

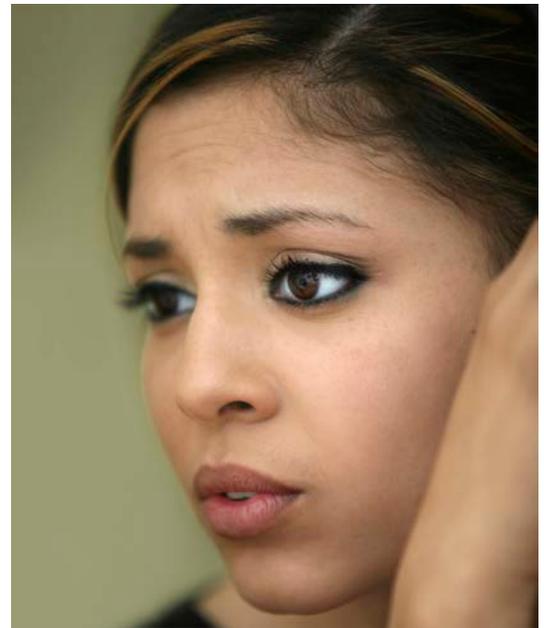
Would You Know How to Help?

Parents! Can you identify typical teen behavior?

Do you know what depression looks like? Or anxiety?

Have you encountered a teen experiencing suicidal thoughts or behaviors?

Learn how to help youths aged 12-18 facing mental health challenges.



Call Family NET to register for Youth Mental Health First Aid
828-695-6500

