

# Final Totals for Demographics and Health

Total # of Surveys: 1055

| Role         |     | Age Group   |     | Gender |     | Marital  |     | Race         |     |
|--------------|-----|-------------|-----|--------|-----|----------|-----|--------------|-----|
| 60 Plus      | 740 | 50 or under | 53  | Female | 693 | Married  | 548 | Caucasian    | 901 |
| Caregiver    | 16  | 51-60       | 103 | Male   | 307 | Single   | 83  | African Amer | 93  |
| Professional | 36  | 61-70       | 320 | Blank  | 54  | Divorced | 108 | Hispanic     | 1   |
| Other        | 42  | 71-80       | 346 |        |     | Widowed  | 285 | Asian        | 3   |
| Blank        | 221 | 81 or over  | 202 |        |     | Blank    | 29  | Other        | 3   |
|              |     | Blank       | 29  |        |     |          |     | Blank        | 50  |

| Rent/Own     |     | Home Type |     | Living Arrangement |     |
|--------------|-----|-----------|-----|--------------------|-----|
| Total # Rent | 138 | House     | 845 | With Caregiver     | 39  |
| Total # Own  | 788 | Apt       | 113 | Assisted Living    | 12  |
| Blank        | 0   | Mobile    | 43  | Nursing Home       | 2   |
|              |     | Blank     | 43  | Blank              | 991 |

| Life            | Excellent | Very Good | Good | Fair | Poor | Blank |
|-----------------|-----------|-----------|------|------|------|-------|
| Quality of Life | 263       | 373       | 313  | 80   | 8    | 17    |
| Health          | 146       | 316       | 363  | 162  | 36   | 28    |

| Health   | Yes  | No  | N/A | blank |
|--|------|-----|-----|-------|
| 1 Participate in activities - mentally and physically active | 867  | 130 | 23  | 34    |
| 2 Able to see primary care physician or specialist           | 1009 | 30  | 4   | 12    |
| 3 Able to see a dentist                                      | 915  | 77  | 34  | 27    |
| 4 Have access to nutritional counseling                      | 620  | 216 | 120 | 94    |
| 5 Can access Mental Health Services                          | 786  | 91  | 112 | 61    |
| 6 Received the flu vaccine during the last 12 mths           | 862  | 158 | 6   | 28    |
| 7 Know where to get Healthcare, Medicare, Rx coverage help   | 933  | 66  | 21  | 28    |
| 8 Know where to get help with obtaining medications          | 768  | 141 | 93  | 49    |
| 9 Know about alternatives - Chiropractic Care Acupuncture    | 728  | 163 | 83  | 79    |
| 10 Know trouble accessing health care hep                    | 757  | 152 | 68  | 77    |
| 11 Staffed with hospital services in Catawba County          | 900  | 71  | 29  | 55    |

Total # of Surveys: 1055

| Safety and Security                                | <u>Yes</u> | <u>No</u> | <u>N/A</u> | <u>blank</u> |
|--|------------|-----------|------------|--------------|
| 1. I feel safe in my home and neighborhood         | 977        | 44        | 2          | 32           |
| 2. I know the telephone to call in emergency       | 1014       | 9         | 1          | 31           |
| 3. Fire Department will respond quickly            | 1013       | 8         | 3          | 31           |
| 4. Police/Sherriff will respond quickly            | 983        | 38        | 2          | 31           |
| 5. Have smoke detectors in home                    | 994        | 25        | 0          | 36           |
| 6. Will report abuse, neglect, exploitation to DSS | 962        | 17        | 29         | 46           |
| 7. Worry being a victim of fraud or identity theft | 480        | 484       | 17         | 72           |

| Opinions                                       | <u>Strongly Agree</u> | <u>Agree</u> | <u>Disagree</u> | <u>Strongly Disagree</u> | <u>blank</u> |
|--|-----------------------|--------------|-----------------|--------------------------|--------------|
| 1. Community values older people               | 179                   | 687          | 108             | 8                        | 71           |
| 2. Community values my language and traditions | 213                   | 614          | 81              | 8                        | 138          |
| 3. Planned for financial future                | 271                   | 574          | 90              | 24                       | 95           |
| 4. Family and friends rely on me               | 293                   | 550          | 99              | 17                       | 95           |
| 5. Ask for and accept help from others         | 218                   | 689          | 56              | 4                        | 86           |
| 6. Hopeful about the future                    | 212                   | 600          | 132             | 14                       | 94           |

| Hours spent in Participating in Activities            | <u>&lt;1</u> | <u>1-5</u> | <u>6+</u> | <u>blank</u> |
|---|--------------|------------|-----------|--------------|
| 1. Club, civic group or volunteer work                | 428          | 368        | 127       | 132          |
| 2. Religious or spiritual activities with others      | 264          | 631        | 86        | 73           |
| 3. Visiting with family in person, phone or computer  | 237          | 561        | 191       | 66           |
| 4. Visiting with friends in person, phone or computer | 252          | 566        | 155       | 82           |
| 5. Providing help to friends or relatives             | 376          | 474        | 98        | 107          |
| 6. Senior activities                                  | 519          | 299        | 93        | 144          |
| 7. Caring for a pet                                   | 340          | 160        | 227       | 328          |
| 8. Housework or home maintenance                      | 152          | 474        | 330       | 99           |
| 9. Hobby - (art, music, gardening)                    | 320          | 412        | 166       | 156          |
| 10. Paid work   | 415          | 43         | 170       | 427          |
| 11. Continuing education activities                   | 501          | 141        | 53        | 360          |
| 12. Sports  | 524          | 119        | 36        | 376          |
| 13. Attending movies, sporting and group events       | 465          | 314        | 50        | 224          |

Total # of Surveys: 1055

| <u>Need</u>                               | <u>High</u> | <u>Me</u> | <u>Low</u> | <u>blank</u> |
|---|-------------|-----------|------------|--------------|
| 1 Assistance with personal care           | 385         | 328       | 163        | 175          |
| 2 Assistance with housework, laundry, etc | 344         | 340       | 193        | 177          |
| 3 Home delivered meals                    | 429         | 250       | 193        | 180          |
| 4 Transportation                          | 485         | 231       | 162        | 175          |
| 5 Driver Safety                           | 376         | 272       | 184        | 222          |
| 6 Help paying bills                       | 370         | 274       | 194        | 216          |
| 7 Long Term Care costs                    | 482         | 193       | 162        | 217          |
| 8 Financial Planning                      | 372         | 270       | 187        | 225          |
| 9 Caregiver support                       | 420         | 252       | 169        | 212          |
| 10 Interact with others                   | 386         | 303       | 154        | 211          |

| <u>Access and Choice in Service and Support</u>            | <u>Yes</u> | <u>No</u> | <u>N/A</u> | <u>blank</u> |
|--|------------|-----------|------------|--------------|
| 1. Know type of senior services in Catawba County          | 606        | 313       | 35         | 98           |
| 2 Know how to access or apply for services                 | 595        | 301       | 47         | 111          |
| 3 Know who to call about available services                | 630        | 279       | 32         | 113          |
| 4 Use Internet to search for services                      | 301        | 463       | 144        | 142          |
| 5 Adequate community support for caregivers                | 353        | 353       | 124        | 222          |
| 6 Quality Long Term Care Facilities                        | 659        | 154       | 70         | 171          |
| 7 Adequate services for myself or loved ones to stay home  | 497        | 228       | 119        | 207          |
| 8 Afford services for myself or loved ones to stay at home | 452        | 356       | 76         | 168          |
| 9 Will have help if unable to care for myself              | 623        | 265       | 27         | 139          |
| 10. Need help paying for prescriptions                     | 188        | 659       | 75         | 132          |
| 11. Have Medicare Part D prescription drug plan            | 478        | 362       | 101        | 113          |
| 12 Have to choose between buying food or medicine          | 102        | 756       | 74         | 123          |
| 13 Attend Senior Center activities                         | 387        | 505       | 62         | 101          |

| <u>Receive Information</u> |       |     |      |     |       |     |           |     |
|----------------------------|-------|-----|------|-----|-------|-----|-----------|-----|
| Receive information?       | Phone | 255 | Mail | 626 | Email | 194 | Newspaper | 401 |
|                            | Radio | 138 | TV   | 315 |       |     |           |     |