

4-H'ERS WIN STATE PRESENTATIONS CONTESTS

National 4-H Week is being celebrated in October. 4-H is more than 100 years old. 4-H presentations are an example of a traditional 4-H program that dates back to at least the 1950's. 4-H presentations are unique to 4-H and involve giving a 5-12 minute talk on a topic using tabletop visuals and posters to illustrate main points.

While presentations are traditional contests, changes have been made to update presentations. According to Donna Mull, 4-H Agent, "it is now commonplace to find at least a few 4-Hers, especially teenagers, who incorporate power points or other technology aids to enhance their presentation and the numbers using computers in their presentations is growing. Presentation categories and topic are reviewed each year and recent additions include Veterinary Science, Careers and Entrepreneurship, and Science and Technology."



Gold winners were (left to right): Devon Speckman, Megan Johnson, Abigail Holdsclaw, Jessica Speckman, Kasey Boger, Jackie McCoy, David McCoy, Barbara McAnulty, and Jarrett Mull, silver winner. Other Gold presentation winners not pictured were Kat Stulpin and Micah Randolph.

Children involved in presentations begin by competing at County Activity Day in the late spring with winners advancing to a regional contest in the summer and then the regional winners advancing to the state contest held during NC 4-H Congress in Raleigh. State senior winners in some categories will have the opportunity to advance to a national contest.

Catawba County 4-H'ers that received state gold awards for presentations in their respective categories were: Barbara McAnulty, Forestry and Wildlife; Sophia Sharp, Pork Cookery; Micah Randolph, Small Animals; Abigail Holdsclaw, 4-H Chef; Megan Johnson, Expressive Arts; Kasey Boger, Horse; Kat Stulpin, Science and Technology; Devon Speckman, Health and Fitness; Jackie McCoy, Public Speaking; Jessica Speckman, Open Class. Jarrett Mull received the silver award in Beef Char-Grill. Other Catawba County 4-H'ers participating in the state level presentations were Josh Wilson in Open Class and David McCoy in Science and Technology.

4-H is a volunteer-led youth development program offered through NC Cooperative Extension. 4-H clubs and contests allow youth to develop leadership and life skills while learning about a variety of topics. For more information about existing clubs or starting a 4-H club in your community, contact Donna Mull, Catawba County 4-H Agent, at NC Cooperative Extension at 465-8240 or e-mail donna_mull@ncsu.edu.