

**CATAWBA COUNTY BOARD OF HEALTH  
AGENDA**

**Monday, August 7, 2017; 7:00pm**  
Catawba County Public Health Boardroom  
3070 11<sup>th</sup> Av Dr SE, Hickory, NC 28602

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| A. Call to Order                       | Mr. John Dollar, Chair   |
| B. Approval of Agenda                  | Mr. John Dollar, Chair   |
| C. Oath of Office for New Member       | Judge Nathaniel Poovey   |
| D. Nomination of FY17/18 Officers*     | Mr. John Dollar, Chair   |
| E. Approval of June 5, 2017, Minutes   | Mr. John Dollar, Chair   |
| F. Public Comments                     | Mr. John Dollar, Chair   |
| G. Commissioner's Comments             | Mr. Dan Hunsucker, County Commissioner                                 |
| H. New Employees                       | Ms. Marilyn Klinger, Administrative Assistant                          |
| I. Establishment of FY17/18 Committees | Mr. John Dollar, Chair   |
| J. Farmers' Market Update              | Ms. Julie Byrd   |
| K. End of Year Outcomes Summary        | Ms. Jennifer McCracken, Assistant Health Director                      |
| L. Triple P Update                     | Ms. Rhonda Stikeleather, Children's Services Supervisor                |
| M. Environmental Health Update         | Mr. Scott Carpenter, EH Supervisor<br>Ms. Megen McBride, EH Supervisor |
| N. Health Director's Report            | Mr. Doug Urland, Health Director                                       |
| O. Other Business                      | Mr. John Dollar, Chair   |
| P. Adjourn                             | Mr. John Dollar, Chair   |

**Tuesday, September 5, 2017 - 7:00 pm**  
Catawba County Public Health  
3070 11<sup>th</sup> Av Dr SE \* Hickory, NC 28602

**Informational Items:**

July PH Monthly Update (by email)  
End of Year Demographics

\*Denotes Action Item

**Catawba County Board of Health**  
**Minutes**  
**August 7, 2017**

The Catawba County Board of Health met on Monday, August 7, 2017. The regular meeting of the Board of Health convened at 7:00 pm at Catawba County Public Health, 3070 11<sup>th</sup> Avenue Drive SE, Hickory, NC 28602, in the Boardroom.

**Members present:** Mr. John Dollar, Chair  
Dr. David C. Hamilton, Jr, Vice-Chair  
Mr. Dan Hunsucker, County Commissioner  
Dr. Dana H. Greene  
Dr. Matthew Davis  
Ms. Gloria Costin  
Mr. William Pitts  
Mr. Brian Potocki  
Ms. Susan Knowles

**Members Absent:** Dr. Sharon Monday

**Staff present:** Mr. Doug Urland, Health Director  
Ms. Jennifer McCracken, Assistant Health Director  
Ms. Megen McBride, Environmental Health Supervisor  
Ms. Sindie Sigmon, Business Manager  
Ms. Chantae Lail, Lab Manager  
Ms. Jennifer Lindsay, School Health Nursing Supervisor  
Ms. Lia Clinton, Chief PH Strategist  
Mr. Zack King, Community Health Analyst  
Ms. Rhonda Stikeleather, Children's Services Supervisor  
Ms. Sarah Rhodes, Clinical Nursing Supervisor  
Mr. Jason Williams, Staff Development Specialist  
Ms. Marilyn B. Klinger, Administrative Assistant II

**Guest:** Judge Nathaniel Poovey, Superior Court Judge  
Ms. Fay Lilieholm, Retired Public Health Nurse

**CALL TO ORDER**

Mr. John Dollar, Chair, called the meeting of the Catawba County Public Health Board to order at 7:00 pm. He recognized Judge Nathaniel Poovey, Superior Court Judge, and welcomed Board members, Public Health managers, and Public Health staff. Mr. Dollar announced that the Board of Commissioners had re-appointed Dr. Matthew Davis to a second term on this Board as well as approving Ms. Susan Knowles, RN, for her first term on this Board. Before other business was conducted, Mr. Dollar announced changes to the presented agenda including postponement of nominations for officers and establishment of FY17/18 committees until the September 2017 meeting. Also, due to illness, Ms. Julie Byrd, WIC Director, would not be in attendance. Ms. Jennifer McCracken, Assistant Health Director, would present the update on the Public Health Farmers' Market. Lastly, Mr. Dollar noted that Dr. David Harvey had finished his first term on June 30, 2017, and would not be returning for another term due to his pending retirement plans that would move him from Catawba County. Mr. Dollar congratulated Dr. Davis and Ms. Knowles and extended his best wishes to Dr. Harvey in absentia.

**APPROVAL OF THE AGENDA**

Based on the above mentioned changes, Mr. Dollar asked if there were any further changes to the agenda. Hearing none, he asked for approval of the revised agenda. Dr. Matthew Davis made a motion to accept

the agenda as changed and Mr. William Pitts seconded the motion. The motion passed unanimously and business proceeded.

**OATH OF OFFICE NEW MEMBER**

Mr. Dollar called for the oath of office for new Board of Health member, Ms. Susan Knowles, Registered Nurse Member. Ms. Knowles received orientation to the Board prior to this meeting from Doug Urland, Health Director, as well as a Board of Health Member Notebook.

The Honorable Nathaniel Poovey, Superior Court Judge, asked Ms. Susan Knowles to step forward and take her oath of office as a member of the Catawba County Board of Health.

Member, Catawba County Board of Health

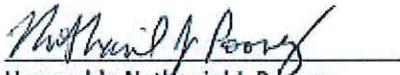
I, Susan Knowles, do solemnly swear that I will support the Constitution of the United States, so help me God.

I, Susan Knowles, do solemnly and sincerely swear that I will be faithful and bear true allegiance to the State of North Carolina and to the constitutional powers and authorities which are or may be established for the government thereof; and that I will endeavor to support, maintain, and defend the Constitution of the said State, not inconsistent with the Constitution of the United States, to the best of my knowledge and ability, so help me God.

I, Susan Knowles, do further swear that I will well and truly execute the duties as a Catawba County Board of Health member according to the best of my skill and ability, according to law, so help me God.

  
Susan Knowles

Sworn to and subscribed before me this 7<sup>th</sup> day of August, 2017:

  
Honorable Nathaniel J. Poovey,  
Superior Court Judge

Judge Poovey thanked the Board for the opportunity to administer the oath of office and their work on behalf of this community. Mr. Dollar thanked Judge Poovey for his service and welcomed Ms. Knowles to the Board of Health.

**NOMINATION OF FY17/18 OFFICERS**

This item was postponed until the September 2017 Board of Health meeting.

### **APPROVAL OF MINUTES**

The minutes for June 5, 2017, were included in the Board packet that the Board members received via email. Mr. Dollar asked if there were any corrections. There being no corrections, Mr. Pitts made a motion to accept the minutes as presented and Commissioner Dan Hunsucker seconded the motion. The June 5, 2017 minutes were unanimously approved.

### **PUBLIC COMMENTS**

Mr. Dollar asked if anyone presented to speak before the Board. Ms. Marilyn Klinger, Administrative Assistant II, stated that no one had presented to speak but there was a guest present. Ms. Fay Lillieholm, a retired Public Health Nurse who resides in the Sherrills Ford area, is visiting this Board meeting and hopes to be of service as a volunteer wherever the Board and Public Health deem it appropriate.

### **COUNTY COMMISSIONER'S COMMENTS**

Mr. Dan Hunsucker, County Commissioner, stated that the Board of Commissioners (BOC) had presented four 2017 National Association of Counties (NACo) Achievement Awards. The awards honor innovative, effective county government programs that enhance services for residents. Catawba County has won 210 awards over the history of the NACo program and has been honored every year since the program's inception in 1970.

The Catawba County Library System won two Achievement Awards. The first was given for the Library's Homework Helpers program and the second Achievement Award was given for the Library's Born to Read initiative. Catawba County Geospatial Information Services (GIS) and Emergency Medical Services (EMS) won the third award for the creation of a map-based simulation tool to analyze EMS incident response scenarios and accurately predict necessary EMS resources to meet the County's under-eight-minute ambulance response benchmark. Catawba County Social Services won the fourth award for developing a drug testing purchase order portal to help streamline the drug testing process that is sometimes required for clients.

The Board awarded an engineering agreement for the Southeast Catawba County (SECC) Area Utility Study and Master Plan to McKim & Creed of Charlotte, North Carolina, in the amount of \$452,000.00.

### **NEW EMPLOYEE**

Ms. Marilyn Klinger stated that there are two new employees present to be introduced to the Board. The new employees are:

Heather Lail, originally from Statesville, is a Catawba County resident. Ms. Lail is a 2009 graduate of UNC-Charlotte with her BSN. Ms. Lail has seven years of experience ranging from nursing homes, home health, and pediatric private practice. Ms. Lail loves children and is excited to begin her journey as a School Nurse.

Kristi Champion joined Public Health June 12 as part of our Public Health Nursing team in the Adult Health Clinic. She has an Associate's Degree in Nursing from CVCC, a Bachelor of Science degree in Social Work from Appalachian State University, and is currently working toward her BSN at the UNC – Wilmington. Kristi comes to us from the Lincoln County Health Department where she has experience working as a Case Manager and Registered Nurse in numerous clinical settings. In addition to clinic responsibilities, she has taken on the role of tracking and inventorying the Public Health's pharmacy.

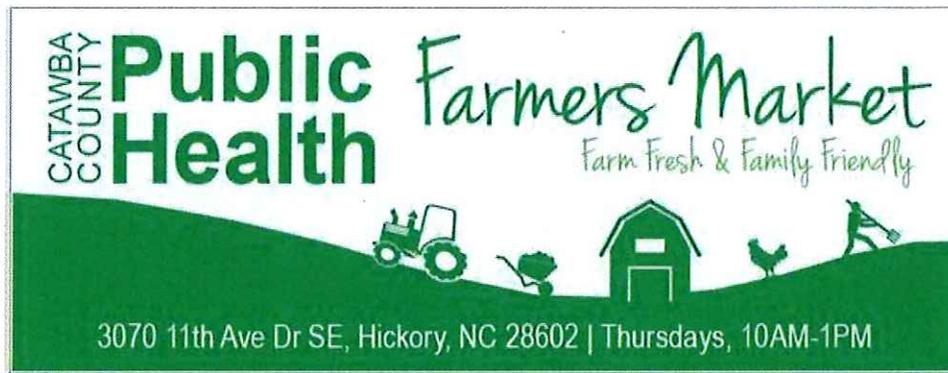
Mr. Dollar welcomed both new employees to the Public Health family and wished them well.

### **ESTABLISHMENT OF FY17/18 COMMITTEES**

This item was postponed until the September 2017 Board of Health meeting.

### **FARMERS' MARKET UPDATE**

Ms. Jennifer McCracken, Assistant Health Director, shared a mid-season update on the Farmers' Market held each Thursday in the Public Health front parking lot. August 3 was the ninth of 18 markets for the 2017 season. Her presentation is attached to these minutes but highlights at the mid-season point include: serving 2,280 customers, 2,100 WIC vouchers distributed, a 47 percent redemption rate, \$736 in Bonus Bucks redeemed, \$2,010 in debit card purchases, and total purchases of \$7,366. There have been visits by two senior nutrition sites and two daycare centers as well as taste testing demonstrations and recipes distributed by Cooperative Extension staff. Ms. McCracken stated that in addition to the benefits this market provides to the community, it is also a great team building process for Public Health staff with nearly two-thirds participating in at least one market per season.



### **END OF YEAR OUTCOMES SUMMARY**

Ms. McCracken provided a summary of the FY16/17 outcomes as completed by appropriate staff and program areas. Of the 33 outcomes set for Public Health, 27 outcomes were achieved. Of the 27 achieved, key successes are;

- ♦ A client satisfaction rate of 99 percent, based on client surveys.
- ♦ An immunizations compliance rate for 2 year olds of 90 percent, surpassing the goal of 82 percent.
- ♦ NICU graduates establishing a medical home within 30 days.
- ♦ 100 percent of women referred for further/follow-up treatment receiving appropriate care.
- ♦ 100 percent of clients with latent TB have completed their full course of treatment.
- ♦ 100 percent of food, lodging, and institutional facilities inspected twice each year.
- ♦ 67 percent of WIC vouchers redeemed – the highest rate of any county in the State.

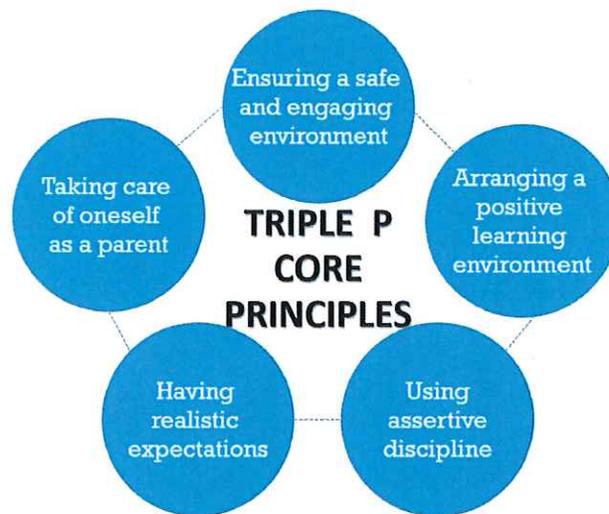
The six outcomes not fully achieved included:

- ♦ one for Community and Adult Health where the patient show rate averaged 82 percent instead of the expected 84 percent;
- ♦ one for Environmental Health where the permit completion rate within ten business days was at 75 percent instead of the expected 92 percent with a note that 88 percent were within 15 days;
- ♦ one from Prenatal showing 56 percent of Catawba County residents received prenatal care from CVMC-MS during their first trimester while 60 was expected yet of those receiving care, 93 percent continued care exceeding the 90 percent expected. Also, 49 percent of pregnant smokers ceased smoking by post-partum visit, exceeding the 39 percent anticipated;
- ♦ another from Prenatal showing 80 percent of women receiving Pregnancy Care Management services completed their six-week post-partum visit, just below the 80 percent expected.
- ♦ one from WIC regarding participation caseload being 88 percent instead of expected 97 percent while 69 percent of clients referred to WIC from DSS were enrolled in WIC services (exceeding 55 percent expected); and
- ♦ another outcome from WIC reflecting 77 percent of women breastfeeding for six weeks and 85 percent of those breastfeeding for six months instead of the expected 80 percent for six weeks and 95 percent of those for six months.

The full summary is attached to these minutes with more details. Plans and adjustments have been implemented for each FY17/18 outcome to meet its expected levels.

### **TRIPLE P UPDATE**

Rhonda Stikeleather, Children’s Services Supervisor, showed a PowerPoint presentation and shared information about Triple P (Positive Parenting Program). Locally, 18 accredited facilitators and 147 parents participated. This program teaches parents the core principles of ensuring a safe and engaging environment; arranging a positive learning environment; using assertive discipline; having realistic expectations; and taking care of oneself as a parent. There is focus on the positives with discipline, not punishment as well as multiple delivery mechanisms and demonstrated positive impacts. This evidenced-based program yields fewer behavioral and emotional problems in children, less negative behaviors, and great parental confidence. Ms. Stikeleather provided a fact sheet on the Parent Support Team and contact information through the Catawba County Partnership for Children.



### **ENVIRONMENTAL HEALTH UPDATE**

Ms. Megan McBride, Environmental Health Supervisor for Onsite Waste Water program, began this update by showing there were 831 well and septic applications during FY16/17 with 713 permits issued, 88 percent within 15 work days. She showed a map of Catawba County with each permit represented by a red dot. Dots were more heavily concentrated along the Highway 16 corridor and the southeastern area of the County near Lake Norman, indicating the impact of increased construction and the widening of Highway 16. Ms. McBride noted that there had also been 2,608 telephone and email requests for septic permit information. Of the 167 complaints during the year, 89 were food service related and 10 were mosquito related. Ms. McBride closed her presentation by stating that approval had been given and the search was underway for an additional staff person for the Onsite Waster Water program.

Mr. Scott Carpenter, Environmental Health Supervisor for Food, Lodging, and Institutions program, presented data for FY16/17 reflecting 2,387 inspections conducted for 1,001 permitted food establishments as well as 59 seasonal pools, 26 mobile food units, 36 tattoo persons, 78 temporary food stands, etc. There were 106 complaints investigated including one confirmed smoking violation. Mr. Carpenter also shared details of the recently approved Senate Bill 24, the ‘grill bill,’ which allows restaurants to utilize non-commercial grills for outside cooking. Highlights include the grill being on food establishment’s premises, continuously supervised, stainless steel/case iron surfaces, on concrete or asphalt surface, overhead protection, outside 10’ from combustible construction, raw foods prepped

indoors and not cross-contaminated with cooked foods, and grill kept in closed and covered area when not in use.

### **HEALTH DIRECTOR'S REPORT**

Health Director Doug Urland provided an informational update on current legislative issues of concern to Public Health. SB24, the 'grill bill,' as mentioned by Mr. Carpenter was one and the rabies compendium was another. The 2016 Rabies Compendium, which this Board adopted in November 2016 for use in Catawba County, was adopted by the General Assembly for Statewide enforcement. Director Urland noted a concerning budget change in that 39 percent of the Maternal Child Health Grant will go directly to non-local health department programs in North Carolina instead of through Public Health for funding established programs. The specific impact to Catawba County Public Health is \$20,000 less funding received. Director Urland said that more budget details will be shared at the September Board meeting when the FY16/17 end of the year financial report is given and Medicaid cost settlement information is received.

Director Urland announced the formation of a work group, at the Board of Commissioners' request, to address the growing substance abuse/opioid epidemic. This new work group has met once with the goal of gathering data from national, State, and local sources; reviewing local assets and providers; and establishing best practices for addressing key issues. Subgroups are meeting this month and the full work group will reconvene in September. Information learned will be shared with the Board of Commissioners to help in their future decisions.

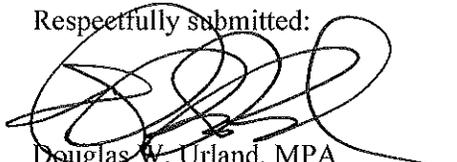
Director Urland thanked everyone, especially key Public Health staff, for their assistance and participation in addressing several important Public Health issues this summer. In June there was an animal waste spill, in July there was an extensive bat issue in Maiden, and earlier in August there was a fish advisory for Lake Norman. All three issues were promptly addressed and the community kept updated with appropriate information.

Lastly, Director Urland reminded Board members that his annual evaluation would take place in October and, in preparation for that session, they will see emails and a survey from Assistant County Manager Mary Furtado. He asked that they respond promptly and appropriately to her requests for information.

### **OTHER BUSINESS AND ADJOURNMENT**

With a reminder that the next meeting is scheduled for Tuesday, September 5, Mr. Dollar asked for a motion to adjourn. Mr. Hunsucker so moved, Dr. Davis seconded the motion, and Mr. Dollar adjourned the meeting at 8:20 pm.

Respectfully submitted:



Douglas W. Urland, MPA  
Health Director

DWU: mbk