 Conover Station SE, Conover
- **Sherrills Ford-Terrell Library**
9154 Sherrills Ford Rd, Terrell

Early voting hours are as follows:

- **Weekdays** 8 am-7:30 pm
- **Saturdays** 8 am-3 pm
- **Sundays** 1-5 pm

Deadline to register to vote on Election Day is **5 pm on February 7, 2020.**

If you wish to change your party affiliation or other information on your record, the deadline is **5 pm on February 7, 2020.** You may NOT change your political affiliation at the polls.

For more information on voting, please visit the Catawba County Board of Elections at www.catawbacountync.gov/county-services/elections/ or by calling 828.464.2424.

Meet the Candidates

Monday, February 10 from 5:30-7 pm at Rehobeth United Methodist Church's Fellowship Hall (9297 Sherrills Ford Rd, Terrell) Be informed! County residents are invited to this open house to learn more about local candidates on the March ballot. This is a non-partisan event, where all candidates on the ballot have been invited. Sponsored by the Friends of the Sherrills Ford-Terrell Library.



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