



## **FOR IMMEDIATE RELEASE**

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### **ADRIENNE OPDYKE RECEIVES AWARD FOR DARKNESS TO LIGHT TRAINING**

CONOVER -- Adrienne Opdyke, child advocate with the Children's Advocacy and Protection Center of Catawba County, has been named one of three "Stewards of Children Stars" in the nation for the month of January.

This award recognizes her for training 158 adults in the Darkness to Light program in January. She has trained a total of 1,681 local adults. Darkness to Light is a proven method of preventing and responding to child sexual abuse.



The two and a half hour training provides adults with seven steps in preventing child sexual abuse. The training is free of charge to Catawba County residents thanks to a grant from the Catawba County United Way and Kiwanis Clubs.

To register for a future training, or to schedule a training for your club, church or civic organization, go to <http://www.catawbacountyncapc.org>, or call 828-465-9296.

The Children's Advocacy & Protection Center of Catawba County is a non-profit organization that exists to build a community dedicated to the prevention of and the coordinated response to child abuse and neglect.

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