

Serving Catawba County Since 1972

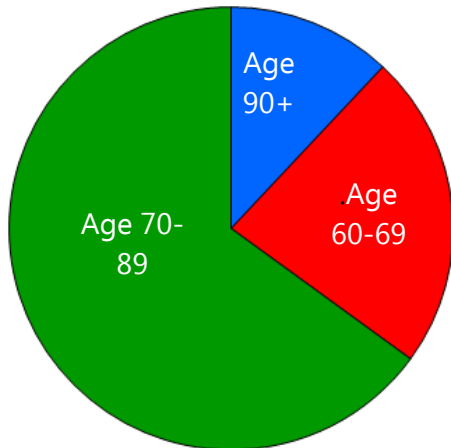
Our Mission

To improve the quality of life of seniors by providing them the choice to remain at home through the provision of nutritious meals, education, socialization, health and wellness activities and community volunteer support.

What We Do

Seniors Morning Out (Congregate Meal Program) Monday-Thursday
Meals on Wheels—five meals a week (3 hot and 2 frozen)
Frozen Meals—20 meals a month
Nutritional Supplements (Boost/Ensure) 1-2 cases per month
Pet Food Program: Monthly distribution to pet owners receiving nutritional services.
Social Work Case Management and referrals to community resources

Who We Serve



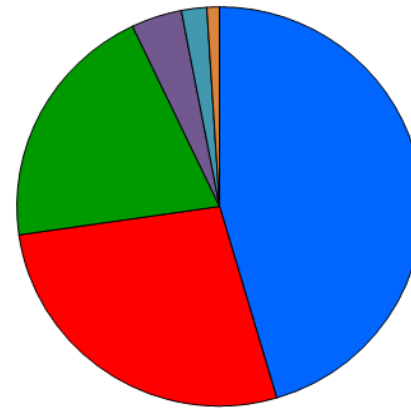
32% are at or below the Federal Poverty Level
44% live alone
31% Male
69% Female
81% Caucasian
18% African American
1% Hispanic, Asian

FY 2015-2016 1632 seniors served
142386 meals served

Volunteers

1202 volunteers helped deliver meals to seniors in FY 2015-2016. If interested in volunteering or making a donation, contact us.

Sources of Funding



- **Grants & Subsidies 45%**
- **Other Grants (Transportation) 27%**
- **County 20%**
- **Individuals/client contributions 4%**
- **CAP Medicaid & PACE 2%**
- **United Way 1%**
- **Foundations <1%**

Budget FY 2015-2016 \$974,109

Meal Costs(FY 2016-2017)

Cost to serve one person in Seniors Morning Out for a year	\$949
Cost to provide Meals on Wheels to one person for a year	\$1,068
Cost to provide Frozen Meals to one person for a year	\$408
Cost to provide Nutrition Supplements for a year	
One case of Ensure per month per year	\$197
One case of Boost Diabetic per month per year	\$344

Ways To Help

Volunteer to deliver meals, provide programs for Seniors Morning Out, make a donation, and sponsor meals for a day.

Contact Us

828-695-5610
Physical Address: 507 Boundary St., Conover, NC 28613
Mailing Address: P.O. Box 207, Newton, NC 28658
<http://www.mealsonwheelsofcatawbacounty.org>



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