



SOCIAL SERVICES NEWS

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SENIORS MORNING OUT PROGRAM RECEIVES GRANT FOR ARTS ACTIVITIES

HICKORY -- Catawba County Seniors Morning Out has received a grant from the United Arts Council of Catawba County that will provide arts activities for the county's seniors who attend the program. Matching funding is being provided by Affordable Dentures of Conover (Dr. Larissa Mastro, DDS).

Seniors Morning Out offers a half-day program four days a week. In addition to informative and entertaining programs, the participants receive a balanced lunch. Seniors Morning Out is free and open to anyone who is 60 or better who lives in the county.

The arts programs funded through the grant include the following:

1. Tapestry, a harp and flute duo, will provide Celtic and classical music. Flutist Suzanne Williams and harpist Denise Baxter Yoder also perform as part of the ensemble Puddingstone.
2. The Carolina Moonlighters, a barbershop singing group, will perform traditional barbershop music.
3. A Jazz Ensemble led by Rick Cline will perform music from the Big Band era.
4. Local potters Denise Lehman and Debbie Helton will conduct a pottery-making demonstration. Following the demonstration, SMO participants will be allowed to make their own pottery using hand-building techniques.
5. Participants will have the opportunity to visit the Catawba Science Center and see the Butterfly House.
6. Participants will visit the Hickory Museum of Art, where they will tour the Discover Folk Art Exhibit and learn about regional folk artists.

Additional information will be announced later about specific dates of these arts events. "We are excited to be able to offer these special activities to our Seniors Morning Out participants," said Jan Shaffer, supervisor of the Senior Nutrition Program, which includes Seniors Morning Out. "We would not be able to offer these programs without the generous support of the United Arts Council and Affordable Dentures of

Conover," she said. These performances are supported by the United Arts Council of Catawba County through the North Carolina Arts Council, with funding from the State of North Carolina and the National Endowment for the Arts, which believes that a great nation deserves great art.

For more information about Seniors Morning Out, call 828-695-6510 or go to <http://www.catawbacountync.gov/dss/Adult/Nutrition.asp>. For the latest updates, like the Seniors Nutrition Services program on Facebook at <http://www.facebook.com/MealsonWheelsOfCatawbaCounty>.

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