



SOCIAL SERVICES NEWS

P.O. BOX 669 Newton, North Carolina 28658-0669 (828) 695-5600 www.catawbacountync.gov/dss

CONTACT: Margaret Allen, Catawba County Social Services Public Information Officer, mallen@catawbacountync.gov, 828-695-6583

SENIORS MORNING OUT PARTICIPANTS TO LEARN ABOUT COMPUTER TABLETS

HICKORY -- Participants in the Catawba County Seniors Morning Out Program will learn about computer tablets in November, with special presentations by representatives of the Catawba County Library System.

There are five convenient locations of the SMO program. Any county resident who is 60 or better is invited to attend this half-day program free of charge. Programs are held Monday through Thursday from 8:30 a.m. to 12:30 p.m. and include lunch. Reservations are required at least 24 hours in advance by calling the site supervisor. All SMO locations will be closed Nov. 28 for the Thanksgiving holiday.

SMO participants at some locations will hear a jazz performance by Rick Cline and Nathan Hefner or a performance by the Acappella Fellas, a barbershop quartet. Performances by these groups are supported by the United Arts Council of Catawba County through the North Carolina Arts Council, with funding from the State of North Carolina and the National Endowment for the Arts, which believes that a great nation deserves great art. Additional funding for this and other arts activities is provided by Affordable Dentures of Conover (Larissa Mastro, DDS).

The East Hickory SMO, at Highland United Methodist Church, 1020 12th St. Place NE, Hickory, will have the following programs: Nov. 4, shopping at Walmart; Nov. 5, Corn Hole Challenge and bingo; Nov. 6, Rules of Retirement by Greg Simmons and Associates; Nov. 7, Jazz by Rick Cline and Nathan Hefner; Nov. 21, Fun With Computer Tablets. For reservations, call 828-320-5963.

The Claremont SMO, at Bethlehem United Methodist Church, 3214 Catawba St., Claremont, will have the following programs: Nov. 6, Easy Pumpkin Muffins and Recipe; Nov. 7, Acappella Fellas Quartet; Nov. 11, Fun with Computer Tablets; Nov. 12, Devotions and Music by Pastor Dennis Marshall of Bethlehem United Methodist; Nov. 18, What is Diabetes and How to Manage It by Tracy Paul of Catawba County Public Health. For reservations, call 828-320-0434.

The Maiden SMO, at Maiden Community Center, 207 E. Klutz St., Maiden, will have the following programs: Nov. 7, Veterans Benefits with Cindy Travis of the Veterans Office; Nov. 13, Food Borne Illness by Glennie Daniels of the Cooperative Extension Service; Nov. 14, Fun with Computer Tablets; Nov. 19, Jazz by Rick Cline and Nathan Hefner; Nov. 26, music by Sentimental Journey. For reservations, call 828-320-5966.

The Newton SMO, at First Presbyterian Church, 701 N. Main St., Newton, will enjoy the following: Nov. 7, Fun with Computer Tablets; Nov. 19, music by Sentimental Journey; Nov. 25, Turkey Favors Made with Cookies by Kathleen Edwards. For reservations, call 828-455-4133.

The West Hickory SMO, at the West Hickory Senior Citizens Center, 400 17th St. SW, Hickory, will have the following programs: Nov. 6, Cancer and COPD by Peggy Messick of Health First; Nov. 11, Fun with Computer Tablets; Nov. 12, Healthy Holiday Foods with Glennie Daniels of the Cooperative Extension Service; Nov. 14, Acappella Fellas Quartet; Nov. 26, Seeing Eye Dog with Greg Morgan, NC Services for the Blind. To reserve your spot, call 828-323-8746.

The Seniors Morning Out program is presented by Senior Nutrition Services. It receives government funding, but also relies heavily on local donations and volunteers. To find out more, call 828-695-5610 or like the organization on Facebook at <http://www.facebook.com/MealsOnWheelsOfCatawbaCounty>. The SMO newsletter with menus and a complete schedule of activities is available at <http://www.catawbacountync.gov/dss/Adult/nutrition.asp>