



## SOCIAL SERVICES NEWS

P.O. BOX 669 Newton, North Carolina 28658-0669 (828) 695-5600 [www.catawbacountync.gov/dss](http://www.catawbacountync.gov/dss)

### FOR IMMEDIATE RELEASE

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**CONTACT:** Margaret Allen, Catawba County Social Services Public Information Officer, [mallen@catawbacountync.gov](mailto:mallen@catawbacountync.gov), 828-695-6583

### SENIORS MORNING OUT ANNOUNCES MARCH ACTIVITIES

**HICKORY** -- Newton Mayor Anne Stedman will give a presentation March 14 at the West Hickory Seniors Morning Out on the History of Bed and Breakfasts. Stedman is the innkeeper of Trott House Inn Bed and Breakfast in Newton.

Other March programs at the county's five Seniors Morning Out locations include entertainment by the group Sentimental Journey, an Easter egg hunt, and a Basic Computer Class by Marcia Hardy, software trainer and webmaster for Catawba County.

The SMO program operates Monday through Fridays, from 8:30 a.m. to 12:30 p.m., except for holidays. It will be closed Friday, March 29 for Good Friday. Activities vary by location. Any county resident who is 60 or better is invited to attend. Lunch is served each day. It is free, although donations are accepted. Anyone wishing to attend must contact the site manager at least 24 hours in advance to reserve their spot.

West Hickory SMO will enjoy singing with Andrew Massey of New Life Church on March 5. On March 7, the group will go shopping at Walmart. On March 8, there will be Singing with Nancy Frady. On March 13, there will be a St. Patrick's Day Program. On March 25, Alan Huffman will give a program on the Coca Cola Museum. To reserve your spot, contact Annie Williams at 828-3232-8746.

The Newton SMO will hear a program on "History and Success" by Susan Anderson of the American Red Cross on March 7. On March 12, Jeff Whisnant of the Catawba Valley Astronomy Club will give a presentation. On March 19, the group will celebrate St. Patrick's Day with entertainment by Sentimental Journey. On March 26, the group will go bowling at Pin Station and shopping at Honey's IGA. To register, contact Robyn Curtis at 828-455-4133.

The Maiden SMO will play bingo and learn about beading jewelry on March 5. They will enjoy group singing and have a Green Party and cooking class with Shamrock Floats on March 8. On March 20, there



Newton Mayor Anne Stedman

will be group exercise followed by the game "Are You Older Than Dirt?" On March 26, participants will play bingo and will be challenged to name the U.S. presidents in order. To reserve your spot, contact Loretta Hefner at 828-320-5966.

East Hickory SMO participants may participate in a Basic Computer Class on March 6. On March 8, they will go shopping at Food Lion and Hamricks, followed by lunch at Wendy's. On March 12, Faye Floyd will lead a cooking class on Easter cookies. On March 14, another Basic Computer Class will be offered. On March 26, Kenny Robinson with the Joy Makers of Highland Baptist Church will entertain. To reserve your spot, contact Rita Pritchard at 828-320-5963.

Participants at the Claremont SMO will celebrate National Peanut Butter Lovers Month on March 12 by cooking a Peanut Butter Cake and sharing peanut butter recipes. On March 14, Peggy Messick of Catawba Valley Medical Center will present a Colorectal Cancer Awareness Game. On March 20, Bandy's High School Jazz Band will entertain. On March 26, the group will dye Easter eggs with the children from Bethlehem United Methodist Child Development Center. On March 28, the SMO participants and the CDC children will hunt for Easter eggs. To reserve your spot, contact Wendy Thomas at 828-320-0434.

For more information about the Seniors Morning Out Program, to make a donation or volunteer, call 828-695-5610 or go to <http://www.catawbacountync.gov/dss/Adult/nutrition.asp>.

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