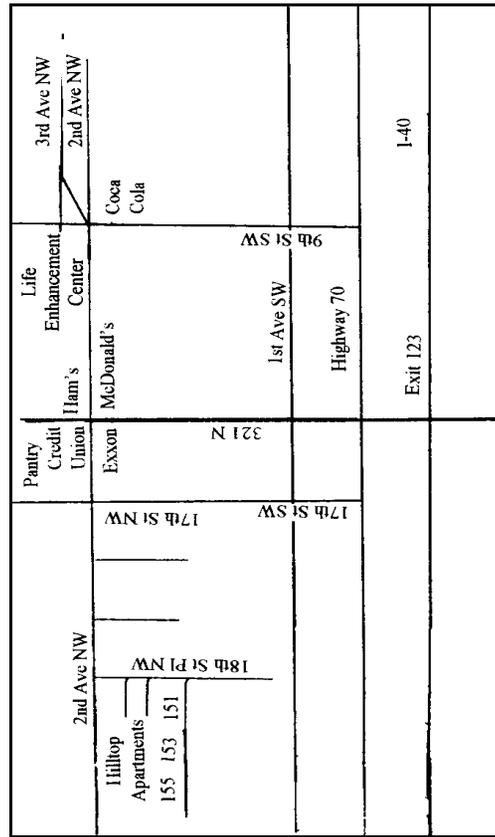


H.E.A.R.T.

Family Activity Center

- After School Help with Home-work Program K-12
- TEEN UP-Prevention of violence, pregnancy and school drop out
- English as a Second Language Classes for Adults
- Ride & Shop-grocery budgeting program
- 4-H Club
- Computer Access/Applications on line
- Sewing/Business Program
- Library Visits
- Storytelling for Preschoolers
- Preschool Playground
- Family Outreach
- Clothing Closet
- Book, video, play box checkout
- Wide array of free service brochures
- Holiday Events
- Open Forums-Guest Speakers Quarterly
- Variety of planned programs, workshops, trainings based on need/desire (Ex: babysitting certification for youth, CPR class, occupational therapy for preschoolers with developmental delays, parenting programs)
- Give us an idea!



For more information about HEART programs or to inquire how you might help, please contact the HEART Coordinator at 324-5778.

For information about other Prevention Programs at Catawba County Social Services call (828) 695-4418 or visit our Website: www.catawbacountync.gov

CATAWBA COUNTY SOCIAL SERVICES

H.E.A.R.T. Family Activity Center

Hilltop Education and Resources Together



Since 1995

H.E.A.R.T. Family Activity Center

The H.E.A.R.T. Center aims to meet the many needs and interests of all family members, from all cultural backgrounds, focusing on families in the Long View area. Operating from two side-by-side apartments in the Hilltop complex in Long View (pop. 4,800) the Center welcomes anyone. An employee is available throughout the week during open hours and for events taking place on weekends. A twenty-member advisory group oversees operations at H.E.A.R.T. Services are free of charge.

SCHOOL RELATED SERVICES

- Help With Homework
- Meet the Principal/Teacher Event
- Parent/Teacher Conferences on-site
- Referrals to Needed Services

CAREER CENTER

- Computer access
- Academic Development
- Sewing/Business Program



ADULT EDUCATION

- English As A Second Language on-site
- Access to GED class
- Computer Access
- GED Book Access



FAMILY SUPPORT



Home visits assist with:

- Health Care Referrals
- Parenting
- Budgeting
- Clothing Closet

WELLNESS OUTREACH

Regular awareness of health issues through guest speakers, written information and referrals that result in healthier lifestyles for family members

POSITIVE RECREATION

- Library Trips
- Preschool Playground
- 4-H Club and Classes
- Book, Video, Play box Checkout
- Holiday and Annual Events/Trips



THERAPEUTIC GROUPS FOR YOUTH AGES 9-17



TEEN UP

Prevention of violence, pregnancy and school drop-out

1997 NaCo Award Winner

HUD calls H.E.A.R.T. a "prototype for replication"

H.E.A.R.T. is a local collaboration serving families in the Long View area and beyond:

Hickory Public Schools
 Catawba County Social Services
 Catawba County Cooperative Extension
 Catawba County Public Health
 Hilltop Apartment Management
 Long View Police Department
 Long View Government
 Catawba Valley Community College
 Lenoir Rhyne College
 Catawba Science Center
 YMCA
 Juvenile Court Counselors
 Local churches and businesses
 Local volunteer groups

Funding Provided By:

Children's Trust Fund of North Carolina
 Governor's Crime Commission
 Glaxo Wellcome
 Partnership for Children
 Hickory Community Relations Council
 Catawba Valley Medical Center
 Hickory Public Schools
 Longview Yarn
 Bank of Granite
 Hickory Service League
 Food Lion – in kind
 Local Churches – in kind
 North Carolina Division of Social Services,
 Economic Independence Section
 Community Services Block Grant
 Catawba County Social Services
 Council on Adolescents
 Hickory Kiwanis Club