



CATAWBA COUNTY

3070 11th Ave. Dr. SE - Hickory, NC 28602 - (828) 695-5800 - Fax (828) 695-4410 - TDD (828) 695-5155

Public Health

Kellie Coffey, Public Information Officer Ph: 828-695-5772

Kelly Isenhour, Assistant Health Director Ph: 828-695-5177

Catawba County Public Health Announces Upcoming Flu Clinics

Catawba County Public Health is once again encouraging everyone to arm themselves against the flu by receiving a flu vaccine this year. The Centers for Disease Control and Prevention (CDC) recommends flu vaccination for everyone ages 6 months and older.

The 2010-11 flu vaccine will protect against 2009 H1N1, and two other influenza viruses (an H3N2 virus and an influenza B virus). For most people that means that only one vaccine will be required as compared to last year in which the H1N1 vaccine was separate from the seasonal flu vaccine. As usual, children under 9 who have never received a flu vaccine will require two doses.

Beginning October 4th, Catawba County Public Health will be operating walk in flu clinics at their location behind Catawba Valley Medical Center. The clinics will run Monday-Friday 8:00 a.m. to 5:00 p.m. Appointments will only be needed for children ages 6 months to 35 months and can be made by calling the main number at 695-5800.

Flu shots will be \$20 and pneumonia shots are offered for \$52. Adults with Medicare Part B (only) and children who are Medicaid eligible or uninsured will receive free vaccine.

There will also be community flu clinics held in an effort to reach all areas of the county.

“This year we strategically placed our community flu clinics in different regions of Catawba County to ensure that it would be convenient for everyone who wanted to get a flu vaccine to do so,” explained Sara Jamieson, Community Health Assistant Manager for Catawba County Public Health.

The community flu clinics will be held in October and November and are open to the public. The clinic dates are:

October:

Thursday 7th	8:00 a.m. to Noon	Health First in Valley Hills Mall
Friday 8th	8:00 a.m. to Noon	St. Luke's United Methodist Church, Hickory
Friday 15th	9:00 a.m. to 5:00 p.m.	Health First in Valley Hills Mall
Wednesday 20th	3:00 p.m. to 7:00 p.m.	Clater Kaye Productions, Mt. View
Thursday 28th	5:00 p.m. to 8:00 p.m.	Health First in Valley Hills Mall
Saturday 30th	8:00 a.m. to 1:00 p.m.	Ebenezer Lutheran Church, Catawba



“Leading the Way to a Healthier Community”
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November:

Tuesday 2nd	8:00 a.m. to Noon	Rehobeth Church, Terrell
Thursday 4th	7:00 a.m. to 11:00 a.m.	Health First in Valley Hills Mall
Saturday 6th	8:00 a.m. to Noon	Health First in Valley Hills Mall
Saturday 13th	8:00 a.m. to 1:00 p.m.	First United Methodist Church, Conover
Saturday 20th	8:00 a.m. to 1:00 p.m.	Rosenwald Center, Maiden

For more information about this year's flu vaccine, please call Catawba County Public Health at 695-5800 or visit www.catawbacountync.gov/phealth.

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