



SOCIAL SERVICES NEWS

P.O. BOX 669 Newton, North Carolina 28658-0669 (828) 695-5600 www.catawbacountync.gov/dss

FOR IMMEDIATE RELEASE

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CONTACT: Margaret Allen, Catawba County Social Services Public Information Officer, mallen@catawbacountync.gov, 828-695-6583

PATRICK CROUCH TO BRING STORY OF N.C. MUSIC TO CATAWBA COUNTY SENIORS

HICKORY -- All persons 60 or better who live in Catawba County are invited to learn more about North Carolina's string music heritage as musician Patrick Crouch performs for the Seniors Morning Out Program.

This program is only one of many offered four days a week in five convenient locations throughout the county. Besides entertaining and informative programs, Seniors Morning Out provides a hot balanced lunch. The program is free to participants, although donations are accepted. Seniors Morning Out will be closed Sept. 1 in observance of Labor Day.



The performances by Patrick Crouch are supported by a grant from the United Arts Council of Catawba County through the North Carolina Arts Council, with funding from the State of North Carolina and the National Endowment for the Arts, which believes that a great nation deserves great art. Additional support for arts programming at Seniors Morning Out is provided by community donors.

"I had a guitar in my hands from the time I was two years old, but I didn't really get serious until around age 11," Crouch wrote about his musical heritage. He was born in 1956 in Lenoir, where his parents worked for local textile and furniture companies. Crouch took band classes in school and later earned a music education degree from Appalachian State University. He learned to play bass, banjo, fiddle, mandolin, lap dulcimer and dobro, as well as other musical instruments. He will talk about North Carolina's string music heritage and play traditional tunes.

In addition, participants in Seniors Morning Out will shop at the Hickory Farmer's Market on Sept. 17. Anyone wishing to participate in any of the SMO programs is asked to call the site supervisor at least 24 hours in advance to reserve their spot.

West Hickory SMO program highlights are as follows: Sept. 9, Make a Pinecone Birdfeeder; Sept. 11, Bingo and Music by Damascus Road; Sept. 16, String Instruments with Patrick Crouch; Sept. 23, How Aging Parents Can Communicate with Adult Children About Sensitive Issues by Rick Covalinski of Home Instead; Sept. 30, Stroke Awareness and Blood Pressure Checks with Carolyn Thompson of Catawba Valley Medical Center. To reserve your spot, call Lisa Adams at 828-323-8746.

Newton SMO highlights include: Sept. 3, Celebrate National Biscuit Month with Biscuits for Breakfast; Sept. 4, Learn to Make Greeting Cards with Nancy McKay; Sept. 9, Shopping at Hamricks; Sept. 10, Learn to Make Baked Rice Pudding; Sept. 15, String Instruments with Patrick Crouch; Sept. 22, Author Joyce Hostetter Shares "The Miracle of Hickory;" Sept. 30, Bowling at Pin Station and Shopping at Honey's Grocery. To reserve your spot, call Robyn Curtis at 828-455-4133.

Maiden highlights include: Sept. 8, Vision Problems in the Elderly with Peggy Messick of Catawba Valley Medical Center; Sept. 22, Patrick Crouch String Instrument Program; Sept. 24, Bingo and Music by Sentimental Journey. To reserve your spot, contact Loretta Hefner at 828-320-5966.

East Hickory SMO activities include: Sept. 10, Learn to Make Pizza Bread with Anne Niedermeir; Sept. 16, Stretch Band Exercise and Healthy September Veggies; Sept. 23, Autumn Craft; Sept. 25, String Instruments with Patrick Crouch; Sept. 30, Music by Sentimental Journey. To reserve your spot, contact Rita Pritchard at 828-320-5963.

Claremont highlights include: Sept. 10, Understanding and Managing COPD with Peggy Messick of Catawba Valley Medical Center; Sept. 18, The Flu and You with Lynne Meyer of Bayada Home Health; Sept. 23, String Instruments with Patrick Crouch; Sept. 29, Celebrate National Biscuit Month with a cinnamon and honey biscuit. To reserve your spot, contact Wendy Thomas at 828-320-0434.

For more information, call the Senior Nutrition Services office at 828-695-6510. You may make a donation by writing a check to Catawba County Social Services and putting Senior Nutrition Services in the memo line. Mail your donation to Catawba County Senior Nutrition Services, P.O. Box 207, Newton, NC 286758. You may also make a secure donation online by going to <http://www.catawbacountync.gov/dss> and clicking on the red "Donate Now" button. For the latest updates on this program, like us on Facebook at <http://www.facebook.com/MealsonWheelsofCatawbaCounty>.

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