



## SOCIAL SERVICES NEWS

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### FOR IMMEDIATE RELEASE

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The Carolina Style Chorus will perform for Seniors Morning Out participants July 21 at Huntington Hills Church of God in Hickory. Any Catawba County resident who is 60 or older is invited to attend this free, special event. Lunch will be served following the performance. To reserve your place, call Rita Pritchard at 828-320-5963 at least 48 hours in advance.

### **CAROLINA STYLE CHORUS TO PERFORM FOR SENIORS MORNING OUT IN JULY**

**HICKORY --** The Carolina Style Chorus will perform for Seniors Morning Out participants the morning of July 21 at Huntington Hills Church of God in Hickory. Lunch will be provided free of charge following the performance. Any Catawba County resident who is at least 60 years old may attend, but advance reservations are required.

The Carolina Style Chorus is a women's chorus specializing in performing four-part, a cappella music in the barbershop style. The group recently placed second overall in Division AA competition in Winston-

Salem. The chorus is affiliated with the Sweet Adelines International. More information about the Carolina Style Chorus is available on their website at <http://carolinastylechorus.org>.

The Carolina Style Chorus performance is supported by a grant from the United Arts Council of Catawba County through the North Carolina Arts Council, with funding from the State of North Carolina and the National Endowment for the Arts, which believes that a great nation deserves great art. Additional support for art and science programming at Seniors Morning Out is provided by community donors.

"We are very excited to have this dynamic group of performers entertain us," said Jan Shaffer, supervisor of Catawba County Senior Nutrition Programs, which includes Seniors Morning Out, Meals on Wheels and related programs. "This type of high-quality programming would not be possible without the support of the United Arts Council of Catawba County and our community supporters. We encourage any individual or business who would like to support upcoming arts and science programming for our seniors to contact us at 828-695-5610 for more information.

The special performance by the Carolina Style Chorus is only one of the programs offered for seniors by Seniors Morning Out, which is offered from 8:30 a.m. to 12:30 p.m. Monday through Thursday in five convenient locations throughout the county. The program is free of charge to any Catawba County resident who is 60 years old or better. Informative and entertaining programs are offered as well as a balanced hot lunch. Bus transportation is provided along limited routes. Those wishing to participate are asked to contact the site supervisor at least 48 hours in advance.

Additional highlights of the program in July are as follows.

At the West Hickory site, located at West Hickory Senior Center, 400 17th St. SW, Hickory: July 1, Cooking class, fruit kabobs, and Family Feud with Randy VanderWeit; July 2, Craft activity, bring a scarf to make a beaded necklace; July 7, Bingo, cupcakes, Uncle Sam Sing-Along with Nancy Frady; July 13, Cyber Seniors (computer class) with Caitlin Sigmon at Southwest Library; July 27, Cooking Summer Fruit Bruschetta, and The Not Always So Golden Years with Tracy Paul of Catawba County Public Health; July 30, Bingo and birthday party with entertainment by Sentimental Journey. To reserve your spot, call Lisa Adams at 828-323-8746.

At the East Hickory site, located at Huntington Hills Church of God, 2123 Fifth Street NE, Hickory: July 1, Dance to the music of Sentimental Journey; July 7, Meet Woodwright Eddie Hamrick at the Hickory Museum of Art and see display of his work; July 14, Ice Cream Social; July 15, Visit to Farmers Market; July 22, Program by Greg Morgan with Services for the Blind; July 28, Cyber Seniors (computer class) with Caitlin Sigmon at St. Stephens Library. To reserve your spot call Rita Pritchard at 828-320-5963.

At the Newton site, located at First Presbyterian Church, 701 N. Main St., Newton: July 1, Learn to Make Banana Pudding; July 6, Blueberry Pancake Breakfast and Soccer; July 14, Hoedown with the Joymakers from Highland Baptist Church of Hickory; July 15, Visit Farmers Market; July 21, Cyber Seniors (computer class) at Newton Library; July 27, Gospel Music by Damascus Road. To reserve your spot, call Robyn Curtis at 828-455-4133.

At the Claremont/Sherrills Ford site, located at Center United Methodist Church 4945 Sherrills Ford Road, Catawba, NC 28609: July 7, Game Day with card and board games; July 9, Bingo; July 15, Visit Farmers Market; July 21, Making Ice Cream in a Bag and Treatment and Signs of Dehydration; July 23, Cyber Seniors (computer class) at the Claremont Library. To reserve your spot, call Wendy Thomas at 828-320-0434.

At the Maiden site, located at the Maiden Community Center, E. Second St. and Klutz St., Maiden: July 7, Bad Bugs of Summer with Petty Messick from Health First and What is Probiotics?; July 8, Hangman Game and Would you Recognize Dehydration; July 14, Blood Pressure Checks and Corn Hole Game with Catawba County Home Health; July 15, Trip to Farmers Market; July 21, Music by Sentimental Journey; July 22, Cyber Seniors (computer class) at Maiden Library. To reserve your spot, call Loretta Hefner at 828-320-5966.

For more information about Catawba County Senior Nutrition Services, call 828-695-5610 during regular office hours or go to [mealsonwheelsofcatawbacounty.org](http://mealsonwheelsofcatawbacounty.org). Volunteers and donations are needed. For the latest updates, like us on Facebook at <http://www.facebook.com/MealsonWheelsOfCatawbaCounty>.