



SOCIAL SERVICES NEWS

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SENIORS MORNING OUT ANNOUNCES DECEMBER PROGRAMS

HICKORY -- The Catawba County Seniors Morning Out program will feature a variety of musical entertainment and other holiday programs during the month of December. Seniors Morning Out is offered in five locations throughout Catawba County.

It is free to any county resident who is 60+. There are no income limits. There are occasional charges for special programming, such as out-of-town trips. The program is offered Monday through Friday from 8:30 a.m. to 12:30 p.m., except for holidays. The program will be closed December 24 Through Jan. 1.

Any senior may attend any of the programs. However, you must contact the site supervisor at least 24 hours in advance. A wide variety of programming is available. Each site also serves a balanced lunch daily.

The Maiden Seniors Morning Out program will hear Sentimental Journey perform some golden oldies on Dec. 4. On Dec. 7, The Sunshine Girls from Maiden will perform. On Dec. 11, The Damascus Road will sing. On Dec. 13, The Parker Group will entertain with gospel music. On Dec. 14, the Hoot Owl Hollar Band will perform. On Dec. 17, the Belfast Boys will perform Irish songs. On Dec. 20, the Cornfield Cloggers will perform. On Dec. 21, Westside Baptist Church Choir will present a program of Christmas and gospel music. If you would like to attend any or all of these days, please contact site manager Loretta Hefner at 828-320-5966.

The Belfast Boys performance is supported by the United Arts Council of Catawba County through the North Carolina Arts Council, with funding from the State of North Carolina and the National Endowment for the Arts, which believes that a great nation deserves great art.



The Belfast Boys, including two natives of Belfast, Ireland, Alyn Mearns and Adrian Rice, will perform traditional Irish music on Dec. 17 at Maiden Seniors Morning Out. To reserve your spot at this free program, contact site manager Loretta Hefner at 828-320-5966 at least 24 hours in advance. The Belfast Boys performance is supported by the United Arts Council of Catawba County through the North Carolina Arts Council, with funding from the State of North Carolina and the National Endowment for the Arts, which believes that a great nation deserves great art.

The West Hickory SMO program will learn about the Low Income Energy Assistance Program from Karen Heffner on Dec. 5. On Dec. 6, the group will go shopping at Walmart. On Dec. 10, Mable Gabor will sing. On Dec. 12, Marie Coffey will lead a Christmas carol sing along. On Dec. 13, the group will watch a variety show. On Dec. 14, the group will take a day trip to Mt. Airy, leaving at 9 a.m. and returning at 5 p.m. On Dec. 18, the group will prepare Christmas bags for the homeless and also have a Christmas party. On Dec. 21, the group will watch the movie "Christmas at Plum Creek," a movie based on the "Little House" books. To reserve your spot at any of these programs, contact Annie Williams at 828-323-8746 at least 24 hours in advance.

The East Hickory site will go shopping at Hamricks on Dec. 4 and stop for lunch at Arby's. On Dec. 5, they will participate in a Christmas Sing Along led by Slim Jim. On Dec. 12, the group will make Christmas cards and learn about the Low Income Energy Assistance Program. On Dec. 14, the group will travel to Tanglewood, where they will stay for dinner. On Dec. 18, the group will learn to make chocolate eclair cake. On Dec. 21, they will have a Christmas party. To reserve your spot at any of these programs, contact site manager Rita Pritchard at 828-320-5963.

The Newton SMO site will go shopping at Hamrick's on Dec. 5. On Dec. 11, the group will learn to cook brownies in celebration of National Brownie Day. Karen Heffner will also present a program on the Low Income Energy Assistance Program that day. The group will go bowling at Pin Station on Dec. 18 and then go shopping at Honey's IGA. On Dec. 20, the group will have a Christmas party and exchange gifts. To participate in any of these programs, contact Robyn Curtis at 828-455-4133 at least 24 hours in advance.

The Claremont SMO program will learn about the Low Income Energy Assistance Program on Dec. 3. The Sunshine Sisters gospel group will perform on Dec. 4. On Dec. 7, The Clontz Family will sing. On Dec. 18, the group will go shopping at Valley Hills Mall. On Dec. 21, the group will bake Christmas cookies. To attend any of these days, contact Wendy Thomas at 828-320-0434 at least 24 hours in advance.

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