

**Catawba County Board of Health  
Minutes  
April 9, 2018**

The Catawba County Board of Health met on Monday, April 9, 2018 at 7:00 pm at Catawba County Public Health, 3070 11<sup>th</sup> Ave Dr SE, Hickory, NC 28602 in the Boardroom.

**Members Present:** Dr. David C. Hamilton, Jr, Chair  
Dr. Matthew Davis, Vice-Chair  
Ms. Gloria Costin  
Mr. John H. Dollar  
Ms. Dana H. Greene  
Ms. Susan Knowles  
Mr. Brian Potocki  
Mr. William Pitts  
Mr. Dan Hunsucker, County Commissioner  
Dr. Sharon Monday

**Members Absent:** None

**Staff present:** Mr. Doug Urland, Health Director  
Ms. Jennifer McCracken, Assistant Health Director  
Ms. Julie Byrd, WIC Director  
Ms. Megen McBride, Environmental Health Supervisor  
Ms. Jennifer Lindsay, School Health Nurse Supervisor  
Ms. Sarah Rhodes, Clinical Nurse Supervisor  
Mr. Jason Williams, Staff Development Specialist  
Mr. Zack King, Community Health Analyst  
Ms. Debra Young, Administrative Assistant II  
Ms. Sindie Sigmon, Business Manager  
Ms. Emily Killian, Community Engagement Specialist  
Ms. Julie Yang, Environmental Health Specialist  
Ms. Gesica Reyes, WIC Program Assistant  
Ms. Leslie Bromberg, Environmental Health Specialist

**CALL TO ORDER**

Dr. David Hamilton, Jr, Chair, called the meeting of the Catawba County Public Health Board to order at 7:00 pm.

**APPROVAL OF THE AGENDA**

Dr. David Hamilton, Chair, stated that Board members had received the agenda. Dr Hamilton asked if there were any changes. No changes were noted and Mr. William Pitts made a motion to accept the agenda and Mr. Dan Hunsucker seconded the motion. The motion passed unanimously.

**APPROVAL OF MINUTES**

The minutes for March 5, 2018, were included in the Board packet that the Board members received via email. Dr. David Hamilton, Chair, asked if there were any corrections. No corrections were noted and Mr. William Pitts made a motion to accept the minutes as presented and Mr. Dan Hunsucker seconded the motion. The March minutes were approved unanimously.

**PUBLIC COMMENTS**

Dr. Hamilton asked if anyone presented to speak before the Board. Ms. Debra Young, Administrative Assistant II, stated that no one had presented to speak.

### **COUNTY COMMISSIONER'S COMMENTS**

Mr. Dan Hunsucker, County Commissioner, stated that the budget process is ongoing and the County Commissioners are meeting with the County Manager this month. The next step is public hearings, which have been scheduled for May.

Commissioner Hunsucker reported that there is a school safety meeting on April 20<sup>th</sup> to brainstorm enhancements for school safety and Proclamations for National Volunteer week and Public Health month are on the Agenda for the next Board of Commissioners meeting on April 16<sup>th</sup>.

### **NEW EMPLOYEES**

Mr. Jason Williams, Staff Development Specialist, stated three new employees are present to be introduced to the Board. Gesica Reyes is returning to Catawba County Public Health as a Program Assistant in the WIC clinic. Gesica has over four years of WIC experience and holds a Bachelor's Degree in Business Administration from Colorado Technical University.

Leslie Bromberg is a new Environmental Health Specialist within the Food, Lodging, and Institutional Division. Leslie earned a Bachelor's Degree in Environmental Studies from UNC Wilmington and has over 11 years of experience in environmental health, most recently with Mecklenburg County Public Health.

Julie Yang has filled the newly approved Environmental Health Specialist position and is working within the Food, Lodging, and Institutional Division. Julie earned a Bachelor's Degree in Environmental Health from East Carolina University and has three years' experience in environmental health, most recently Iredell County Health Department.

### **PUBLIC HEALTH PROCLAMATION**

Mr. Urland read the Public Health Month Proclamation. There being no discussion, Ms. Gloria Costin made a motion to approve the Proclamation and Dr. Sharon Monday seconded the motion. The Public Health Month Proclamation was unanimously approved.

### **NATIONAL CANCER CONTROL MONTH**

Ms. Jennifer McCracken, Assistant Health Director, introduced Ms. Angela Hunter and her mother. Ms. Hunter and her family are advocates for pancreatic cancer awareness – they participate in events year-round in honor of her dad. Ms. Hunter stated that research shows 71% of pancreatic cancer patients die within the first year of diagnosis – Ms. Hunter's father survived 10 months. Pancreatic cancer has moved from fourth place to third, as the leading cause of cancer deaths in the United States. The overall goal is to double patient's survival rate. Unfortunately, pancreatic cancer symptoms are so vague that most people do not know something is wrong until it the cancer has progressed too far.

Mr. Urland read the National Cancer Control Month Proclamation. There being no discussion, Dr. Sharon Monday made a motion to approve the Proclamation and Mr. William Pitts seconded the motion. The National Cancer Control Month Proclamation was unanimously approved.

### **GRANT FUNDS (MEMOS)**

#### **Duke Endowment Funds**

Mr. Doug Urland reiterated the attached Memo for *Duke Endowment Funds* that was approved by the Board of Commissioners last month, based on the approval from the Board of Health in April. This is the same grant that Public Health has had in previous years. Public Health has reapplied for another 3-year grant and will receive the notification in June as to status of that grant application.

Mr. Hamilton asked if there were any questions regarding the Duke Endowment Funds. Hearing none, Mr. Pitts made a motion to approve the increase to the Public Health budget as presented this evening in the aforementioned Memo and Dr. Sharon Money seconded the motion. The motion was unanimously approved.

### **Increase in State Grant Funds**

Mr. Doug Urland reviewed the attached Memo for an *Increase in State Grant Funds*. The state funds grants request was also approved by the Board of Commissioners in March, based on the approval from the Board of Health in April. There being no discussions, Mr. John Dollar made a motion to approve the increase in state grant funds as outlined in the Memorandum and Dr. Matthew Davis seconded the motion. The Board unanimously approved the increase.

### **CHILD FATALITY PREVENTION TEAM (CFPT) ANNUAL REPORT**

Ms. Jennifer McCracken, Assistant Health Director shared an Infographic covering the Child Fatality Prevention Team (CFPT) annual report, which included what the CFPT is responsible for and how it is a State mandated team. The CFPT is a multidisciplinary team from all around the county and this team works with the State Child Fatality Task Force to help improve system issues.

Ms. McCracken noted that Catawba County had less deaths in 2016 (13) than in 2015 (18) and almost half of the deaths reviewed involved children under the age of one. Safe sleep is an ongoing topic and it is sometimes difficult making sure infants have a safe sleep environment and has the appropriate sleeping arrangement. The CFPT has found that some infants sleep in an adult's bed, on a couch or in a crib or bassinet but with a lot of blankets and other items that may cause suffocation or entanglement.

As a multidisciplinary team, the CFPT will continue to encourage and educate practices and agencies discussing drug dependency with the mothers. Last year, the CFPT received information and training from Gaston Family Health Services regarding the Medication Assisted Treatment (MAT) program that is now offered at Catawba County CVMC MS as well.

A copy the CFPT Infographic is attached to these minutes.

### **PREPAREDNESS UPDATE**

Ms. Chantae Lail, Preparedness Coordinator, gave an overview of the 'all hazards approach', which means the plan would cover any emergency that Catawba County Public Health may take part in. Catawba County Emergency Management has used this approach for some time now. Public Health's Strategic National Stockpile (SNS) plan is multifaceted so individual sections may be divided out as needed for the particular situation at hand.

Ms. Lail updated the Board regarding new security enhancements that are being implemented at Public Health including new procedures for safety personnel being stationed at the front receptionist area, notifying the hospital security to do additional patrolling while evening meetings and events are planned, and additional education to staff regarding security measures for employee entrance. Public Health also had a mock Active Shooter Drive in March. These drills have been very beneficial to Public Health staff, similar to how a fire drill helps trains staff. Another security enhancement Ms. Lail mentioned was the upcoming installation of High Pressure Sodium (HPS) Lights in the Public Health parking lots, the installation of overhead security cameras in public areas only, which will help monitor flow in and out of the building, and the installation of two additional panic buttons.

The Preparedness presentation is attached to these minutes.

### **STATE OF THE COUNTY HEALTH REPORT (SOTCH)**

Mr. Zack King, Interim Public Health Strategist, gave an overview of the State of the County Health (SOTCH) Report. Mr. King stated that the STOCH is completed every other year while the more comprehensive County Health Assessment (CHA) is produced every four years, lastly in 2015. The purpose of the SOTCH is to gather data concerning health priorities; updates community initiatives and acknowledge emerging trends. Mr. King noted that three common behaviors (physical inactivity, poor diet, and tobacco use) lead to four most common diseases (cancer, Type 2 diabetes, lung disease, and heart disease/stroke)

which account for 54 percent of deaths in Catawba County. According to 2018 NC State Center for Health Statistics data, teen pregnancy has decreased to 27.5 per 1,000 in 2106. Areas of progress noted were the expansion of Coordinate Approach to Child Health (CATCH) program, Faithful Families, and Exercise is Medicine as well as the continuation of Healthy Schools Recognition. Mr. King also announced the Catawba County Health Partners formally introduced a new name for the organization in the fall of 2017. Now called LiveWell Catawba, the nonprofit collaborative coalition will continue to focus on current priority areas of healthy eating, active living, and preventing chronic disease, now within a broader framework of creating a culture of wellness throughout Catawba County. Mr. King's presentation is attached to these minutes and the SOTCH and CHA are available on the Catawba County Public Health website.

<https://www.catawbacountync.gov/county-services/public-health/news-publications/community-health-data/>

Mr. King also informed the group regarding an upcoming program scheduled at Lenoir Rhyne University on April 27, 2018 that is sponsored by the Guardian ad Litem (GAL) program. A viewing of *Resilience, the Biology of Stress & the Science of Hope* will begin at 10:00 am. This documentary highlights the effects of toxic stress, Adverse Childhood Experiences (ACEs) and resilience in children. There will be a panel discussion afterwards. This is a free event and the public is invited.

#### **HEALTH DIRECTOR'S REPORT**

Mr. Doug Urland, Health Director, reminded the Board that the NALBOH annual conference is in Raleigh August 8 – 10<sup>th</sup>. Information was emailed out earlier today regarding early registration and the opportunity to apply for a scholarship. If are interested in attending, the scholarship is open to any first time attendee and is only four questions. The scholarship deadline is tonight. This conference has never been held in North Carolina before so it is the perfect opportunity to attend if you are available.

Director Urland noted the monthly infographics included in the Boards email packet along with the NC Chlamydia and Gonorrhea report that was provided this evening as a follow-up from last month's discussion continue to keep the Board, managers, and other staff, involved in all aspects of Public Health programs on a regular basis. Please share any items that may be included and your feedback is encouraged on what you are seeing and reading.

Mr. Urland recapped that as each person this evening has touched on, there are so many factors that influence the determinates of health – all the way back to the beginning of childhood. Recently, the NC Journal of Medicine published an article relating to Adverse Childhood Experiences (ACEs). Mr. Urland stated that as soon as he receives the electronic version he would forward it to Ms. Young to send out to the Board.

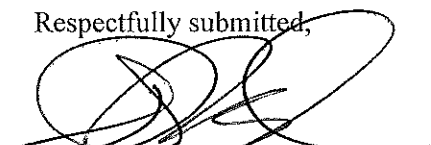
#### **OTHER BUSINESS**

None

#### **ADJOURNMENT**

There being no further business, Dr. Hamilton asked for a motion to adjourn. Mr. Dan Hunsucker motioned to adjourn the meeting, Mr. William Pitts seconded the motion and Dr. Hamilton adjourned the meeting at 8:02 pm.

Respectfully submitted,



Douglas W. Urland, MPA  
Health Director

DWU: day