



CATAWBA COUNTY

P.O. BOX 669 Newton, North Carolina 28658-0669 (828) 695-5600

Department of Social Services

PRESS RELEASE/PSA

Thursday, June 19, 2008

FOR IMMEDIATE RELEASE

Contact: Valerie Huffman at (828) 695-5749 or vhuffman@catawbacountync.gov

Meals on Wheels Has Urgent Need for Summer Volunteers

If you have a valid driver's license and an hour to spare each month, the Meals On Wheels program of Catawba County needs your help this summer. Being a Meals on Wheels volunteer simply entails delivering meals to local home-bound seniors for one hour, one day per month. In this hour, not only will you provide essential nutrition to those who cannot obtain or prepare it themselves, you will also provide a much-appreciated friendly face to these members of the community.

A division of the Catawba County Department of Social Services, Meals On Wheels provides daily meals to over 300 seniors and disabled adults in the Hickory, Newton, Conover, Catawba, and Maiden areas.

To volunteer or to learn more about the program, contact Amanda Munden at 828-695-4435.

###

60 Second PSA

If you have a valid driver's license and an hour to spare each month, the Meals On Wheels program of Catawba County needs your help this summer. Being a Meals on Wheels volunteer simply entails delivering meals to local home-bound seniors for one hour, one day per month. In this hour, not only will you provide essential nutrition to those who cannot obtain or prepare it themselves, you will also provide a much-appreciated friendly face to these members of the community. A division of the Catawba County Department of Social Services, Meals On Wheels provides daily meals to over 300 seniors and disabled adults in the Hickory, Newton, Conover, Catawba, and Maiden areas. To volunteer or to learn more about the program, contact Amanda Munden at 828-695-4435.

30 Second PSA

The Meals On Wheels program of Catawba County needs your help this summer. If you have a valid driver's license and an hour to spare each month, you can make a difference by delivering meals to those who are unable to obtain or prepare it themselves. Meals On Wheels provides daily meals to over 300 seniors and disabled adults in the Hickory, Newton, Conover, Catawba, and Maiden areas. To volunteer or to learn more, contact Amanda Munden at 828-695-4435.