



Advantages of CAP/Choice

- Freedom to decide the best way to meet your needs.
- More flexibility, and control over your services and supports.
- Your choices can stretch your CAP budget further to purchase more services and supports.

Is CAP/Choice right for everyone?

Each person needs to make that decision for themselves. The CAP/DA Lead Agency can provide training material that can help you, or your appointed representative to understand the responsibilities of directing your care. The Lead Agency can further assist with a self-assessment checklist that can help you identify areas of understanding self-directed care, as well as areas that need strengthening.

For more information contact:

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Free Interpretation Services

If you do not speak English, or if you are deaf, hard of hearing, or deaf/blind, you can have interpretation services provided for you at no charge. Tell the person helping you that you need an interpreter.

Hmong

Yog hais tias koj hais tsis tau lus Askiv, los sis koj yog fibneeg lag ntseg, los yog tibneeg dig muag, peb muaj neeg pes lus dawb pub rau koj. Hais qhia rau tus tibneeg uas koj ntsib ntawd kom nws nrhiav neeg pab pes lus rau koj.

Spanish

Si Ud. no habla inglés, o si es sordo, tiene dificultad para oír, o es sordo/ciego, se le podrán proporcionar servicios de interpretación sin costo.

Dígale a la persona que le esté ayudando que necesita un intérprete.

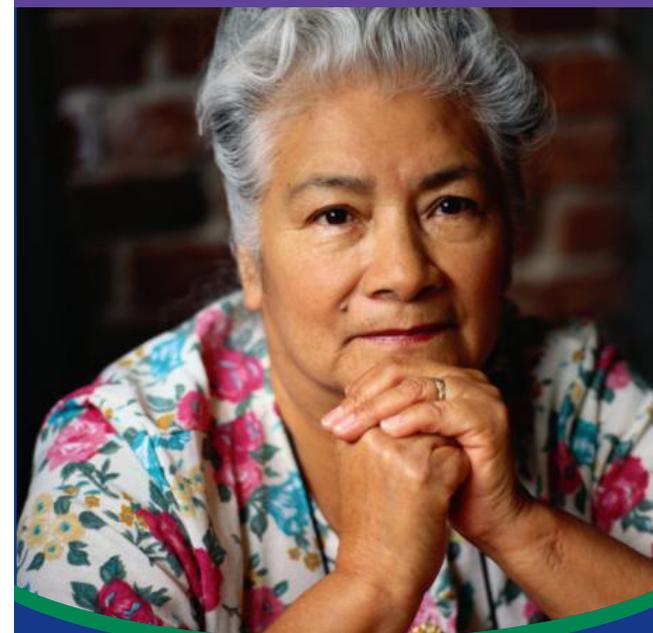


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A CONSUMER-DIRECTED OPTION TO NURSING HOME PLACEMENT



Community Alternatives Program/Choice



To strengthen, with dignity and respect, the quality of life for all citizens through supportive services and advocacy



Community Alternatives Program/Choice

A Consumer-Directed Alternative to Nursing Home Care

What is CAP/Choice?

The Community Alternatives Program/Choice (CAP/Choice) allows older and disabled adults the opportunity to direct and have increased control over the services and supports that are arranged to meet their needs.

Who qualifies for CAP/Choice?

The participant must meet all these criteria:

- **Currently receives CAP/DA services or meets basic criteria for HCBS waiver participation.**
- **Understands the rights and responsibilities of directing one's own care.**
- **Willing to assume the responsibilities or select a representative who is willing and capable to assume necessary responsibilities.**

Note: If a representative is to be designated, the Care Advisor must agree on the selection of the representative.

What to expect with CAP/Choice

- Consumer decides how to arrange services to meet their needs.
- Care Advisor assists with planning care needs, and ensures needs are safely met.
- Consumer works with Care Advisor and Financial Intermediary to coordinate services.
- Consumer is the Employer of Record for the Personal Assistant and is responsible for:
 - * Recruiting, hiring, supervising and training.
 - * Setting pay rate.
 - * Setting schedule and personalizing tasks to suit their needs and lifestyle.

How is CAP/Choice Different?	
Traditional CAP/DA	CAP/Choice
Social worker directly manages care needs.	Care advisor assists with planning care needs, teaches the consumer how to be an employer and ensures that needs are met safely.
In-home aide hired/supervised by agency	As the Employer of Record, you the consumer, find, hire, supervise and evaluate your employee (personal assistant).
Agency sets in-home aide's rate of pay and pays aide.	Consumer sets pay rate for personal assistant and financial manager pays employee.
Social worker and the consumer decide aide's tasks within guidelines allowed by in-home aide agency.	Consumer chooses personalized tasks and trains personal assistant to do them.
Consumer calls social worker if aide's hours need to change.	Consumer has authority to set and vary personal assistant schedule within the authorized amounts of time.
Social worker locates and orders medical supplies and equipment.	Consumer assists in locating supplies and equipment, then plans with care advisor.