



CATAWBA COUNTY

P.O. BOX 669 Newton, North Carolina 28658-0669 (828) 695-5600 Catawba County Social Services

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CATAWBA COUNTY SENIOR NUTRITION SERVICES RELOCATES

Senior Nutrition Services of Catawba County Social Services has moved to a new location. It is now housed at 507 Boundary St., Conover, N.C. 28613.

The mailing address is P.O. Box 207, Newton, N.C. 28658. The phone number remains the same, 828-695-5610.

Senior Nutrition Services includes Home Delivered Meals (Meals on Wheels), Seniors Morning Out, Nutritional Supplements (Ensure and Boost), and Frozen Meals, as well as In Home Aide Services. These services are provided with a combination of federal, state and county funds. Donations from groups and individuals are also welcomed.

The Senior Nutrition Services offices have relocated to provide more space and a convenient pick-up location, according to Jan Shaffer, adult services supervisor. The new location is the pick-up site for frozen meals and nutritional supplements.

The new Senior Nutrition Services location formerly housed Family Builders of Catawba Valley, the Catawba County Social Services foster care and adoption service. Family Builders has relocated to the Family Services Center behind Catawba Valley Medical Center.

Senior Nutrition Services has five Seniors Morning Out programs throughout Catawba County, including a new site at Bethlehem United Methodist Church in Claremont. This program provides a hot, nutritious lunch, plus social activities, five days a week for persons 60 years or older regardless of income. There is no charge, but donations are accepted. Participants must pre-register but do not have to attend every day. Transportation may be available.

The Seniors Morning Out sites also serve as pick-up locations for Meals on Wheels. Most Meals on Wheels volunteers spend one hour a month delivering the meals. Meals on Wheels is in critical need of volunteers.

For more information about any of the Catawba County Social Services Senior Nutrition Programs, please call 828-695-5610.



Senior Nutrition Programs staff members at their new location. Standing (left to right) are Loretta Hefner, Jessica Couch, Annie Williams, Rita Pritchard and Andrea Wilson. Sitting (left to right) are Jan Shaffer, Vickie Redden, Robyn Curtis, Wendy Thomas and Amanda Munden.