



# CATAWBA COUNTY

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## FOR IMMEDIATE RELEASE

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## CATAWBA COUNTY MEALS ON WHEELS INVITES PUBLIC TO HOLIDAY OPEN HOUSE

CONOVER — The public is invited to Christmas on Boundary Street with Meals on Wheels. The open house will take place at 4-6:30 p.m. Dec. 6 at the organization's new location at Senior Nutrition Services, 507 Boundary St., Conover, NC 28613. Extra parking is available at Hardees restaurant.



Senior Nutrition Services employees gather around the Christmas tree at their new offices. They invite the public to stop by for an open house at 4-6:30 p.m. Dec. 6. Staff members (left to right) are Jessica Couch, Annie Williams, Andrea Wilson, Amanda Munden and Jan Shaffer. The office is located 507 Boundary St., Conover, NC 28613. Extra parking is available at the nearby Hardees restaurant.

The Senior Nutrition building was formerly occupied by Family Builders of Catawba Valley. The offices will be decorated for the holiday season and light refreshments will be served.

“We welcome everyone in the community with an interest in Meals on Wheels, Seniors Morning Out, or our other programs for seniors to take a break from the holiday rush to visit us and learn more about our organization,” said Jan Shaffer, program supervisor.

Visitors may buy a raffle ticket for a special Christmas quilt made by a Meals on Wheels volunteer. All proceeds will benefit the program.

Meals on Wheels relies on a combination of federal, state and local funds, as well as grants and local donations. Last year, the program provided meals to 433 persons in Catawba County. The program recently opened a Meals on Wheels route to serve residents of the Sherrills Ford area.

Persons receiving Meals on Wheels are homebound seniors, 60 or older. They are unable to shop or cook for themselves. This program brings nutritious meals, plus important social contact, to these senior citizens. There is no income requirement for the program, which is free to recipients. Additional volunteers are needed for the program. Each volunteer typically spends one hour a month delivering meals.

Sponsors of Christmas on Boundary Street are as follows: Hickory Village Memory Care, Sherrill Furniture Finishing Department, Health and Home Services, Home Care Helpers, Barbara Myers, Brian Center, West

Hickory Seniors Morning Out, The Warehouse, Lisa's Hallmark, Sterling House, Deborah's Gracious Gifts, Council on Aging, Bayada Nursing, Gentiva, Carillon, Abundant Life Books and Florist, Unifour Nursing, Rescare and Lowe's Home Improvement.

You may now donate securely online to help support Catawba County Meals on Wheels by going to <http://www.catawbacountync.gov/dss> and clicking on the red "Donate Now" button. Meals on Wheels also invites the public to find them on Facebook at <http://www.facebook.com/MealsOnWheelsOfCatawbaCounty>.

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