CATAWBA
COUNTY
North Carolina

SOCIAL SERVICES NEWS

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VOLUNTEERS NEEDED FOR NEW MEALS ON WHEELS ROUTE IN CATAWBA/CLAREMONT AREA

HICKORY — Volunteers are needed to deliver Meals on Wheels in the Catawba/Claremont area of Catawba County.

A new route is being established to serve persons in this part of the county, according to Vickie Redden, Meals on Wheels volunteer coordinator. "We know there is a need in this area, and we are hoping to have enough volunteers to begin this route by the first of April," she said. A minimum of 15 volunteers are needed. The meal pick-up location will be Bethlehem United Methodist Church of Claremont, 3214 Catawba Street, Claremont, NC 28610.

Volunteers must be willing to commit at least one hour a month to delivering meals. The deliveries are made from 11 a.m. to noon Monday through Thursday, except for holidays. Those eligible to receive Meals on Wheels must be at least 60 years old and unable to shop or prepare meals at home.

Meals on Wheels is operated by Senior Nutrition Services of Catawba County Social Services. During Fiscal Year 2010-2011, Meals on Wheels served 433 elderly and disabled citizens in Catawba County.

"None of this would be possible without our volunteers," Redden said. Those wishing to volunteer may download an application form at http://www.catawbacountync.gov/dss/Adult/nutrition.asp. Applications are also available by calling Catawba County Meals on Wheels at 828-695-5610 or by visiting their offices at 507 Boundary St., Conover, NC 28613.

Updates on Meals on Wheels and other Senior Nutrition programs are available by "liking" the program's Facebook page at http://www.facebook.com/#!/MealsOnWheelsOfCatawbaCounty. Anyone wishing to donate to Meals on Wheels may do so online by going to http://www.catawbacountync.gov/dss and clicking on the "Donate Now" button. Persons wishing to donate by check should make the check payable to Catawba County Social Services and write "Meals on Wheels" in the memo line. Checks may be mailed to Senior Nutrition Services, P.O. Box 207, Newton, NC 28658.