

**Catawba County Board of Health
Minutes
December 4, 2017**

The Catawba County Board of Health met on Monday, December 4, 2017. Preceded by holiday refreshments, the regular meeting of the Board of Health convened at 7:00 pm at Catawba County Public Health, 3070 11th Av Dr SE, Hickory, NC 28602 in the Boardroom.

Members present: Dr. David C. Hamilton, Jr, Chair
Dr. Matthew Davis, Vice-Chair
Mr. John H. Dollar
Ms. Dana H. Greene
Ms. Susan Knowles
Mr. Brian Potocki
Mr. William Pitts

Members Absent: Ms. Gloria Costin
Mr. Dan Hunsucker, County Commissioner
Dr. Sharon Monday

Staff present: Mr. Doug Urland, Health Director
Ms. Jennifer McCracken, Assistant Health Director
Ms. Julie Byrd, WIC Nutrition Supervisor
Mr. Scott Carpenter, Environmental Health Supervisor
Ms. Megen McBride, Environmental Health Supervisor
Ms. Rhonda Stikeleather, Children's Services Nurse Supervisor
Ms. Chantae Lail, Lab Manager
Ms. Sarah Rhodes, Clinical Nurse Supervisor
Mr. Jason Williams, Staff Development Specialist
Mr. Zack King, Community Health Analyst
Ms. Debra Young, Administrative Assistant II
Ms. Emily Killian, Community Engagement Specialist
Ms. Tania Harper, Quality Improvement Coordinator

Visitor: Dr. William Donigan, Dental Director for Gaston Family Health Services

CALL TO ORDER

Dr. David Hamilton, Chair, called the meeting of the Catawba County Public Health Board to order at 7:00 pm.

APPROVAL OF THE AGENDA

Dr. David Hamilton, Chair, stated that Board members had received the agenda. Dr Hamilton asked if there were any changes. No changes were noted and Ms. Susan Knowles made a motion to accept the agenda and Mr. John Dollar seconded the motion. The motion passed unanimously.

APPROVAL OF MINUTES

The minutes for November 6, 2017, were included in the Board packet that the Board members received via email. Dr. David Hamilton, Chair, asked if there were any corrections. No corrections were noted and Mr. William Pitts made a motion to accept the minutes as presented and Mr. Brian Potocki seconded the motion. The November 6, 2017 minutes were approved unanimously.

PUBLIC COMMENTS

Mr. Dollar asked if anyone presented to speak before the Board. Ms. Debra Young, Administrative Assistant II, stated that no one had presented to speak.

COUNTY COMMISSIONER'S COMMENTS

Mr. Dan Hunsucker, County Commissioner, was unable to attend this meeting so no Commissioner's comments were available.

NEW EMPLOYEE

Ms. Debra Young, Administrative Assistant II, stated there were no new employees hired since the last Board meeting.

CATAWBA FAMILY DENTISTRY

Dr. William Donigan, Dental Director for Gaston Family Health Services, updated the Board of Health on the Dental Practice housed at Public Health. He gave a brief history of the practice, support and referrals from community partners as well as the dedicated staff that keep the practice operating. The dental practice has 1.6 full time providers, operating four full days each week. For fiscal year October 2016 to September 2017, 24 percent of the dental patients were adults. There have been 4,600 new dental patients via referrals from the navigator. Dr. Ann Kennedy has obtained hospital privileges at Catawba Valley Medical Center (CVMC) and will begin dental operating room cases two days per month.

Dr. Donigan shared information on their Mobile Dental Unit (MDU) that was onsite this evening for anyone to tour prior to the start of the Board meeting. The MDU is a fully functional dental clinic providing well dental care and screenings. The three Catawba County school districts have embraced the mobile dental unit and the unit will have committed to serve 19 schools this school year. If a patient needs additional treatment beyond what the MDU can accommodate, they are given a referral to Catawba Family Dental. Dr. Donigan reported that the navigator, Brenda, is housed at Public Health. She calls every parent after the child's visit and explains the care that was provided and provides a referral, if needed.

Dr. Donigan commended Catawba County Public Health for their continued partnership with Gaston Family Health Services.

The dental presentation and contact information is attached to these minutes. Ms. Rhonda Stikeleather, Children's Services Supervisor, continues as the liaison between the dental practice and Public Health.

LEAD PREVENTION UPDATE

Ms. Rhonda Stikeleather, Children's Services Supervisor, provided an update to the Catawba County Lead Prevention Program. Lead poisoning comes from a variety of sources such as dust or flakes from peeling or chipping paint, which then transfers from the child's hand to their mouth and enters the bloodstream. It also comes from other sources such as cosmetics, jewelry, pottery, food additives, traditional medicines and fishing sinkers. Lead levels will depend on the exposure to the source. If a child is tested and has an elevated blood level of >20ug/dl, then the child is followed until the level falls below 5ug/dl. Elevated blood lead levels can cause a reduced IQ and learning disabilities in children. Elevated blood lead levels can cause preeclampsia in pregnant women

Ms. Stikeleather stated that primary care providers, OB-GYN offices and the WIC program test for blood lead levels, based on a screening questionnaire. Children covered by Medicaid are tested at ages 12 and 34 months, immigrant children upon entry into the US and pregnant women are tested if they have a positive screening.

Ms. Stikeleather reported that two members of the Environmental Health team recently passed the training to conduct lead testing in homes, businesses, soil, etc. Ms. Stikeleather's presentation is attached to these minutes.

OPIOID UPDATE

Mr. Zack King, Interim Public Health Strategist, reported on the impact of opioids in Catawba County. As shown by the data included in the presentation, NC had over a 25% increase in North Carolinians that died from opioid overdose in 2016. In Catawba County, from 2010-2016, there were between 11-15 unintentional opioid-related overdoses per 100,000 people. Catawba County has created a public *Opioid Impact Dashboard* as a repository for updated information, statistics, and data.

North Carolina's Opioid Action Plan was released at the Opioid Misuse and Overdose Prevention Conference in the spring. This conference was attended by Mr. Urland, Mr. King, Ms. Emily Killian, Assistant County Manager Dewey Harris, and Tami Hefner, Assistant Director at Social Services. There are several key players leading the state's action plan, including the Division of Public Health, the NC Public Health Association (NCPHA), and the NC Association of Local Health Directors (NCALHD).

The STOP Act was also passed as legislation in the spring. Main areas of interest in the STOP Act include mandated reporting and monitoring by providers in the Controlled Substance Reporting System (CSRS); increase access to naloxone by allowing for distribution by community-based sites like local health departments; and changing prescribing practices by limiting pill count quantity in opioid prescriptions.

Mr. King reported on the local opioid workgroup has been convened. Their work includes the dashboard, asset mapping and identification of best practices. Additionally, there is exploration of "Hub" models for mental health/substance abuse care delivery, the Hepatitis C Coalition, Gaston Family Health Services and CVMC Maternity Services Medication Assistant Therapy (MAT) Partnership that will begin on January 10, 2018, the Olive Branch safe syringe exchange program, access to naloxone and the Lock Your Meds campaign. Mr. King's presentation is attached to these minutes.

TOBACCO POLICIES UPDATE

Mr. Zack King, Interim Public Health Strategist, gave an update on the Catawba County tobacco policy. Tobacco is one of the top three leading causes of death in Catawba County, our state and in the nation. Approximately 82.6% of regional residents are non-smokers and 67.6% of smokers in our region have stopped smoking for one day or longer in the past 12 months because they were trying to quit. Mr. King reviewed the tobacco policy timeline and reported on areas in which Catawba County is moving forward in the upcoming year. Mr. King's presentation is attached to these minutes.

FEE CHANGE – CPR FIRST AID TRAINING

Mr. Doug Urland, Health Director, brought a Memorandum for an Increase and Changes to the CPR/First Aid Fees. The Memo was previously emailed in the Board packet. Mr. Urland gave an overview as to why the current fee increase was being requested. After discussions, a motion was made by Mr. William Pitts for the increase and structure change to the CPR/First Aid fee as presented and Mr. John Dollar seconded the motion. The motion passed unanimously.

HEALTH DIRECTOR'S REPORT

Mr. Doug Urland, Health Director, stated that Medicaid Reform continues and that Public Health is considered a 'safety net' provider. There is a Medicaid Reform meeting on December 11th that both Mr. Urland and Ms. Jennifer McCracken, Assistant Health Director will attend.

Public Health held a mock live session today for Cure MD and will go 'live' tomorrow. Mr. Urland will keep the Board updated regarding the conversion to Cure MD.

Mr. Urland reminded the Board that the Public Health annual report will be forthcoming via email.

Mr. Urland reported that the County Commissioners have changed their meeting days effective April 2018. The Board of Health will need to change their monthly board-meeting day due to this change. More information and discussions will follow.

Mr. Zack King was name one of the “Top 10 under 40” in the Young Professionals Group.

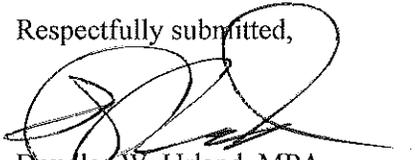
OTHER BUSINESS

Based on the holidays and the Board meeting schedule, Mr. Urland stated that the January Board meeting has been cancelled in years past. Mr. William Pitts made a motion to cancel the January 2018 meeting and Dr. Matthew Davis seconded the motion. The January 2018 meeting cancellation was unanimously approved. The next Board of Health meeting will be February 5, 2018.

ADJOURNMENT

The meeting adjourned at 8:49pm

Respectfully submitted,



Douglas W. Urland, MPA
Health Director

DWU: day