



## SOCIAL SERVICES NEWS

P.O. BOX 669    Newton, North Carolina    28658-0669    (828) 695-5600    [www.catawbacountync.gov/dss](http://www.catawbacountync.gov/dss)

### FOR IMMEDIATE RELEASE

**DATE: Nov. 24, 2015**

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### SENIORS MORNING OUT TO ENJOY CHRISTMAS AND NEW YEARS PROGRAMS

HICKORY -- Seniors Morning Out, a half-day program open to any Catawba County resident who is 60 or better, will offer a wide variety of Christmas and New Year's activities during the month of December.

All five locations will be closed Dec. 21-28 for the Christmas holidays. Three of the sites will gather at the Catholic Conference Center on Dec. 17 for a special Christmas luncheon and music by Steve Townsend. Seniors are invited to attend any or all of the programs at a location convenient to them. The program operates Monday through Thursday from 8:30 a.m. to 12:30 p.m., except for holidays. Bus transportation may be available to those who do not drive. The program will be closed in case of inclement weather. Please reserve your spot at least 48 hours in advance by calling the site supervisor.

Highlights at the West Hickory site, located at West Hickory Senior Center, 400 17th St., SW, Hickory, include the following: Dec. 8, Performance by the Dynamic Adult Choir of Morning Star First Baptist Church; Dec. 9, Christmas carols and party with home schooled children; Dec. 14, Making Angel Necklaces; Dec. 16, What to Expect as We Age with Julie Packard of Catawba Regional Hospice; Dec. 17, Christmas Party and Lunch at The Catholic Conference Center; Dec. 31, New Year's Eve Party with Music by Sentimental Journey. To reserve your spot, contact Lisa Adams at 828-323-8746.

Highlights at the East Hickory site, located at Huntington Hills Church of God, 2123 Fifth St., NE, Hickory, are as follows: Dec. 1: Move to the Beat and Making Christmas Ornaments with Suzy Killian; Dec. 9, Christmas Crafts with the Hickory Jaycees; Dec. 10, Low-Income Energy Assistance Program applications with Karen Heffner of Catawba County Social Services; Dec. 15, Christmas Party with the East Hickory Choir; Dec. 17, Christmas Luncheon at the Catholic Conference Center; Dec. 30, Cooking Class: Making Snowmen Cookies. To reserve your spot, contact Rita Pritchard at 828-320-5963.

Highlights of the Newton site, located at First Presbyterian Church, 701 N. Main St., Newton, are: Dec. 1, Christmas Musical with the Joymakers from Highland Baptist Church; Dec. 7, Low Income Energy Assistance Applications with Karen Heffner of Social Services; Dec. 8, Make a Snowman with Glass Bowls; Dec. 9, Cooking Class: Making Cheese Balls; Dec. 10, Christmas Singing with the Melodears; Dec. 15, Music with Sentimental Journey; Dec. 29, Bowling at Pin Station and Shopping at Honey's IGA; Dec.

31, Music by the Rev. Daniel Brank and God's Gift Ministries. To reserve your spot, contact Robyn Curtis at 828-455-4133.

Highlights at the Catawba site, located at Center United Methodist Church, 4945 Sherrills Ford Road, Catawba, are: Dec. 2, Music by Sentimental Journey; Dec. 3, Christmas Craft with Tonya Jarnac; Dec. 10, Making Green Smoothies with Herbalist Lucinda Robinson; Dec. 15, Performance by Bunker Hill High School Chorus and Gift Exchange; Dec. 31, New Year's Party with West Hickory Seniors Morning Out. To reserve your spot, contact Wendy Thomas at 828-320-0434.

Highlights at the Maiden site, located at the Maiden Community Center, East Second St. and Klutz Street in Maiden, are: Dec. 2, Performance by Mt. Ruhama Senior Choir; Dec. 3, Bingo and Christmas Craft; Dec. 8, Sign Up for Energy Assistance with Karen Heffner; Dec. 9, Grieving During the Holidays with Annette Walker of Catawba County Hospice; Dec. 10, Music by West Side Baptist Church Choir; Dec. 17, Christmas Party at Catholic Conference Center; Dec. 29, Group Walking and Bean Auction. To reserve your spot, contact Loretta Hefner at 828-320-5966.

Senior Nutrition Services operates Seniors Morning Out, Meals on Wheels and related programs in the county. Volunteers are urgently needed to deliver Meals on Wheels. For more information, contact Senior Nutrition Services at 828-695-5610 during regular business hours, or visit the website at <http://www.MealsonWheelsofCatawbaCounty.org>. For the latest updates, like the program on Facebook at <facebook.com/MealsonWheelsofCatawbaCounty>.

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