Catawba County Board of Health
Minutes
January 14, 2019

The Catawba County Board of Health met on Monday, January 14, 2019 at 7:00 pm at Catawba County Public Health, 3070 11th Ave Dr SE, Hickory, NC 28602 in the Boardroom.

Members Present:  
Dr. David C. Hamilton, Jr., Chair  
Dr. Matthew Davis, Vice-Chair  
Mr. Dan Hunsucker, County Commissioner  
Ms. Gloria Costin  
Mr. John H. Dollar  
Dr. Dana H. Greene  
Dr. Gale Hamilton-Brandon  
Ms. Susan Knowles  
Mr. William Pitts  
Mr. Brian Potocki

Members Absent:  
None

Staff present:  
Mr. Doug Urland, Health Director  
Ms. Jenifer McCracken, Assistant Health Director  
Mr. Scott Carpenter, Environmental Health Supervisor  
Ms. Emily Killian, Community Engagement Specialist  
Mr. Zack King, Public Health Strategist  
Ms. Megen McBride, Environmental Health Supervisor  
Ms. Sarah Rhodes, Clinical Services Nurse Supervisor  
Ms. Kim Spaulding, School Health Nurse Supervisor  
Ms. Rhonda Stikeleather, Children’s Services Nurse Supervisor  
Mr. Jason Williams, Operations Administrator  
Ms. Debra A. Young, Administrative Assistant II

Guests:  
Dr. William Donigan, DDS, Dental Director, Gaston Family Health Services  
Ms. Lina Lemus, WIC Program Assistant  
Ms. Katrina Helton, Administrative Assistant I

CALL TO ORDER
Dr. David Hamilton, Jr., Chair, called the meeting of the Catawba County Public Health Board to order at 7:00pm. He welcomed Board members, Public Health managers, and staff.

APPROVAL OF THE AGENDA
Dr. David Hamilton, Chair, stated that Board members had received the agenda. Dr. Hamilton asked if there were any changes to the agenda and upon hearing none, he asked for approval of the agenda. Mr. William Pitts made a motion to accept the agenda as presented and Mr. John Dollar seconded the motion. The motion passed unanimously.
APPROVAL OF MINUTES
The minutes for November 12, 2018, were included in the Board packet that the Board members received via email. Dr. David Hamilton, Chair, asked if there were any corrections. There being no corrections, Mr. Dan Hunsucker made a motion to accept the minutes as presented and Dr. Matthew Davis seconded the motion. The November minutes were unanimously approved.

PUBLIC COMMENTS
Dr. Hamilton asked if anyone presented to speak before the Board. Ms. Debra A. Young, Administrative Assistant II, stated that no one had presented to speak.

COUNTY COMMISSIONER’S COMMENTS
Mr. Dan Hunsucker, County Commissioner, gave a brief update from the County Commissioners meeting.

- A second tenant has been announced for the Trivium Corporate Center, a 270-acre Class A business park under construction on Startown Road in southeast Hickory. Isotopen Technologien München AG (ITM), a group of specialized radiopharmaceutical companies, plans to construct a manufacturing facility in the park for the production of a new generation of targeted radiopharmaceuticals for the treatment of cancer patients.
- Corning Incorporated announced earlier this year that it would construct a new manufacturing facility for its Optical Communications segment. Corning recently broke ground in Trivium Corporate Center.
- A furniture company is moving into a closed furniture plant off McDonald Parkway in Hickory.
- The study on water and sewer in Southeastern Catawba County should be completed by June.
- Mountain Creek Parks Request for Qualifications of Design is moving forward in the Sherrill’s Ford area.
- The County Jail expansion has slowed down slightly due to the winter weather.

NEW EMPLOYEES
Mr. Jason Williams, Operations Administrator, stated that there are two new employees to introduce to the Board this month.

Ms. Lina Lemus, a Program Assistant in the WIC program, will be responsible for determining eligibility, providing client education and issuing WIC benefits to participants. Ms. Lemus comes to Public Health from Catawba Family Care (a part of Gaston Family Health Services) where she worked as a patient service representative.

Ms. Katrina Helton, an Administrative Assistant I, will support the Clinical, Laboratory, Preparedness, and Children’s Services divisions. Ms. Helton will responsible for a number of administrative duties including coordinating policy, procedure, and standing order updates and revisions, assisting with the documentation of Communicable Disease and TB patient information, and providing support to the Public Health EPI Team, along with other duties. Ms. Helton holds an
Associate's Degree in Office Administration from CVCC and comes to Public Health from Carmax where she was a Management Assistant

GASTON FAMILY HEALTH SERVICES ANNUAL DENTAL UPDATE
Dr. William Donigan, DSS, Dental Director for Gaston Family Health Services, updated the Board of Health on the Dental Practice housed at Public Health. He gave a brief history of the practice, support and referrals from community partners as well as the dedicated staff that keep the practice operating.

The dental practice has 1.6 full time providers and 2.5 clinical support staff and operates four full days each week. Dr. Donigan stated that the practice is looking to expand to offer orthodontics and dentures in the future.

The Child Health Outreach Program (CHOP) served 225 children through WIC and 190 pregnant women via the Navigator that both WIC and CVMC Maternity Services share. A total of 4,145 patients came through Catawba Family Dentistry by way of the Navigator housed at Public Health.

The Mobile Dental Unit (MDU) provides preventive services to children in Catawba County. The MDU has three chairs, a digital panoramic machine, dedicated staff and has regularly scheduled care in all three Catawba County school districts. All services that are available in a dental office are available on the MDU. A second Navigator contacts parents within 24 hours to attempt to schedule their child an appointment.

Dr. Donigan stated his staff spend a lot of time with education – teaching parents and caregivers how to take care of their teeth and overall dental health. The practice, as a whole, believes that education is key and the earlier good dental hygiene is taught, the better the outcome is.

In 2018 there were 1,624 children seen on the MDU and 3,984 patients seen in the dental clinic.

The Dental Update PowerPoint presentation is attached to the Minutes.

MEDICATION ASSISTED TREATMENT (MAT) UPDATE
Mr. Doug Urland, Health Director, gave a brief update on the Medication Assisted Treatment (MAT) Program that began in Catawba County in 2018. The MAT program supports substance-abusing women who are pregnant. This program has a team approach, which includes a physician that has special certification in this type of program; behavioral health and support staff along with Catawba County Public Health, WIC, CVMC MS, and Catawba Women’s Center physicians that provide the high-risk prenatal services.

The MAT program supports the participant through 24 months. This is an important part of the program, as the services do not end directly after delivery. There is a heavy emphasis on parenting education and skills. These additional services benefit the participant and their baby, as they have the provider still engaged for additional time after delivery.
Potential participants are identified by the initiation of prenatal care. From January to November 2018, there were 40 patients engaged in this voluntary program with an average show rate of 8.4%. There are 12 patients currently enrolled in program.

Out of nine births, the average hospital stay for infants was 7.87 days compared to 16.9 days for an average baby with Neonatal Abstinence Syndrome (NAS).

HEPATITIS C UPDATE
Mr. Doug Urland, Health Director, presented information on the Hepatitis C Treatment Coalition that was established in Catawba County in January 2017. The Coalition was originally tasked with connecting various agencies to see what type of services were provided and what resources were available in the community. In addition, the coalition reviewed referral processes and identified overlapping services. Various pharmaceutical companies were involved in the initial process and also assisted with the formation of the coalition. A grant was then written for a Hepatitis C Bridge Counselor and it was awarded to Gaston Family Health Services (GFHS). Catawba County Public Health provides the office space and clinical space, if needed, for the Bridge Counselor but the services are available for all of the community, not just Public Health patients.

From January to October 2018 there were 113 referrals received. Of those referrals, there were 65 linked to care and 16 are in treatment.

The role that the Bridge Counselor plays is monumental in linking the patient with services they need in the community and is a great resource to the Hepatitis C Coalition.

Catawba County Public Health and the Coalition recently received $10,000 from the State for lab testing services.

BUDGET REVISION – DUKE ENDOWMENT GRANT
Mr. Jason Williams, Operations Administrator, brought forth a Memorandum for the Duke Endowment Grant Award Budget Revision. The Memo was previously emailed in the Board packet. Mr. Williams gave an overview regarding the additional funding for the current fiscal year relating to the award of a grant from the Duke Endowment foundation. The grant award of $450,000 will be paid in installments of $150,000 per year over the next three years. The funds will be used to continue and expand the work of LiveWell Catawba in the program areas of LiveWell Schools, LiveWell Early Childhood, LiveWell Out-of-School Time, Exercise is Medicine, LiveWell at Worship/Faithful Families, as well continue to support local farmer’s markets and coordinate the local food council.

A breakdown of the appropriation is included in the attached Memo and includes:
- $33,090 in salary and fringe for a community engagement specialist for the remainder of the current fiscal year
- $500 in meeting expenses
- $2,000 in IT equipment
- $114,410 in Healthy People Implementation

Mr. Williams stated that any funds not utilized by June 30, 2019 will be reserved for use in upcoming fiscal years and that there is no local county funding required as a part of this project.
After discussions, a motion was made by Mr. John Dollar to accept the Duke Endowment Grant Budget Revision as presented and Mr. William Pitts seconded the motion. The motion passed unanimously.

**HEALTH DIRECTOR’S REPORT**

Mr. Doug Urland, Health Director, stated he had a few additional brief comments to report:

- It is budget time again – Budget committee meeting is coming up. Will report back to the Board in February
- Budget will be presented at the Board of Commissioners meeting in early June
- Medicaid Transformation 1115 waiver update - State sent to Federal government. Changing from Fee for Service to Managed Care Medicaid in NC. Health care companies have applied for the standard plan and the four that are selected will be announced in mid-February. Partners Behavioral Healthcare, our managed care group, will be considered a tailored plan. Catawba County Public Health is already in a managed care type plan – now will be moving to prepaid health plans.
- Will be some ‘healthy opportunities’ pilots – looking at determinants of health.

Ms. Sarah Rhodes, Clinical Services Nurse Supervisor, updated the Board regarding the upcoming Pointing Towards Wellness Event. The “Point in Time” count occurs annually in communities across the country. This is an unduplicated count on a single day of those who are homeless in a community. Partners Behavioral Health coordinates the event for Catawba County, which is held in multiple locations. CCPH is coordinating a community wellness event on January 31st in conjunction with the point in time count. The event is called “Pointing towards Wellness” and will be held at the Hickory Soup Kitchen. Catawba County Public Health has coordinated with other agencies to offer services to the community on this day. These services will be available to all members of the community, not just those participating in the point in time count.

Services offered include:

- Flu vaccine (100 doses donated by CVMC)
- Hepatitis A and B Vaccines (provided by the State)
- Harm Reduction (syringe exchange/wound care kits/care kits)
- Testing for HIV, Hepatitis C and Syphilis by ALFA and DHHS Communicable Disease Branch
- Counseling and assistance accessing primary care (Catawba Family Care will be assisting)

Agencies participating include: Catawba County Public Health, ALFA, Olive Branch Ministries, Hickory Soup Kitchen, Partners Behavioral Health, Greater Hickory Cooperative Christian Ministries (GHCCM), Gaston Family Health Services/Catawba Family Care, and Catawba Valley Medical Center.

Mr. Urland informed the Board that a revised *Board of Health Contact List for FY 2018-19* was placed at their seat. This document is brought forth from the December 2018 meeting that was cancelled due to inclement weather. Mr. Urland stated that no other changes have been made to the Board of Health notebook for the year.
December and January monthly infographics are included in Board packet.

OTHER BUSINESS
None

ADJOURNMENT
There being no further business, Dr. David Hamilton asked for a motion to adjourn. Mr. John Dollar so moved, Dr. Matthew Davis seconded the motion. Dr. Hamilton adjourned the meeting at 8:07 pm.

Respectfully submitted,

[Signature]

Douglas W. Urland, MPA
Health Director

DWU: day

Approved by Board of Health: February 11, 2019