



SOCIAL SERVICES NEWS

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FAMILY NET PLANS ADOPTION SUPPORT GROUP FOR TEENS

HICKORY -- Family NET will offer an adoption support group for teens beginning Feb. 4. Dr. Jim Wachsmuth, an outpatient therapist, will lead the group.

This group is for teens age 13 to 17 who have been in an adoptive family at least one year. It does not matter at what age they were adopted.

There will be 11 sessions, one each week, from 6 to 7:30 p.m. on Tuesdays. The group will meet at the Family Services Center, located behind Catawba Valley Medical Center at 3050 11th Avenue Drive SE, Hickory, N.C. 28602.

The group will allow participants to talk about such things as their birth parents, their adoption story, and feelings about being adopted. It will encourage the teens to discuss feelings common to adopted persons with others who have had similar experiences.

Adoptive parents are invited to attend three parent sessions, which will cover some of the same issues. Payment for the group may be made by private insurance or Medicaid. A sliding scale fee is available for those who do not have insurance to cover the costs.

For more information, contact Dr. Jim Wachsmuth at 828-695-6552.