



## You may be eligible if:

- You have a child who is 18 years old or younger.
- Your child receives Medicaid or Health Choice, or is eligible for one of these programs.
- You need help maintaining the stability of your family.



## Contact Information

For assistance, please call:  
 Family and Children Support Team at  
 828-695-4555  
 or [tfickling@catawbacountync.gov](mailto:tfickling@catawbacountync.gov).

**Team Members**  
 Deanna Singleton  
 Jeff Gilson  
 Shauna Heavner  
 Shannon Roberts



<http://www.catawbacountync.gov/dss/PW/wellbeing.asp>

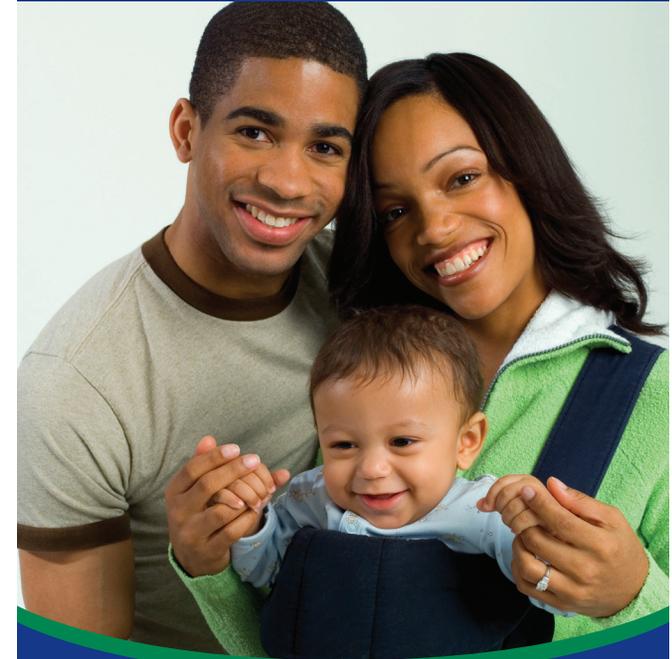
If you do not speak English, or if you are deaf, hard of hearing or deaf/blind, you can have interpretation services provided for you at no charge. Tell the person helping you that you need an interpreter.

**CATAWBA COUNTY SOCIAL SERVICES**  
 3030 11th Ave DR SE • Hickory, NC 28602  
 (828) 695-5600 • [www.catawbacountync.gov/dss/](http://www.catawbacountync.gov/dss/)



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GROWING FAMILIES TOGETHER



# Family and Children's Support Team





# Family and Children's Support Team

## What is the FCST?

The Family and Children's Support Team is a voluntary service that:

- Links families to community resources
- Identifies strengths and challenges
- Coordinates services for the family
- Assists with budgeting needs
- Enhances family interaction



## Some Questions to Ask

1. Do you need help applying for benefits in the community?
2. Do you need an advocate to attend school and/or medical meetings with you?
3. Do you have a child or children with challenging behaviors?
4. Do you need help with budgeting?
5. Are you on the verge of eviction and need help locating housing?
6. Are you frustrated and overwhelmed? Would you like help dealing with stress?

## How We Help

- Link families to community resources
- Identify strengths and challenges
- Coordinate services for the family
- Assist with budgeting needs
- Enhance family interaction
- Assist with accessing resources for your child
- Advocate for help for you and your family

