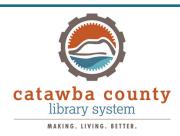
Library Connections



828.465.8664









www.catawbacountync.gov/library

connect explore • grow

NEED VOLUNTEER HOURS?

BE A HOMEWORK HELPER AT THE LIBRARY

Students work hard during the school day, and teachers pour out their energy and expertise to provide instruction and enrichment. Despite these solid efforts, some students need the added attention of mentors and tutors to achieve hoped-for benefits.

In support of Catawba County's **K-64** initiative, the library

has created the Homework Helpers program to connect high school students to opportunities to act as mentors and role models to elementary age students who can benefit from help with their homework after school.



Last year, over **25** volunteers served as Homework Helpers at the Main Library in Newton, offering more than **792** tutoring sessions from July 2018 through May of 2019.

Part of the help these older students provided was assisting younger children with math, science, and writing lessons. However, the majority of time was spent supporting children with reading comprehension by helping them work through



some language basics. Participants in the Homework Helpers program have reported more success in school, increased selfconfidence, and a greater desire to learn.

Some of the teen volunteers have shared how much they enjoyed the experience of helping a young student be more successful in school. One student remarked that her experience working with the kids has reinforced her goal to become a teacher.

During the 2018-19 fiscal year, the library enjoyed help from over **150** volunteers systemwide. In total, they contributed more than 4,340 hours of time to enhance existing resources and services.

Expectedly, the need for library volunteers — and Homework Helpers in particular – is constant. The work itself is gratifying, but it can also satisfy school service requirements and help build a strong resumé for college admissions. If you would like to have a positive impact on elementary or

middle school students, or if vou are a student 15 or older who needs volunteer hours, we hope that you will consider joining us at the library to help our



community connect, explore, and grow.

For details, simply contact any library branch in person or by phone, and the staff will lead you through the volunteering guidelines.

Your presence and your commitment will change lives. We guarantee it.



LIBRARY CONNECTIONS SEPTEMBER 2019

MAIN IN NEWTON

828.465.8665

Children / Teens / Families Preschool: Ready to Learn Storytime

Mondays, Wednesdays & Thursdays at 10 am (no storytime September 2) Songs, sensory play, crafts, and stories designed to prepare your preschooler to learn. Ideal for children 3-5, but all are welcome.

PAWS to Read

Thursday, September 12; Tuesday, Sept 17; and Tuesday, September 24 at 6 pm Children are invited to read to one of our trained therapy dogs. Call for an appointment.

Grandparents' Afternoon Tea Thursday, September 5 at 4:30 pm Children are invited to bring their grandparents (or another special adult) for refreshments, activities, and a craft to make together.



Storytime Ballet: *Swan Lake Saturday, September 7 at 11:15 am*Join the Hickory Ballet and Performing Arts for an interactive experience that shows how stories – including this one about a princess turned into a swan – are told through dance. An activity tied to the ballet will follow. Open to all ages and families.

STEAM: Trees

Tuesday, September 10 at 4:30 pm Take a closer look at leaves and learn about tree identification as we discover the science behind these impressive plants.



Mindfulness & Yoga for Kids Thursday, September 19 at 4:30 pm Autumn Hight, certified instructor for PLAYfitness by Stretch-n-Grow, will lead us in gentle stretches. Kids will also create breathing buddies and calming glitter jars to take home. Registration required.

Homemade Scrubs

Monday, September 23 at 5:30 pm Program presented in Spanish

Looking to make easy, inexpensive exfoliating scrubs? Let us help! You'll learn to make a simple DIY scrub that your skin will love. We'll share tips and recipes. Registration required.

Tolkien Trivia

Wednesday, September 25 at 4:30 pm
Teens are invited to test their knowledge of
Middle Earth and author J.R.R. Tolkien's works like *The Hobbit* and *Lord of the Rings* as we celebrate Tolkien Week. You may win a prize!

Adults / Career / Tech

Zumba

Mondays at 6 pm (no class September 2)
Kick off your week with this dance/movement activity that's too much fun to call exercise.
Appropriate for every skill and ability level and open to ages 14+ (parental signature required for teens under 18).

Thursdays at 6 pm (no class September 12 or 19)
This graceful martial art has been shown to reduce stress and anxiety while increasing flexibility and balance. Suitable for all fitness levels, open to ages 14 and up (parental signature required for teens under 18).

WorkLife Wednesday: Resumé Tune-up Wednesday, September 4 from 10 am-2 pm Whether you need to create a resumé from scratch or update the one you already have, book your 30-minute, individual session by calling 828.465.8665.

EDUCATED Community Read Series



In cooperation with CVCC's community-wide read of Tara Westover's acclaimed memoir, Educated, the Library is presenting communityfocused programs to inform members and help them make use of available resources.

Educated... About Herbs

Saturday, September 7 at 10 am
Educated author Tara Westover grew up in a home that relied exclusively on herbal remedies for health and medical needs. This experiential workshop led by Tim Yarborough, wellness director of Vital Plan, will provide a hands-on opportunity to explore the many culinary and therapeutic aspects of natural herbs. Registration required.

Adverse Childhood Experiences Study Wednesday, September 18 at 12 noon at CVCC's East Wing Auditorium Learn about the research behind adverse childhood experiences, or ACEs – episodes of childhood trauma (personal and family-related) that can have implications for long-term health, including chronic disease and social and emotional problems.

Friends of the Catawba County Library Meeting

Monday, September 9 at 11 am
Help the library fulfill its mission by planning
and participating in efforts to raise funds and
increase access. Meets each second Monday.

ESL Classes Mondays, September 9, 16, 23, and 30 at 5:30 pm (beginner) and 6:30 pm (conversation/ intermediate)

ESL classes are terrific resources for people whose native language is not English. Through instruction and conversation, participants will gain confidence and skills in speaking, reading, and comprehension. Registration required.

Microsoft Word Basics

Tuesday, September 10 at 5 pm This workshop will help new users get comfortable with word processing software. Participants will learn to create, edit, save, and print documents. Registration required.

UnBook Club for Non-Joiners

Wednesday, September 11 at 4 pm Finally, a book club for people who don't want to read what everyone else is reading, don't want to make a commitment each month, and who definitely want food and drink options. Come to this meeting to tell others about the books you've been reading and possibly get reading suggestions from others. Meets at Blue Moon Tavern in downtown Newton.

Microsoft Word Intermediate

Wednesday, September 11 at 5 pm
Learn about some of the features in Word 2016 that can make longer documents easier to read and navigate. Registration required.

Mixed Media Studio

Thursday, September 12 at 11 am Using ink, pencil, watercolor, acrylic, and/or collage, we'll be creating mixed media art during this studio hour. The space is equipped for and welcoming to people of all abilities. All materials provided. Registration required.

Microsoft Word Advanced

Thursday, September 12 at 5 pm This workshop will show users how to use mail merge, add and manipulate images, make comments, and track changes. Basic Word skills are necessary. Registration required.

Southern Pens Book Club

Saturday, September 14 at 10 am This month's read is The Book Woman of Troublesome Creek by Kim Michele Richardson.
October's selection will be There There by
Tommy Orange. All are welcome.

3-D Basics

Tuesday, September 17 at 4 pm Learn the foundations of 3-D printing: what it is, how it works, and where you can find resources to get, create, and share 3-D printable files.

Advanced Gardener: Mushrooms Tuesday, September 17 at 5:30 pm Join Dr. George Place, Cooperative Extension director, for a presentation about foraging and cultivating mushrooms. Become a confident mushroom hunter and discover how easy it is to grow your own mushrooms.

Windows 10 Tips and Tricks

Wednesday, September 18 at 11 am This workshop will show you tips and tricks to help you get comfortable using the interface. Learn to customize the Start menu, find the Quick Access menu, have Cortana give you directions and set reminders, and much more.

Black History Discussion Group Wednesday, September 18 at 4 pm To learn more about black history throughout the year, we're gathering regularly to discuss various topics. This month, we'll be talking with local historian and documentarian Richard Eller about the 1964 Ridgeview football team, known as The Untouchables. Bring your curiosity and your understanding – all are welcome. Light refreshments served.

Meditation Group

Friday, September 20 at 11 am

Meditation is the intentional practice of cultivating mindfulness. It's shown to reduce stress, lessen anxiety, lengthen attention span, increase imagination and creativity, reduce chronic pain, and increase patience. If you've been waiting for a chance to dip your toe into meditation, this is your pool.

Piece of Cake Book Club

Tuesday, September 24 at 3 pm PoCBC meets on the fourth Tuesday of the month at Whisk & Barrel in downtown Newton. September's selection is Educated by Tara Westover. October's pick is Fahrenheit 451 by Ray Bradbury.

Cypress Resumé

Tuesday, September 24 at 5 pm Cypress Resumé is a free, easy-to-use resumé builder. This class will guide you through a three-step process to get you started on creating a professional, high-quality resumé.

Google Drive

Wednesday, September 25 at 11 am Learn to store, create, and share information using Google Drive, Google's web-based storage and synching service. An email address is required to participate.

Make Tiny Folk Art

Make Tiny Folk Art
Friday, September 27 at 3 pm
To get in the spirit for folk art (the Foothills
Folk Art Festival is slated for Saturday, October
5 in Newton), we'll use folk art motifs to create
tiny works of art using paints, stencils, and
mixed media options. Ages 12 and up. Supplies provided. Registration required.

LIBRARY CONNECTIONS SEPTEMBER 2019

"Ask a Master Gardener" @ the Library Now it's easy to get professional gardening recommendations anytime. Just submit your questions to an "Ask a Master Gardener question box at the library.

CLAREMONT 828.466.6817

Children / Teens / Families
STEAM Stations: Art STEAM
Thursday, September 5 at 4 pm
STEAM Stations is a time to explore science, technology, engineering, art, and math in fun, hands-on-activities. This month, we'll focus on art by creating milk magic, sunprints, and more. Recommended for kids 5 and up, but all are welcome.

Adults / Career / Tech
Books Between Friends Book Club + Finding
Great Books in the Digital World
Tuesday, September 24 at 6 pm
September's read is runaway bestseller Where
the Crawdads Sing by Delia Owens, and all
are invited. Before book club begins, we'll
offer a 10-minute overview of popular digital
resources for book lovers, including sites like
Hoopla, Libby, the NC Digital Library, and
Goodreads. Find your next great read!

"Ask a Master Gardener" @ the Library Now it's easy to get professional gardening recommendations anytime. Just submit your questions to an "Ask a Master Gardener" question box at the library.

CONOVER 828.466.5108

Children / Teens / Families Tiny to Two: Ready to Learn Storytime

Wednesdays at 10 am

A sweet, 20-minute storytime featuring rhymes, bounces, sensory play, and singing. Playtime follows. Ideal for newborns to age 2, buť all are welcome.

Preschool: Ready to Learn Storytime

Fridays at 10 am

Songs, sensory play, crafts, and stories designed to prepare your preschooler to learn. Ideal for children 3-5, but all are welcome.

Educated...About Homeschooling

Friday, September 13 at 3 pm
Why homeschool? This discussion will share the pros and cons of homeschooling. We'll discuss how to get started, how to choose the curriculum, and how to prepare for high school dual enrollment.

STEAM Stations: Art STEAM

Saturday, September 14 at 11 am STEAM Stations is a time to explore science, technology, engineering, art, and math in fun, hands-on-activities. This month, we'll focus on art by creating milk magic, sunprints, and more. For kids 5 and up, but all are welcome.

Yoga for All Ages

Saturday, September 21 at 11 am Great for beginners, families, and advanced students! Please bring your own mat or towel.

Storytime Ballet: Swan Lake

Saturday, September 28 at 11:30 am Join the Hickory Ballet and Performing Arts for an interactive experience that shows how stories – including this one about a princess turned into a swan – are told through dance. An activity tied to the ballet will follow. Open to all ages and families.

Adults / Career / Tech Discover Libby

Friday, September 6 at 4 pm Libby Libby is a free, user-friendly way to find 1000s of ebooks and audiobooks on the NC Digital Library. Watch a demo of the capabilities and bring your own device to install the app so we can help set it up and have you ready to go!

Craftsman Collaborative: Macramé

Tuesday, September 10 at 6 pm Share a love of crafting, art, ideas, and talent in the Craftsman Collaborative series. Each month, we'll feature a new artisan to talk about his or her work and walk us through about his or her work and walk us through creating our own versions. In September, we'll be exploring macramé, a technique of knotting cords to create wall hangings, plant holders, and more. To share your talent with a future class, please contact the branch. Materials for this month's program are generously donated by Ravenox and an anonymous donor.

Catawba Valley Writers Club Tuesday, September 17 at 6 pm Join us for our monthly meeting, as fellow writers discuss, evaluate, and share their works. If you enjoy writing fiction, poetry, or creative non-fiction, or just take delight in putting words on paper, this group is for you. Expect friendly fellowship and lively conversation!

Entrepreneur Networking Night Wednesday, September 18 from 3-6 pm Come network with other professionals, share business information, and receive tips about local resources! The event is open to all small business owners, solopreneurs, entrepreneurs, and business enthusiasts.

> MAIDEN 828.428.2712

Children / Teens / Families Preschool: Ready to Learn Storytime

Thursdays at 10 am

Songs, sensory play, crafts, and stories designed to prepare your preschooler to learn. Ideal for children 3-5, but all are welcome.

Storytime Ballet: Swan Lake

Saturday, September 7 at 10 am Join the Hickory Ballet and Performing Arts for an interactive experience that shows how stories - including this one about a princess turned into a swan - are told through dance. An activity tied to the ballet will follow. Open to all ages and families.

Preteen Council Meeting and Book Club

Thursday, September 12 at 4 pm At our preteen book club – book club, minus At our preteen book club — book club, minus the boring adults! — we'll be discussing the first book of the Castle Glower series, Tuesdays at the Castle, by Jessica Day George. Preteen Council will meet at the beginning of book club for a quick update on SpookyCon planning. Ages 10-13 are welcome to join both the meeting and book club.

STEAM: Little Bits

Saturday, September 28 at 10 am

Kids who love invention and gadgets will have a blast as they discover the basics of electronic circuitry with our Little Bits sets. The



color-coded, modular blocks let participants learn about technology as they create different configurations. Designed for children 7-13, but all are welcome!

Adults / Career / Tech Digital Resources Drop-in

Tuesday, September 10 from 6-8 pm Do you know how to download a digital audiobook? Did you know you can stream free movies? All you need is a library card! Patrons will learn how to access these materials and more with the Hoopla and Libby apps. Bring your own device, and we'll help you install the apps and enjoy lots of free resources!

Advanced Gardener: Mushrooms

Tuesday, September 24 at 6:30 pm Join Dr. George Place, Cooperative Extension director, for a presentation about foraging and cultivating mushrooms. Become a confident mushroom hunter and discover how easy it is to grow your own mushrooms.

SHERRILLS FORD-TERRELL 828.466.6827

Children / Teens / Families

Preschool: Ready to Learn Storytime Wednesdays & Thursdays at 10 am Songs, sensory play, crafts, and stories designed to prepare your preschooler to learn. Ideal for children 3-5, but all are welcome.

Tiny to Two: Ready to Learn Storytime

Fridays at 10 am

rhymes, bounces, sensory play, and singing. Playtime follows. Ideal for newborns to age 2, buť all are welcome.

STEAM Explorers

Wednesday, September 18 at 4 pm Kids 7-13 are invited to learn about science concepts through hands-on experience. This month, we'll learn about aerodynamics as we design and compete against each other in a paper plane competition.

Storytime Ballet: Swan Lake

Saturday, September 28 at 10 am
Join the Hickory Ballet and Performing Arts for an interactive experience that shows how stories – including this one about a princess turned into a swan - are told through dance. An activity tied to the ballet will follow. Open to all ages and families.

Adults / Career / Tech Mystery Mavens Book Club Tuesday, September 3 at 6:30 pm

Join us for a lively discussion of *Grist Mill Road* by Christopher Yates. October's discussion will focus on *The Word is Murder* by Anthony Horowitz.

Tai Chi for Healthy Living
Fridays, September 6, 13, 20, and 27 at 11 am
This series of tai chi classes is taught by a certified instructor via live video feed. Combining the *Tai Chi for Health* and *A* Matter of Balance principles, the class aims to increase activity levels, enhance fitness, and prevent falls in adults of all ages. Participants are asked to complete a survey and sign a waiver, so come early to your first class to complete the paperwork. To register, call Neighbors Network at 828.464.1111.

Universe of Stories: Non-fiction Book Discussion

Monday, September 16 at 6:30 pm 9/11. Terrorists, airplanes, the World Trade Center, and the Pentagon. When American airspace closed for almost four days, what happened to the international flights already on their way to America? Join us as we discuss The Day the World Came to Town: 9/11 in Gander, Newfoundland by Jim DeFede, and learn how the residents of one small Canadian town, through acts of kindness and goodwill, touched the lives of thousands of people. LIBRARY CONNECTIONS SEPTEMBER 2019

Friends of the Sherrills Ford-Terrell Library Meeting

Tuesday, September 17 at 6:30 pm Help the library fulfill its mission by planning and participating in efforts to raise funds and increase access to high-quality programming and materials. New members are encouraged.

Piano Recital by Joyce O'Neal Tuesday, September 24 at 6 pm Expect to hear well-known piano compositions and pianistic surprises! As part of her recital series, local resident Joyce O'Neal will present works by Beethoven, Debussy, Ravel, Walter Piston, and George Gershwin. Sponsored by the Friends of the Sherrills Ford-Terrell Library.

Language Learning with Mango Monday, September 30 at 5:30 pm We'll show you how to access Mango with your library card, and you'll be ready to learn any of 70+ languages at your own pace with easy-to-follow tutorials. Prepare for business trips, family vacations, or study abroad with practical, conversation-based lessons!

"Ask a Master Gardener" @ the Library Now it's easy to get professional gardening recommendations anytime. Just submit your questions to an "Ask a Master Gardener" question box at the library.

SOUTHWEST 828.466.6818

Children / Teens / Families Preschool: Ready to Learn Storytime

Wednesdays at 10 am and Thursdays at 11 am Songs, sensory play, crafts, and stories designed to prepare your preschooler to learn. Ideal for children 3-5, but all are welcome.

Paws to Read with Mini

Tuesdays, September 10 and 24 from 4-6 pm Elementary-aged children are invited to read to Mini, a certified therapy dog. Please sign up for a 15-minute session. Grades K and up.

Adults / Career / Tech Comforting Classics: Coloring & Music Monday, September 9 at 6 pm

To celebrate Classical Music Month, de-stress by listening to classical music and coloring. Perfect for children and adults.

Mountain View Book Buzz

Tuesday, September 10 at 6 pm Join us this month for a discussion of *Love Medicine* by Louise Erdrich. All are welcome.

Catawba Songwriters

Tuesday, September 17 at 6 pm Adults and teens are invited to share their musical talents while learning from one another. Bring a finished song or one that's in progress to share with the group.

Digital Resources: Hoopla

Monday, September 30 at 6 pm This computer class will introduce Hoopla, a free app that lets you download and stream movies, TV series, music, and ebooks. Patrons will learn how to set up a Hoopla account using their library card and email address so that they can get started right away!

ST. STEPHENS 828.466.6821

Children / Teens / Families

Preschool: Ready to Learn Storytime Wednesdays & Thursdays at 10 am; Tuesday evenings át 6 pm

Songs, sensory play, crafts, and stories designed to prepare your preschooler to learn. Ideal for children 3-5, but all are welcome.

Grandparents Day Celebration Thursday, September 12 at 4 pm Children are invited to bring their grandparents to celebrate National Grandparents Day. As a way to say 'thank you,' kids will interview their grandparents and get to know them even better. After the interviews, children and grandparents will create a keepsake to help them always remember this capacial day. Link them always remember this special day. Light refreshments will be served.

Crafternoons: Foam Pumpkins

Thursday, September 19 at 4 pm Are you ready for fall decor? Join us to get a jump on the season as we decorate mini foam pumpkins. They're a perfect addition to make your fall table festive! Registration required.

Family Movie at the Library: Captain Marvel Friday, September 20 at 3:30 pm

Join us for a fun afternoon! Captain Marvel is an extraterrestrial Kree warrior who finds herself caught in the middle of an intergalactic battle between her people and the Skrulls. Popcorn and a beverage will be served. PG-13.

TAB (Teen Advisory Board) Meeting Friday, September 27 at 4:30 pm If you have thoughts about what you'd like to see at the library or have suggestions for books or teen programming, plan to attend our Teen Advisory Board informational meeting. You'll get a voice in what happens at the library, and serving on the Board looks great on a college application or job resume. Open to teens 12-18.

Storytime Ballet: Swan Lake Saturday, September 28 at 1 pm Join the Hickory Ballet and Performing Arts for an interactive experience that shows how stories – including this one about a princess turned into a swan – are told through dance. An activity tied to the ballet will follow. Open to all ages and families.

Adults / Career / Tech

Yoga Align

Mondays at 6 pm (no class September 2 or 16) This class complements the body's natural movement, using alignment poses to train for proper placement and to prevent injury. Challenge yourself and build confidence in your practice as you gain mobility, stability, and strength. Perfect for any skill level; modifications are offered. Participants should bring a yoga mat or thick towel for floor work. Open to ages 14+ (parental signature required for teens under 18)

Adult Coloring Club: Fall

Saturday, September 7 at 2 pm Come relax by coloring your stress away. We'll provide the themed coloring sheets, markers, and crayons to help you get started.

St. Stephens Book Club for Adults

Monday, September 9 at 6:30 pm
We're just getting started with this new club, so anyone who loves reading and talking about books is invited to attend! This month, participants are asked to read an author they haven't read before and come prepared to share what they liked about the book, along with any other information they found interesting. Join us and invite a friend!

Cypress Resumé

Wednesday, September 11 at 10 am Cypress Résumé is a free, easy-to-use resumé builder. This class will guide you through a three-step process to get you started on creating a professional, high-quality resumé.

Starting a Business in North Carolina Tuesday, September 17 from 6-7:30 pm Program presented in Spanish

This free seminar will provide information on practically everything you need to know about starting a business in North Carolina, including licenses, state requirements, financing, and grants. It's presented by Prospera, a non-profit, economic development organization that provides free bilingual consulting support to minority and Hispanic business entrepreneurs.

Informational Seminar for Latin Families Tuesday, September 24 from 5:30-7:30 pm Program presented in Spanish

The Catawba County Library, in conjunction with the Catawba County Partnership for Children, is hosting a series of informational seminars for Latino families. This month, we'll be sharing resources available for families with children from birth to age 5. Kids' activities and light refreshments will be provided.

Stream Happily Ever After!

Thursday, September 26 at 4 pm Are you ready to cut the cable or satellite TV cord? Join us as we explore popular streaming options that you can consider as alternatives.

LIBRARY TO GO

Celebration of Nations

Saturday, September 7 from 10 am-2 pm on CVCC's front lawn (2550 Hwy 70 SE, Hickory) We're celebrating cultural diversity in the county as we share books and music, make a special craft, and invite people to learn more about what makes our local communities so incredible. Expect plenty of other activities and performances, plus food trucks!

NEW! Catawba Library Stop

First and third Thursdays from 10 am-6 pm at Redeemer Lutheran Church (200 S Main St,

We're bringing the library to the Town of Catawba! Beginning September 19, we'll have a regular stop, so join us for storytimes, get answers to computer and device questions, and check out materials. For more details, call Greta Caldwell at 828.465.9489.

SYSTEMWIDE

Digital Book Club

Thursday, September 19 at noon Join our digital book club meeting, customized for folks who read with the Overdrive and/ or Hoopla apps. Share your thoughts on the Catawba County Library Digital Book Club Goodreads group [https://www.goodreads. com/group/show/883104-digital-bookclub]. Digital Book Club 'meets' quarterly on Goodreads. Our fourth quarter selection is The Museum of Modern Love by Heather Rose. We'll have a closing discussion online on September 19 at noon and announce our next quarterly selection at that time as well.

LABOR DAY HOLIDAY

All seven branches of the library will be closed on Monday, September 2.

