



CATAWBA COUNTY

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Department of Social Services

PRESS RELEASE

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Seniors' Morning Out Christmas Luncheon and Craft Sale

The Newton and East Hickory Seniors Morning Out programs will be having a Christmas Luncheon and craft sale on December 8, 2006, from 10:00 am until 2:00 pm at First Presbyterian Church in Newton.

Lunch will be provided for seniors 60 years of age and older. To reserve your meal, call (828) 695-5610 by December 5. Donations will be accepted.

Seniors' Morning Out is a social gathering for Catawba County seniors age 60 and older. SMO meets Monday through Friday from 8:30 am until 12:30 pm at five locations throughout the county. Seniors receive a nutritious meal, participate in activities like crafts and exercise, health and wellness activities, and enjoy entertainment and day trips.

All Catawba County seniors age 60 and older are encouraged to attend. "Come meet new friends and join in the fun," says Jan Shaffer, Social Work Supervisor for Catawba County Social Services.

First Presbyterian Church is located at 701 North Main Street in Newton. Reservations can be made through December 5 by calling (828) 695-5610.

For more information on SMO and its locations, call (828) 695-5610.

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